



AN ABRIDGED  
**REPORT OF  
NAS MEDICAL MISSION  
2010-2024**



An Organ of :

**National  
Association of  
Seadogs**  
Pirates Confraternity

An Organisation in  
consultative status with the  
**United Nations Economic & Social Council  
(ECOSOC)**

[www.nasmedicalmission.org](http://www.nasmedicalmission.org)

# Editor's Page

The NAS Medical Mission is an organ of the National Association of Seadogs, Pirates' Confraternity – NAS/PC, an organisation in consultative status with the United Nations Economic and Social Council (ECOSOC). The NAS Medical Mission (NMM) was founded on the Third Compass Point of NAS/PC – "For humanistic ideals", which puts mankind at the centre of word, thought and deed. On the backdrop of thinking and acting for the community of man, the NMM was conceptualised as a special purpose vehicle (SPV) to respond to the growing desperation of citizens to seek medical services which are scarcely available, especially in the rural areas where medical facilities are practically non-existent or non-functional.

The NMM was established to focus on three cardinal areas, namely; medical intervention, health advocacy, social mobilisation and community engagement. Through free medical missions, the NMM carries out quarterly medical interventions to meet the needs of many citizens who are struggling with a regressing economy and increasingly unable to meet the cost of medical services. Since November 2010, the NMM has been a major feature in the Association's calendar, leveraging on its broad human resources to carry out community-based free medical missions to help communities and individuals, as the Association's humble but effective intervention to meet the medical needs of a significant population of disadvantaged communities.

The NAS/PC largely funds the free medical missions and other NMM interventions through the annual subscription and donation by its members in 64 chapters spread across the world. Members in healthcare and allied professions (medical doctors, nurses, pharmacists, laboratory technicians, dentists, oculists, etc.), also volunteer their professional services in service to humanity.

It is noteworthy to mention that the NMM have enjoyed kind logistics support of some organizations that have collaborated with the organ in some interventions. Amongst these are; the International Organisation of Migration (UN Migration IOM), NAS-We-Care (a United States based charity arm of NAS), Federal Capital Development Authority (FCDA), Abuja, and the Primary Healthcare Departments and Ministries of Health of some Nigerian States, Evans Medical, Dabak Nig. Ltd, Rahi Medical Services, etc.

This abridged report is a compilation of some of the NAS Medical Mission interventions and summary of activities of the NMM from various reports since November 2010 when the first NAS free medical intervention was carried out at Ugep General Hospital, Ugep, Cross River State, Nigeria, where over 250 women benefitted from a free cervical cancer screening to the second quarter of 2024.

The purpose of the abridged report is to evidence the effort of the organisation in the struggle to seek improved healthcare for the less-privileged and disadvantaged citizens of Nigeria whose healthcare and wellbeing are threatened by monumental corruption and government neglect.

The laudable effort of this initiative as inspired by the principles, vision and mission of the NAS will continue to act as a catalyst for healthcare advocacy and social reengineering of the healthcare system and services reform in Nigeria.

Be assured of our highest regards.



**Bart Akelemor**

NAS Second Mate

(Chief Programmes Officer)

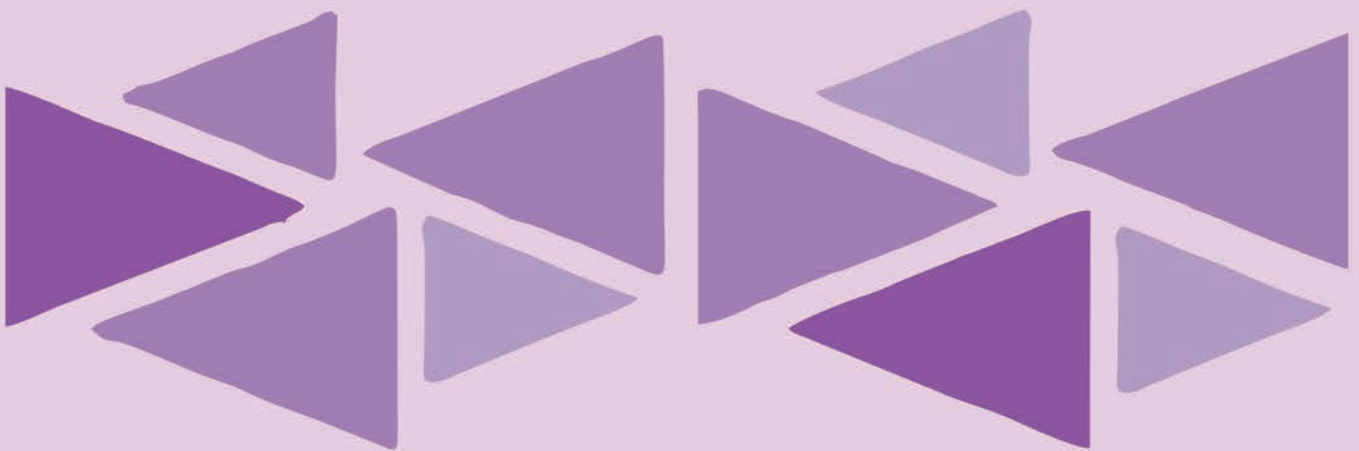
National Association of Seadogs

September 2024



# NAS MEDICAL MISSION

## 2012-2014



An Organ of :



**National  
Association of  
Seadogs**  
Pyrates Confraternity

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*NASwebsite:* [www.nas-int.org](http://www.nas-int.org)

*NMMwebsite:* [www.nasmedicalmission.org](http://www.nasmedicalmission.org)



## Diagnosis, Treatment & Referrals

# DO YOU CARE ENOUGH?

**Join Hands | Support | Collaborate**

### **NAS Medical Mission**

NAS International Secretariat:  
Plot 55, Gado Nasko Road Kubwa, FCT, Abuja, Nigeria.  
Phone: +234 (0) 817 777 1952  
E-mail: [info@nasmedicalmission.org](mailto:info@nasmedicalmission.org)  
Website: [www.nasmedicalmission.org](http://www.nasmedicalmission.org)

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Twitter: [NASPC1952](https://twitter.com/NASPC1952)

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The relevance of free medical missions in an environment where over 70% of the population who live in poverty pay their medical bills from their pockets cannot be over-emphasized.

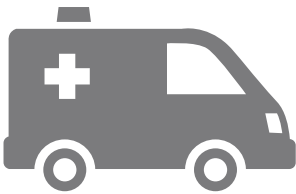
## NAS FREE MEDICAL MISSION

A quarterly event with a vision to reach a significant population of indigent Nigerians needing medical help in specifically targeted rural communities. The objectives also include health education awareness.

The medical mission features medical and dental consultation/ treatment, Hypertension and Diabetic screening as well as blood donation and HIV screening. The treatments offered are on the spot and mainly cover non-referral ailments. Patients diagnosed of more serious ailments or that require in-patient care are referred to an appropriate Medical Centre.

Community centres, village halls, hospitals and health centres are used as venue for the free medical mission. This ensures that the services gets to the grassroots. Traditional rulers and village councils are involved.

National Association of Seadogs largely funds the free medical mission through the annual subscription and donation by its members in 55 decks spread across the world. Members also volunteer their professional services: doctors, nurses, lab technicians, dentists, oculists, etc.



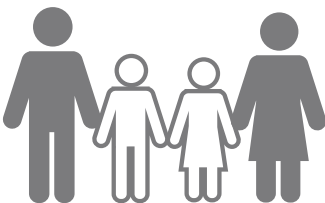
9 Missions



8 States & FCT



14 Communities



2263 Patients



**ISARA, OGUN**

31st January 2014

- 557 patients seen.
- 69 received reading glasses.



**ALADE MARKET, IKEJA**

31st January 2013

- 239 patients seen.
- 64 received reading glasses.



**SERVICE PARTNERS**

These organisations have variously supported and collaborated with NAS on the Free Medical Missions:

- Rahi Medical Outreach Services*
- Ogun State Ministry of Health*
- Evans Medical PLC*
- DABAK Nig. Ltd*

## UKHIRI, BENIN

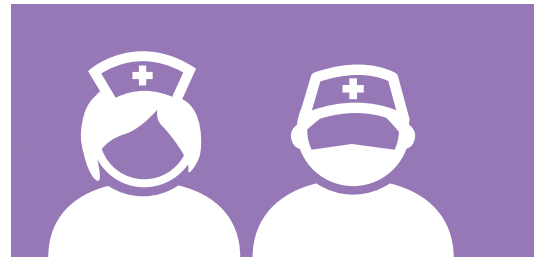
2nd May 2014

- 200 patients seen.
- 29 glasses dispensed.
- 12 received tooth extractions

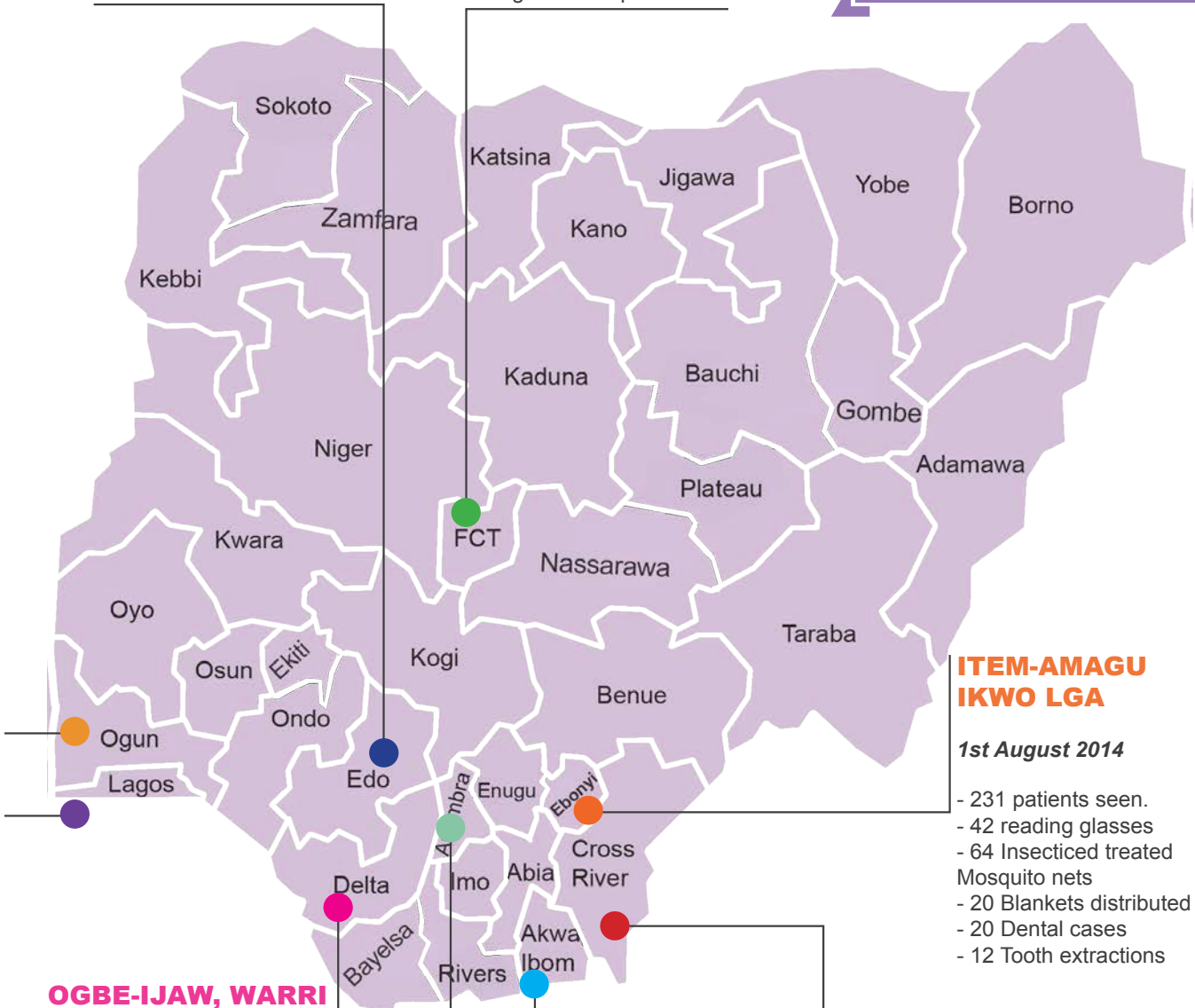
## JIWA, ABUJA

31st October 2013

- 250 patients seen.
- 154 screened for Diabetes Mellitus
- 83 eye examinations.
- 37 glasses dispensed.



120 Volunteers



## ITEM-AMAGU IKWO LGA

1st August 2014

- 231 patients seen.
- 42 reading glasses
- 64 Insecticed treated Mosquito nets
- 20 Blankets distributed
- 20 Dental cases
- 12 Tooth extractions

## OGBE-IJAW, WARRI

1st November 2012

- 200 patients seen.
- 66 glasses dispensed.

## AWKA

3rd May 2013

- 184 patients seen.
- 80 glasses dispensed.

## OFFOT, UYO

11th July 2013

- 162 patients seen.
- 90 glasses dispensed.
- 100 HIV screening
- 7 pints of blood donated

## IKANG, BAKASSI

31st January 2014

- 240 patients seen.
- 93 screened for Diabetes Mellitus
- 85 screened for HIV
- 30 received oral hygiene instructions
- 18 received tooth extractions
- 59 received reading glasses
- 1 Baby delivered.

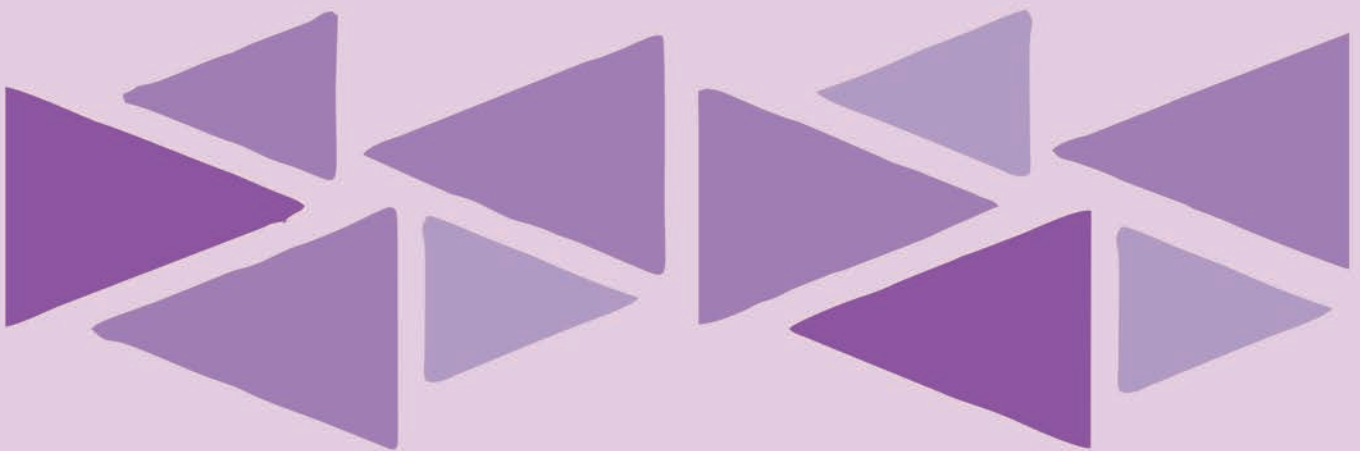




# NAS MEDICAL MISSION

## 2014-2016

**Diagnosis ■ Treatment ■ Referrals**



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Seadogs**  
Pyrates Confraternity

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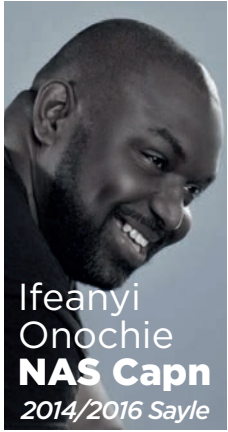
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## FROM THE UPPER DECK •

### WORDS MUST BE MARRIED TO ACTS!

Our collective and individual responsibility is clear to every member: To protect the weak and needy by promoting and supporting humanitarian and charitable deeds. **For Humanistic Ideals;** compelling the self examination before any deed or words: "What's in it for man and the community of his kind? Ask what you can do to raise that community to the highest level of fulfillment." **For Comradeship and Chivalry** "means that sense of obligation - moral, communal, human - which makes the strong; the privileged, the informed, PROTECT and ENLIGHTEN the weak, the under-privileged and the uninformed".

Finally and importantly, "words must be married to ACTS. Pyrates must be doing, not yapping. Wherever the community in which we exist needs a hand, in whatever cause, to enthrone these principles, the PYRATE must be FIRST". Thus we capture on this newsletter, our humble efforts as an organisation in this direction. The Flagship Newsletter was founded over a decade ago: to provide quarterly updates on the activities of the National Association of Seadogs (Pirates Confraternity). Enjoy. Your feedback will be appreciated. Please email to [flagship@nas-int.org](mailto:flagship@nas-int.org).

## DECK UPDATES ACROSS THE FLAGSHIP



**Abiola Owoaje** (NAS First Mate), **Christopher Josephs** (Capn Sancta Sacramento) with **DCP Ulakpa** and **DCP Emmanuel**.



Cutting of tape and the official opening of the sick bay.

### ABA • NIGERIA

#### Sancta Sacramento Builds, Equips and Donates Sick Bay for Aba Federal Prisons with 3 Months Supply of Psychosomatic Drugs:

Saturday, 4th October, 2014 was the Hand over ceremony of Psychiatric Sick Bay built and donated to the Nigeria Prison Service, Aba by the National Association of Seadogs, (Pirates Confraternity), Aba Abia State. NAS constructed the psychiatric sick bay, equipped it and donated a months supply of medication to alleviate the problems of mentally ill prisoners in Aba prisons.

When Sancta Sacramento Deck visited the prison authorities on 6th August 2014, the Deputy Comptroller of Prisons, Mr. Maduako Emmanuel said: "I have heard of your (National Association of Seadogs) contributions in the past and I count myself lucky to have you back here again barely two months after my resumption. The sick bay is one of my major headaches as my nurses even go as far as contributing money to buy drugs for these inmates."

During the hand-over he said "when the president (capn) of the Aba chapter (deck) came with his colleague and collected a long list, I was thinking they will just take care of some and leave some for the future. On speaking with him days back and was asking what and what they are providing for us? He replied, everything. And today I must tell you that they did not just provide all but, even more."

Sancta Sacramento Deck has been supporting the prison authorities and inmates since 2007 when the deck built the original sick bay and donated 3 computers. Aba Federal Prison is the only prison in Nigeria that caters for mentally ill prisoners.

## TESTIMONIAL

During the hand-over he said "what you have done is laudable and it goes to show you that you see the inmates as citizens of our country. I will carry the message back to the Comptroller. We are like Oliver Twist, we still ask for more, please keep up the good work and do more for us".

**Francis Ulakpa**  
Deputy Comptroller of Prison (DCP) representative of the Comptroller, Nigerian Prisons Service, Abia Command.

During hand-over she said "our office is looking very appealing now and we can now actually take care of these our people. We cannot thank you enough".

**Nkiruka Ndiribe**  
Chief Superintendent of Prison (CSP)/Nurse at Sick Bay.

"Aba Prison houses all psychiatric inmates in the south-eastern part of Nigeria. I'm overwhelmed but, cannot still believe that the Pyrates we new back then in school could carry out this humanitarian gesture. And your choice of psychiatric inmates baffle me the more. May God bless you. It's just that you don't take females, I would have loved to join."

**Dr. Mrs. Onwuchekwa**  
Psychiatrist, Aba Federal Prison.

"You people are very kind, God will bless you...I never new you people will go this far in solving our problems, God will continue to bless you. At least I now feel safe coming to work".

**Florence Alaneme**  
Chief Superintendent of Prison (CSP)/ Head Nurse in charge of the Sick Bay

"In 2007 we had built, equipped the sick bay. When we visited in August, the sick bay was in a poor state. I also noted: 1. Lack of a medical sick bed, what they had was an improvise. 2. No drip stand. 3. The floor was bare. 4. No cupboard for drug storage. 5. No refrigerator for storage of temperature sensitive drugs. 6. No screen. 7. Leaking roof, water floods the bay when it rains. 8. Wrongly constructed protector. 9. No sphygmomanometer and stethoscope. 10. Wall paint gone bad. 11. Lack of drugs: we were given a long list of drugs. We also noticed that the nurses, to access the sick bay, had to pass through open air general bath area of the ill inmates with the risk of being assaulted.

We fixed this, reconstructed the dilapidated wall and put a pedestrian gate to serve as a new route to the sick bay for the nurses. We renovated the sick bay, donated three months supply of drugs and 3 computers. Also, In line with the provisions of **Legal Aid and Citizens' Rights Initiative - LACRI (An initiative of National Association of Seadogs)**, we have concluded arrangement to take up, four (4) cases of Awaiting Trial inmates of the Aba Prisons on "pro bono" basis. These inmates from our investigations have overstayed even the term they would have served if convicted. They could not afford to pay a lawyer. This is coming as part of the programs lined up for the Phase II of the Deck's Prison Project and will continue until a remarkable progress is made in this regard." - **Christopher Josephs (Capn, Sancta Sacramento Deck)**

# DECK UPDATES ACROSS THE FLAGSHIP

## AGAINST EBOLA

Many Seadogs across Nigeria, in the spirit of **act over yap**, took the fight to Ebola in a nationwide awareness campaign!



The event was simultaneously coordinated and carried out on 30th August and 6th of September 2014 (mainly) across the country by the various branches of the National Association of Seadogs. The objectives were:

- Support the government initiative to contain the spread of EVD
- Demonstrate simple measures of EVD preventions
- Bring to National attention heroic services being rendered by our health care professionals even in the face of risks to their lives as represented by Late Dr. Ameyo Adadevoh.
- Call on the government of Nigeria to negotiate with the Nigeria Medical Association (NMA) to put an end to the perennial strike actions leading to several avoidable deaths.

### UGEAP • CROSS RIVER STATE



At Ugeap, Seadogs covered about eight kilometre (8Km) route from the Anchor Point to Ijiman Morning Market - Palace of Obol Lolon of Ugeap/Paramount Ruler of Yakurr LGA - Egbizium Morning Market - Ediba Junction/Ikom Calabar Road - Ugep Main Motor Park - Ketabebe Morning Market and back to the Red Barracuda Anchor Point.

### ACTIVITIES FOR THE CAMPAIGN INCLUDED:

- Distribution of developed EVD Materials
- Street rallies (Musical Floats and walk)
- Demonstration of hand washing as a preventive measure and basic hygiene
- Call for the post-humus award by the government of Dr. Ameyo Adadevoh
- A call to the government and NMA to engage sincerely and proactively in addressing all pending disputes without resorting to industrial actions especially strikes actions leading to several avoidable deaths.

### NUMBER OF VOLUNTEERS/PARTICIPANTS:

- The total number of volunteers that participated directly in the event was 607 persons.

### CALABAR • CROSS RIVER STATE



Members of National Association of Seadogs, Calabar South as part of the organisation wide endeavour, carried out an awareness campaign in Calabar South LGA secretariat. Seadogs sensitizing leaders of the Local Government.



This awareness march in Calabar South, covered Parliamentary Extension, the Jokaina Ankor Point and its environ, MCC/Effio-ette long route, Marian road, Marian market and its environs. Mary Slessor road, Bogobiri (The Hausa settlement), Etim Edem Park and its environs, Ika Ika Oqua Market, Ika Ika Oqua park, the Frigate Anchor Point and its environs.

### ABA • ABIA STATE



In Aba, Abia State focus was on the Osisioma Motor Park, Aba Main Motor Park; awareness stops were made at the terminals of Abia line, Chisco, Galopin, Evergreen, Ifesinachi, Young Shall Grow transport companies. Also at major road junctions like Osisioma, MCC Road, Brass Street, Milvertown Avenue. A giant banner at Abia Polytechnic.

### UYO • AKWA IBOM STATE



In Uyo, the Seadogs took the awareness campaign to the Apostolic Church environs, Uyo City Polytechnic Motor/Keke park and the Udo-Ette market by University of Uyo.

### UMUAHIA • ABIA STATE



About 20 Seadogs in Umuahia took the awareness campaign to Motor parks along the busy streets of Ojike Lane, Azikiwe, Aba, Umuwaya, Warri, Uzuakoli and Uwalaka roads. The volunteers also visited was the popular rural Nkwogwu market.

### YENAGOA • BAYELSA STATE



In Yenagoa, Seadogs took the campaign around the city covering the environs of Bay Bridge Road, Kpansia Market, Nikton road, Melford Okilo Road and Okaka Prisons. The Residents of Bay- Bridge, Nikton and Melford Okilo road were appreciative. At Okaka Prison, Assistant Controller Mr F. J Williams commended NAS for the EVD sensitization and donation of Sanitizers.

IN THE LINE OF DUTY, AGAINST EBOLA!  
SHE THOUGHT OF ALL BEFORE SELF!  
SHE PAID THE ULTIMATE PRICE WITH HER LIFE  
CELEBRATE HER & OTHERS AS HEROES & HEROINES  
WE CALL FOR NATIONAL MOURNING  
AND POST HUMOUS NATIONAL HONOUR.

*Ameyo*



www.nas-int.org

# DECK UPDATES ACROSS THE FLAGSHIP

## TOTAL NUMBER OF PEOPLE REACHED:

The target population reached directly was 71,700 and over 250,000 reached through the public address systems and about 5million via other mass media platform including TV, Radio and social media. The highpoint was the two sessions of TV coverage by NTA Network Service in Abuja and NTA 24 International. About 30m viewers watch NTA Network News. See the clip on our Facebook page.

## HIGHLIGHT OF KEY RESULTS/SUCCESSSES:

1. NAS was the first organization to conduct a targeted awareness and demonstrations on EVD.
2. Relevant awareness was created across the target states and locations.
3. The efforts contributed in the containment of the EVD.
4. Efforts in some ways influenced the federal government and state government response in containment of the disease.
5. The involvement of other CSOs to clamors for the posthumous honour of Dr. Ameyo Adadevoh for her courage and dedication to duty in the management of the index case. The clamour necessitated the call by the Lagos State House of Assembly calling for the renaming of the state hospital of infectious diseases after her. The Federal Government has made a pronouncement recognizing Dr. Adadevoh's role and the reason for the exclusion of her name in the national honours list of 2014.
6. The message for strategic engagement between Government and NMA was well delivered to the government through the office of the Minister of Health.

## LESSONS LEARNED:

- Lack of awareness of the EVD across all the segment of the society
- Need for regular sensitization of the population on the issues of hygiene through basic WASH programmes
- The need for non medical professionals to desist from attempting to attend to seek friends and relatives but to get the professional involved as soon as possible
- The population tend to think that all well organized CSO advocating for change and awareness are under the sponsorship of the government
- That daily survival is more important to transport workers and travellers than the fear of contacting EVD.

## OWERRI • IMO STATE



In Owerri the state capital of Imo State, the campaign began at the bustling Imo Transport Corporation headquarters Transport Park where Seadogs engaged the travellers. From then it moved through M.C.C. Road to Arugo Motor Park, on the Onitsha-Owerri Expressway and then to Peace Mass Transit Motor Park on Okigwe Road.

## ENUGU • ENUGU STATE



In Enugu the State Capital of Enugu State, the Seadogs focused the campaign in New Haven Enugu market and its environs. Flyers were handed out to traders as well as travellers.

## ABAKALIKI • EBONYI STATE



In Abakaliki, EVD informational flyers were distributed during the Street walk with banners and public address system. The area of focus was Abakaliki city centre and its environs. Two Seadogs were costumed to demonstrate how people should dress while taking care of Ebola patients or handling animals.

## BENIN • EDO STATE



In Benin the campaign train reached Kings Square, Oba Market, Mission Road, Plymouth road.

## AWKA • ANAMBRA STATE



In Awka, sensitization was done in English, Hausa, Igbo and Yoruba languages. Distribution of flyers and engagement with the public took place at major city junctions and the main market in Awka.

## WARRI • DELTA STATE



With a rally, distribution of handbills and public enlightenment, the campaign focused on Effurun and Environs, traversing the Enehen Road, Udu Road Junction, Enehen Junction, Urhobo College Junction and Jefia Crescent.

## EKET • AKWA IBOM STATE



The campaign took place at the Eket Central Motor Park and it was organised with the full support and participation of the Motor Park management committee.

we will always **celebrate your** heroic deed

# DECK UPDATES ACROSS THE FLAGSHIP

**ACTION PLAN ON PREVENTING EBOLA VIRUS DISEASE**

**Symptoms**  
These are not specific for Ebola Virus disease but include:

1. Sudden onset of fever
2. Intense weakness, muscle pain, headache and sore throat
3. Vomiting, diarrhoea and rash

**Reducing the risk of Ebola infection in people**

1. Animals should be handled with gloves and other appropriate protective clothing
2. Animal Products (blood or meat) should be thoroughly cooked before consumption

**Reducing risk of human to human transmission**

1. Avoid direct or close contact with infected or suspected persons particularly with their bodily fluids
2. Gloves and appropriate personal protective equipment should be worn when taking care of ill patients at home. It is advisable NOT to take care of ill persons at home
3. Regular hand washing is required after visiting patients in hospital, as well as after taking care of patients at home
4. Soap and running water can be used for hand hygiene. It is important to always perform hand hygiene with soap and running water when hands are visibly soiled
5. Alcohol-based hand rubs should be made available at every point of care (at the entrance and within the isolation room and areas); running water, soap and single use towels should also be made available

**Travel and safety during outbreak**

**If the individual has not developed symptoms, they cannot transmit EVD to those around them.**

1. Travellers who show initial symptoms of EVD should be isolated to prevent further transmission
2. Travellers should alert the airline crew or bus drivers of people who look very ill in order to get them proper medical attention. They should avoid unnecessary contact

nasum  
National Association of Seadogs  
Pirateries Controversy

www.nasmedicalmission.org www.nas-int.org



Campaign banner hanging at the Nigerian Union of Journalists Press House, Ogun State (Iwe Iroyin House).



Poster at a road side market in Ilorin, Kwara State

## ABUJA • FEDERAL CAPITAL TERRITORY



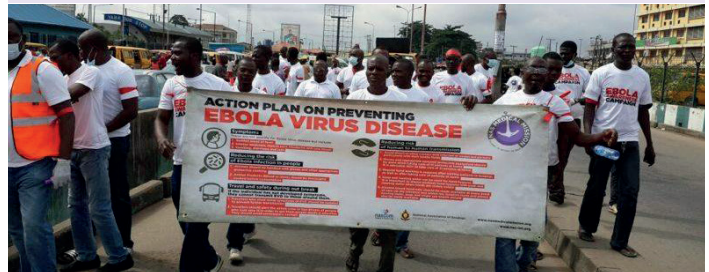
Campaign trail went from Kubwa through Gado Nasko road to Kubwa market. The next point for the awareness was Jabi Motor Park in Jabi District of FCT; from where it proceeded to Utako market and terminated at the National Hospital, Abuja where a banner of Dr. Ameyo Adadevoth was hoisted. Same banners were also hoisted at the Federal Ministry of Health Complex, Federal Secretariat, Abuja.

## HARCOURT • RIVERS STATE



Campaigners visited the shopping lines around the Rivers State University of Science & Technology (RSUST) entrance/exit gate including around the RSUST round about (assembling/termination point), Ikwerre Road 'to'/from' (road walk), Mile 3 Motor Park and the Park Market (rally point).

## LAGOS • LAGOS STATE



The areas covered included Egbeda bus stop, Egbeda and its environs, Ikota Shopping Complex, Victoria Garden City, Ajah, Ilaje, Eleganza/Lekki Toll Gate Axis, Ikorodu - The Oba's Palace, TOS Benson Road, Ikorodu Main Market, Ikorodu Garage (Roundabout), Isikalu Road, Ikorodu Town Hall and High Court, Tejuosho Market, Yaba, Ojuelegba Road, Surulere, Olajuwon Street, Surulere Allen Avenue, Ikeja City Mall, Lagos State Television, Agidingbi and Alade Market, Ikeja.

## DR AMEYO ADADEVOH • OCTOBER 1956 - AUGUST 2014



Because of the circumstances of her passing, there may be no grave to memorialise Ameyo. This is why we must give careful thought to how to do so. **We must hold up and celebrate her example of selfless professionalism to the point of death.** Our country owes her debt we can never repay. She was truly and exceptionally special.

- Professor Chidi Anselm Odinkalu, Chairman National Human Rights Commission



# 1st QUARTER NAS MEDICAL

Held at Ogunu Community in Warri on 31st October 2014. The mission began 8.30 am and ended at 5.30pm.



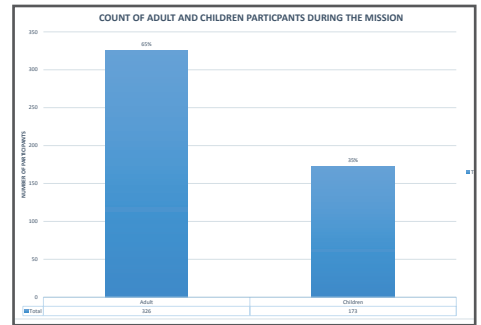
- SUMMARY:**
1. Number of registered participants = 586
  2. Number of participants seen = 500
  3. Attrition = 86. Attrition rate = 1.5%

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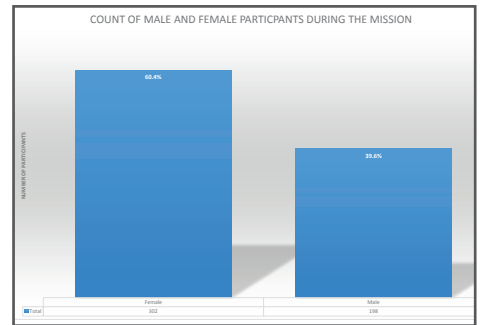


## MISSION IN NUMBERS

- 27** DENTAL CASES
- 65** DIABETES SCREENING
- 198** MALARIA SCREENING
- 158** OPTOMETRY SERVICES
- 215** HYPERTENSION SCREENING
- 300** MOSQUITO NETS DISTRIBUTED



**17 missions in 4 Years. So far 10 medical missions have taken place in 4 geopolitical regions of the country with a total of 3263 patients benefiting. 6 missions are planned for the next 21 months.**



The mission aims to reach a significant population of indigent Nigerians needing medical help in disadvantaged communities. It features medical and dental consultation/treatment, hypertension and diabetic screening as well as HIV screening. The treatments offered are on the spot and mainly cover non-referral ailments. Patients diagnosed of more serious ailments or that require in-patient care are referred to an appropriate Medical Centre. Community centres, village halls, hospitals and health centres are used as venue. This ensures that the services gets to the grassroots. Traditional rulers and village councils are involved. The relevance of free medical missions in an environment where over 70% of the population who live in poverty pay their medical bills from their pockets cannot be overemphasized. National Association of Seadogs largely funds the mission through members subscription and donations. Members volunteer their professional services: doctors, nurses, lab technicians, dentists, oculists, etc. **Visit our website for more info.**



## WATER PROJECTS DONATED TO NIGERIAN POLICE SERVICE UGHELLI, DELTA STATE

We identified the portable water problems in **'A' Division, Ughelli** where an entire two blocks of 8 two bedroom flats each with a minimum of 6 persons per flat had no portable water. The entire barracks has only have a small tank and this is about 120m from the blocks under review.

In **'B' Division, Agbarha-Otor** the closest well or water tank is about 120 metres away. We undertook these projects confident that it will positively impact the lives of the policemen and their families with improved hygiene and good health.

On the 31st of October 2014, and in

commemoration of our fallen brothers of the Umalokun disaster, two water borehole projects were commissioned in two different police stations at **'A' Division, Ughelli** and **'B' Division, Agbarha-Otor** respectively. The NAS delegation led by the NAS Cap'n were well received by the policemen in the barracks who expressed their gratitude through the respective spokespersons.

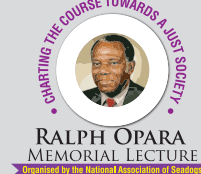
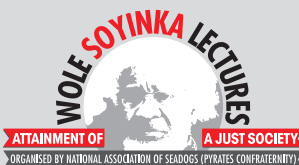
The event became emotional at some point when an Umalokun Disaster survivor - Chief Ben Oru prayed for the health, well being and continuous welfare of the policemen and their families.

**The NAS Cap'n in his remarks made the reason for the donation of the Water Boreholes clear to the policemen; that it was in commemoration of the death; the killing of six Seadogs by members of the Nigeria Police Force on 27th December, 1983 on the grounds of Oharisi Primary School, Ughelli (under the jurisdiction of the 'A').**

The two Divisions who benefited from the NAS Water Borehole Projects acknowledged the donation in two separate letters of appreciation presented to the National Association of Seadogs (Pyrates Confraternity).

**“As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness and hatred behind, I'd still be in prison.”**

**-Nelson Mandela**



National Association of Seadogs (Pyrates Confraternity) is a non profit organisation incorporated in Nigeria and with 55 branches across the world. For more information about us and our projects, please visit our websites.  
[www.nas-int.org](http://www.nas-int.org) • [www.wolesoyinkalecture.org](http://www.wolesoyinkalecture.org) • [www.nasmedicalmission.org](http://www.nasmedicalmission.org) • [www.ourvotescount.org.ng](http://www.ourvotescount.org.ng)



## ZUMA DECK

The older of the two chapters in Abuja FCT, and the headquarters of the National Association of Seadogs (Pyrates Confraternity).

# MEDICAL MISSION TO WARU

## For citizens internally displaced by the Boko Haram insurgency

Members of the National Association of Seadogs (Zuma Deck) under the NAS Medical Mission carried out a medical outreach for internally displaced persons affected by the Boko Haram insurgency in the Northern part of Nigeria. The mission was taken up after the Foundation for Cross Cultural Development (FOCROSSD) approached us to run its medical mission for Internally Displaced Persons (IDPs) in a village called Waru, in the Federal Capital Territory.

### Preparing for the Mission

After receiving the invite from FOCROSSD on Thursday 11th December 2014, the members of NAS Zuma Deck mobilised within three days for the mission scheduled for Sunday 14th December 2014. The challenge of the short notice notwithstanding, Zuma Deck kicked into action: NAS medical personnel got, funds raised among members and the required drugs procured. On the Sunday, at about 13.00hrs, the team set out to Waru village.

**“We arrived the village about 50 minutes later. The FOCROSSD team had set apart a classroom for the medical mission. The NAS team set up a makeshift consulting room and within 30 minutes were ready to start seeing patients”**, according to Onyebuchi Okudo, Capn of Zuma Deck.

### Skepticism of the Refugees

When the team arrived, the refugees seemed skeptical at first, suspicious about government. These were people uprooted from their homes and livelihood who felt abandoned. They recounted an earlier relief mission carried out by another organisation suspected to be a government agency. **“The relief materials got to only a few of us”**, according to an elder of the community,

**“The community’s suspicion was understandable and we reassured the people that the NAS mission was fully for their benefit. After we gained the elders confidence, the mission began with that women and children would be seen first before the men.”** Okudo said.

### “What we Discovered”

It did not take the medical team time to realize that there was a big medical problem lurking under the surface. Almost all the children were malnourished! In all about 160 refugees were treated.

**“It did not take the medical team time to realize that there was a big medical problem lurking under the surface. Almost all the children were malnourished!”**

*Onyi Okodo, Capn of Zuma Deck*

### Statistics on Internally Displaced Persons (IDPs) in Nigeria

- **981,416 IDPs** Internally Displaced Persons in Nigeria
- **868,235 Persons** affected by the Boko Haram insurgency.
- **123,601 Persons** camped in Adamawa
- **125,991 Persons** camped in Yobe
- **11,483 Persons** camped in Gombe State
- **46,419 Persons** camped in Bauchi State
- **81,790 Persons** camped in Taraba State
- **20 IDPs camps** managed & protected by NEMA in the North.
- **17,378 Nigerian** refugees in Cameroun and Chad.
- **23 locations** in Niger were Nigerian are scattered

**“NEMA’s IDP figures are based on quantitative, qualitative data collection. NEMA collects data in partnership with the International Organisation for Migration (ION), State Emergency Management Agencies (SEMAs), the Nigerian Red Cross Society (NCRS) and traditional rulers”**

*Air Commodore Charles Otegbade  
NEMA’s Director, Search & Rescue*

# MISSION TO WARU • Continued

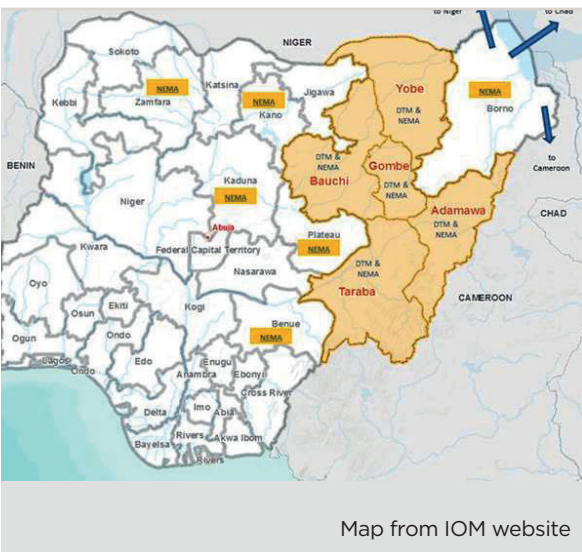
### What next?

The issue of internally displaced persons in Nigeria is strangely omitted in the narrative of the ongoing war on terror. But it is a fact that when villages are sacked or raided, the casualties are not only those who have lost their lives. They include those who have to scamper for safety. The casualties are women and children who have to trek for months covering mind boggling distances on foot in a bid to find safety.

### The situation calls for more heroes!

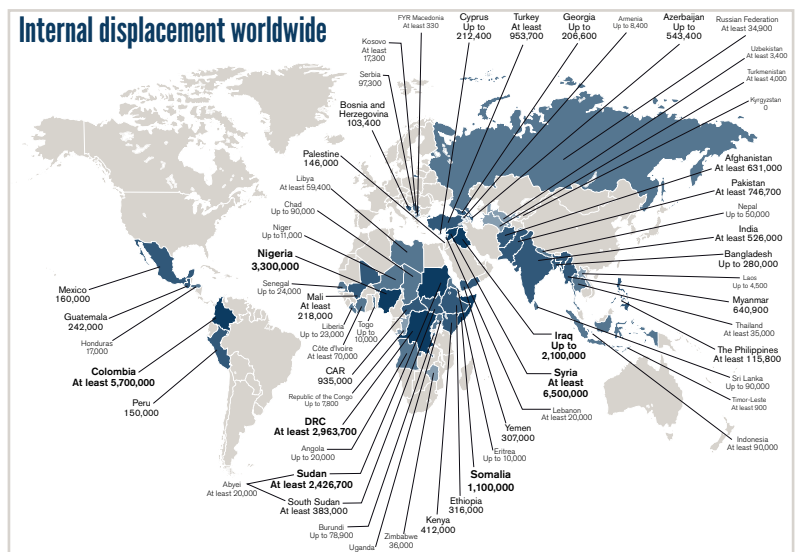
The team believes that the narrative must change to accommodate people who bear the brunt of the Boko Haram insurgency. The NAS Medical team and the volunteers of National Association of Seadogs (Pyrates Confraternity) in the simplicity of caring did a heroic deed. The situation calls for more heroes! If you are interested in supporting the NAS Medical team with more of such missions for the refugees please contact us through [www.nasmedicalmission.org](http://www.nasmedicalmission.org). You can email [info@nasmedicalmission.org](mailto:info@nasmedicalmission.org).

To find out more about FOCROSSD visit: [www.focrossd.org](http://www.focrossd.org)



Map from IOM website

Boko Haram May Have Displaced Over a Million in Nigeria - International Organisation for Migration. For more info visit [www.iom.int](http://www.iom.int)



Map from "Global Overview 2014: People internally displaced by conflict and violence" - Internally Displaced Monitoring Centre IDMC and Norwegian Refugee Council. For more info visit [www.internal-displacement.org](http://www.internal-displacement.org)





## HISPANIOLA DECK

One of the chapters of NAS in Lagos State, covers Lagos Island, Victoria Island, Ikoyi, Lekki up to Epe. In this quarter they have led with the greatest zeal for the association's cardinal point of **For Humanistic Ideals**. Their community projects within the quarter have shown how much difference we can make in our communities one little project after another.

Like our Handbook advises, **“words must be married to ACTS. Pyrates must be doing, not yapping. Wherever the community in which we exist needs a hand, in whatever cause, to enthrone these principles, the PYRATE must be FIRST”**.

# WATER PROJECT

Sangotedo Primary School  
Lekki, Lagos

On discovering that pupils of Sangotedo Primary School were defecating around the school fence and corners, the Exco of Hispaniola visited the school principal to take up the issue with her.

The principal informed them that lack of water to flush the toilets has led to the ugly situation. The school's borehole broke down many years ago. **“We were shocked that a school in the supposedly high brow Lekki Peninsular area will have this issue. We found this unacceptable and at our next monthly meeting, members agreed to act,”** Maxwell Ukot, the Hispaniola Cap'n observed.

On 1st December 2014, work to revamp the borehole began. A new tank was provided and metal stanchions constructed. **“We considered the situation an emergency and executed the project with a high sense of urgency,”** Ukot said. The project was completed and handed over three days later. The principal, Mrs. Asaju captured the feeling of the staff and pupils of the school when at the commissioning she said: This project has stopped open defecation in the school giving the pupils and staff of the school better dignity.



In 2014, the central exco had considered taking up the UN Open Defecation campaign. We are glad that the purposeful action of Hispaniola is fully in line with this. See further information on the campaign.

**“You have given us a new life. The pupils are now using the the toilets. You have saved the children from diseases and unhealthy environment.”**

*Mrs Asaju, Principal - Sangotedo Primary School, Lekki*

**We have a moral imperative to end open defecation and a duty to ensure women and girls are not at risk of assault and rape simply because they lack a sanitation facility.**

*UN Secretary-General Ban Ki-moon  
Message for the World Toilet Day 2014*



*Below image and data from www.worldtoilet.org*

### Why Toilets?

A world on toilets - are you kidding me? Your toilet is more important than you think. Lets take a look at some quick facts about the sanitation crisis.



**CHILDREN**  
1000 children died per day from diarrhoeal diseases due to poor sanitation in 2013. These deaths are preventable.



**EDUCATION/GIRLS**  
Clean and safe toilets help keep more girls in school and increase attendance rates. Far too many girls miss out on education just because of the lack of a clean and safe toilet.



**OPEN DEFECTION**  
The 2015 goal to halve the proportion of people living without sanitation is running 150 years behind schedule. 1 billion (15% of the world population) still practice open defecation.



**INVESTMENT**  
Every \$1 spent on water and sanitation generates returns of \$8 in saved time, increased productivity and reduced health costs.

**LEKKI • NIGERIA - HISPANIOLA DECK**

Other **projects actioned** in the period under review.



**BOOKS FOR BADORE**

On 6th November, 2015 as part of their **2014 book project**, Hispaniola donated school textbooks, maps, activity books and writing materials to **Badore Primary School, Lekki**. The school has 432 pupils, who are mostly from poor homes.

The project follows from NAS increasing focus on education at primary level after the 8th Ralph Opara Lecture that focused on the problem of out of school children at primary level.



**MNCH WEEK 2014**

Hispaniola was part of the 15 decks that participated in supporting the **National Primary Health Development Agency's Maternal, Newborn and Child Health Week 2014** in December.

It carried out deworming programme for **Sangotedo Primary School** with about **680 children benefitting** from this.

For more details on NAS collaboration with NPHDA for the MNCH Week 2014, see page 9.



**PAINT THE SCHOOL**

Unhappy with the sight of Etiosa Junior School, Hispaniola decided to give it a make over. Paints, brushes, rollers and scrappers were bought. On 6th December 2015, Hispaniola seadogs, they took off their shirts and did the job: scrapping off old paint, fixing fascia boards and painting. According to Maxwell Ukot, **“it was a fulfilling project moreso because we did the work ourselves. These children will study better if their enviroment is uplifting.**

I can **yap** about the problems all I want. I can **self-righteously** point fingers at others for not doing this or that; but the attainment of a just society will remain just a wish without the **sincere self examination**: what can I **do** to raise **my community** to the highest level of fulfilment and the purposeful follow up **action**.

*“The state of sanitation remains a powerful indicator of the state of human development in any community. Access to sanitation bestows benefits at many levels. Cross-country studies show that the method of disposing of excreta is one of the strongest determinants of child survival. - UN.*

Learn more about this United Nations Campaign on Open Defecation and World Toilet Day and how **you** can help **make a difference** in (or from) your own little corner of the world.

Visit: [www.opendefecation.org](http://www.opendefecation.org)

Visit: [www.unwater.org/worldtoiletday](http://www.unwater.org/worldtoiletday)



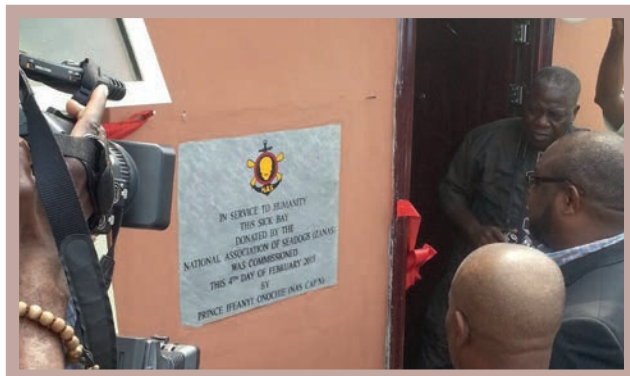


**YABA • NIGERIA**

**ZANAS DECK**

# SICK BAY PROJECT

**Free Educational Support in Career Counselling  
Zumratul Islamiyah  
Junior High School  
Yaba, Lagos**



**This project was conceived as a charitable work in line with the NAS strategic agenda and direction with focus on Education/Empowerment, Health and Wellbeing.**

Zumratul Islamiyah Junior High School shares close affinity with the National Association of Seadogs having been neighbourse over the years. Zanas deck has been involved in the “upliftment” of the school in previous years. Last year, they donated to the yearly inter-house sport and some other activities of the school.

According to Femi Hassan, the Zanas Deck Cap'n, “in 2014, noting that there is no health care institution close to the school, and given the prevalence and break out of diseases especially of the Viral type, Zanas Deck, in consideration of vulnerability of children to infections decided to carry out a preliminary investigation into the school's preparedness in dealing with a possible outbreak or managing the most common sicknesses in children”. After the preliminary study and interaction with the school principal, Dr. Yushawu, established the need for a sickbay, “we decided to take up the project.

The choice of a right career is a major developmental task that must be accomplished by every secondary student and it is a known fact that choosing a right career is often a challenge for most students coming out secondary schools in Nigeria.

Capturing Femi Hassan informs. “It is also known that public schools in Nigeria lack the necessary tools/provisions to guide secondary school students in understanding themselves vis-a-viz their natural aptitudes, self-abilities, interests, ambitions, resources, personalities and limitations. Hence an average student ends up in a wrong career. This is a major driver for the decision of the deck to take up this cause.”

**Zanas is one of the oldest decks of NAS. It is first of the five decks in Lagos and covers mainly Yaba, Surulere, Apapa, Amuwo Odofin, Badagry etc.**



## CROSS RIVER STATE • NIGERIA AREA 5

Jokaina, Frigate, Red Barracuda and Kalahari Decks

### COMMUNITY DIRECTED TREATMENT WITH IVERMECTIN (CDTI) IN COLLABORATION WITH NAS.

The World Health Organization (WHO) through its United Nations International Children’s Emergency Fund (UNICEF) arm, in collaboration with the Government of Cross River State of Nigeria, through its Ministry of Health and social services embarked on an **Onchocerciasis/ Lymphatic Filariasis control programme** across the state between 23rd November and 7th December 2014.

In a bid to have an effective coverage, the services of National Association of Seadogs (NAS) a.k.a Pyrates Confraternity, through its volunteer arm, NAS Volunteer Corps (NVC) was sort due to the network and reach of our membership in the state.

#### THE PROJECT:

The project tagged **Community Directed Treatment with Ivermectin (CDTI)** took place in Calabar South, Yakurr, Ikom and Ogoja Local Government Areas of the state amongst other LGA’s. Mr. George Anderson Area Mate Five (who coordinates NAS Cross River State) oversaw the project

with the Deck Capns/Steerer: Fabian Avoh (Calabar Municipality), Augustine Asuquo (Calabar South), Prof. Gabriel Ikpi (Yakurr) and Julius Adalikwu (Ogoja/Ikom).

Prior to the commencement of the project, members of NAS Volunteer Corps (NVC) had three (3) sessions of training at the Anchor Point facilitated by the State Coordinator from the Ministry of Health and supervised by Dr. Ofem Enang a consultant at the University of Calabar Teaching Hospital and the NAS Medical Pyrate.

Training addressed the following:

- Drug administration process.
- Clients eligible for treatment.
- Possible side effects of medications.
- Communities selected to benefit from project.
- Documentation process for those treated.

According to Mr. George Anderson: **“In addition to the distribution of Ivermectin, citizens also benefited from free**

**deworming with Albendazole as well as free Insecticide Treated Nets (ITN) to prevent bites from insect vectors”.**

#### IMPLEMENTATION:

For proper and effective coverage, NAS Volunteers through the Area Mate Five (who coordinates NAS Cross River State) embarked on the following:

- Informed the Supervisory Councillors for health in the various LGA’s.
- Informed the Primary Health Centre (PHC) Coordinators for the LGA’s.
- Discuss operation modalities with the various Heads of the PHC’s.
- Engaged the services of the various Town criers in the community to carry out sensitization exercise prior to date of outreach.
- Make working environment as conducive as possible.
- Initiate a supervised dosing technique since the medications are stat doses. This improves compliance.



Calabar



Calabar



Calabar



Ogoja



Ikom



Yakurr

## LYMPHATIC FILARIASIS

For more info visit: [www.who.int/lymphatic\\_filariasis/en](http://www.who.int/lymphatic_filariasis/en)

**Lymphatic filariasis, commonly known as elephantiasis, is a painful and profoundly disfiguring disease. While the infection is usually acquired in childhood, its visible manifestations occur later in life, causing temporary or permanent disability. In endemic countries, lymphatic filariasis has a major social and economic impact.**

**The disease is caused by three species of thread-like nematode worms, known as filariae – Wuchereria bancrofti, Brugia malayi and Brugia timori. Male worms are about 3–4 centimetres in length, and female worms 8–10 centimetres. The male and female worms together form “nests” in the human lymphatic system, the network of nodes and vessels that maintain the delicate fluid balance between blood and body tissues. The lymphatic system is an essential component of the body’s immune system. - Culled from WHO website.**

# 2<sup>nd</sup> QUARTER the 11<sup>th</sup> mission

## At Makoko Community, Lagos on 6th February, 2014.

The mission began 8.30am  
and ended at 5.30pm.

1. Registered participants = 356
2. Participants seen = 313
3. Attrition = 43. (Rate = 12.1%)



[www.nasmedicalmission.org](http://www.nasmedicalmission.org)

We largely fund the mission through members subscription and donations. Members volunteer their professional services: doctors, nurses, lab technicians, dentists, oculists, etc. If you wish to find out more our would like to be part of the mission, please visit [www.nasmedicalmission.org](http://www.nasmedicalmission.org)

## MISSION IN NUMBERS

**26**  DENTAL CASES

**210**  DIABETES SCREENING

**81**  HIV SCREENING

**36**  OPTOMETRY SERVICES

**258**  HYPERTENSION SCREENING

**74**  MOSQUITO NETS DISTRIBUTED



**Planned 17 missions in 4 Years. So far 11 medical missions have taken place in 4 geo-political regions of the country with a total of 3619 patients benefitting. 6 missions are planned for the next 21 months.**

**WHY MAKOKO:** In 2013, we commissioned a scoping mission for Makoko. The mission identified among other things the grave environmental and hygiene issues which heighten the dire health situation of the area. The level of poverty and as of then lack of a health centre were troubling. The mission services including diabetic screening, dental services, ophthalmic services, general medical & surgical consultations.

- 215 participants registered for Diabetic Screening but 210 were tested out of which 7 (3.3%) tested positive for diabetes. **This figure is lower than 6.4% which was recorded at Ogonu Community, Warri** where the 1st Quarter mission took place on 31st October 2014. This is because diabetes is lower in rural areas than in urban areas.
- 36 reading glasses were given out. **We are grateful to the Japan chapter for the free reading glasses.** They have consistently supported the mission with this initiative.
- Majority of the people screened **had hypertension but were not aware of it.** Of the 289 participants, 258 turned in their papers with 33 persons having hypertension.
- HIV Screening test strips were distributed to 100 people. 81 turned in theirs. Out of that number, 1 person tested positive and was **counselled and referred to the center in Yaba for confirmatory test.**
- Insecticide treated mosquito nets were distributed to **74 pregnant women.**

**If you wish to volunteer or be part of the mission in any capacity, visit [www.nasmedicalmission.org](http://www.nasmedicalmission.org) and send us a message.**





# MATERNAL, NEWBORN & CHILD HEALTH MNCH WEEK 2014

NAS Medical Mission, in collaboration with the National Primary Health Development Agency to support November 2014 Maternal, Newborn and Child Health Week. In a letter to Commissioners of Health in the various states, the NPHDA noted that: "NAS Medical Mission will support Deworming of school children using an outreach approach. The school based deworming will be carried out in schools in a rural or deprived Community. The selected schools will be worked out with the state team. The data of the number of children will be integrated into the general data coverage captured during November 2014."



**ABAKALIKI EBONYI STATE • 1000 PUPILS**



**EDJEKOTA-OGOR DELTA STATE • 847 PUPILS**



**EWORA & JAGBE EDO STATE • 623 PUPILS**



**NTIGHA ABIA STATE • 291 PUPILS**



**ISIROTO & AGBOGUGU ENUGU STATE • 3000 PUPILS**



**ISUANIANWA DELTA STATE • 500 PUPILS**



**OTOR-UDU DELTA STATE • 100+ PUPILS**



**IBA OKU AKWA IBOM STATE • 200 PUPILS**



**UBAHA ABIA STATE • 220 PUPILS**



**IKORODU LAGOS STATE • 3650 PUPILS**



**KUJE ABUJA FCT • 136 PUPILS**



**UKPAH CROSS RIVER STATE • 1013 PUPILS**



**NEKEDE IMO STATE • 500 PUPILS**



**AYETORO & ILEWO ORILE OGUN STATE • 1087 PUPILS**



**CALABAR CROSS RIVER STATE • N100K DONATION**



## WHY WE GOT INVOLVED?

In line with our focus on community causes, on 6th November 2014, the association wrote to the Executive Director, National Primary Health Care Development Agency (NPHDA) stating: “we wish to partner with your reputable Agency in this November round of Maternal, New Born and Child Health Week. We intend doing this by selecting two schools in a rural or deprived community in the about 20 States of the Federation where we have branches and volunteers.”

The Maternal, Newborn and Child Health week (MNCH Week) is a week set aside to:

- Address poor health/nutritional indices of mothers & children.
- Fast track the achievement of the 4th & 5th MDGs.
- Deliver a package of basic interventions proven to be highly effective in reducing maternal mortality rate, improving maternal and child health and Nutrition.
- Complement routine services run in health facilities.

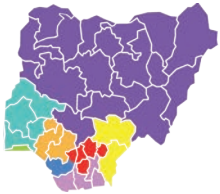
It is driven by the National Primary Health Care Development Agency (NPHCDA), which partners UNICEF and supports the program with the provision of commodities. The MNCH Week is run in May and November every year. The November cycle is slated for 17th November across the country.

The decision was made to Support the MNCH week in their respective states by providing de-worming medication for at least two schools in each state within the decks’ delineation. Deck Capns are expected to, without delay, initiate a scoping mission to identify schools in very deprived or undeserved communities that will benefit from this programme. The scoping mission will include identifying all necessary statutory steps to be taken to deliver on this.

The Association acknowledges the assistance and support received from Dr. Joseph Oteri in the execution of this collaborative intervention.

## NATIONWIDE LOCATIONS?

1. Ezza Road Primary School Abakaliki, Ebonyi State
2. Umualum Primary School, Nekede, Imo State
3. Community Primary School, Isiroto, Ikem, Isiuzo LGA, Enugu State
4. Central Primary School, Agbogugu, Awgu LGA, Enugu State
5. Community Primary School, Agbogugu, Awgu LGA, Enugu State
6. Isuanianwa Primary School, Aniocha LGA, Delta State
7. St John RCM Nursery Primary School, Ilewo Orile, Abeokuta, Ogun State
8. United Primary School I, Ayetoro Yewa, Ogun State.
9. United Primary School II, Ayetoro Yewa, Ogun State
10. Oriendu Community Primary School Ubaha, Ohuhu, Abia State
11. St. Augustine Primary School, Ukpah, Bekwarra LGA; Cross River State
12. Otor-Udu Primary School, Udu LGA, Delta State
13. Lea Primary School, Kuchako, Kuje, Abuja FCT
14. Lea Primary School, Tukpechi Kuje, Abuja FCT
15. Glory & Praise International School, Plot 284, Kuchako Layout, Kuje, Abuja FCT
16. Iba Oku Government Primary School, Uyo, Akwa Ibom State
17. Central School, Eziam Ntigha, Isiala Ngwa North LGA, Abia State
18. Avor Ntigha Central School, Isiala Ngwa North LGA, Abia State
19. Avor Migrant Farmers’ School Ntigha, Isiala Ngwa North LGA, Abia State
20. Iyeye Primary School Edjekota-Ogor, Ughelli North LGA, Delta State
21. Ayangburen Primary School, Ikorodu, Lagos State
22. Etunrenren Primary School, Ikorodu, Lagos State
23. Methodist Primary School, Ikorodu, Lagos State
24. Oga Primary School, Ikorodu, Lagos State
25. Zumuratul Primary School, Ikorodu, Lagos State
26. Jagbe Primary School, Jagbe, Etsako West LGA, Edo State
27. **\*\*Ewora Community, Etsako West LGA, Edo State\*\***



States  
10



Schools  
26



Pupils  
13167



Volunteers  
203

## MATTERS ARISING!

This exercise revealed the dire state of primary educational facilities in this country in government schools. It would seem that much of the investment that many states as well as the Federal Government report to have put into schools may not have trickled down to those in rural and disadvantaged areas. Some of the worrying feedbacks:

“Looking at the faces of the pupils you will agree with me that there is so much work that we need to do in primary health care for these younger Nigerians. There’s urgent need to take a more critical look at the health of children in deprived areas in our communities.” - *Ikorodu, Lagos State*

“It is indeed very obvious that the Government has failed the people given the deplorable nature of these schools. It is also worthy to note that the insensitivity of the State Government has become so bad that it was only on this 27th November while we were already de-worming these pupils that a letter came from the ministry stating their intention to mark the MNCH week on 14th December which happens to be a Sunday.” - *Ntigha, Abia State*

“Upon a quick facility tour of the school, we were shocked to find pupils sitting

on bare floor to receive tutorials in the year 2014...The headmistress said the school needs at least 100 benches for the entire school put at #7,000 per bench...It is also necessary to mention that this deprived school in Oriendu community is situated right behind the palatial estate of the “honorable” member representing the Umuahia North State Constituency (Ohuhu clan) in the Abia State House of Assembly.” - *Ubaha, Abia State*

“Due to poverty, people are forced to live in places where they don’t want to. They suffer from different kinds of diseases which they can’t cure. This is the exemplified in the communities visited. The community visited lacked functional health centre and medical equipment/medical personnel. Lack of infrastructural facilities” - *Etsako, Edo State*

“The school, located approximately a kilometre away from the Akwa Ibom State government house, has three buildings comprised of three classrooms each. The structures are in various stages of disrepair, with broken ceilings, leaking roofs, broken desks as well as pot holes filled cement floors. The School can only be assessed by motorcycles or all terrain trucks. Interaction with the staff of the school spewed out tales of neglect and abandonment by the authorities. The school has only 6 teaching and a non-teaching staff to cater for the academic needs of approximately 200 pupils.” - *Uyo, Akwa Ibom*



# Commissioning Library Project for Street Child Care & Welfare Initiative (SCCWI)

On 4th February, 2015 the library for the kids at Street Child Care & Welfare Initiative, Alagomeji, Yaba



It was a great day for the kids as their really cool sparkling new library was commissioned by Ifeanyi Onochie (NAS Capn). **This is one of the projects that the 3rd NAS Charity Red Ball in Abeokuta, June 2014 raised funds and awareness for.**

Well laid out, stylish and beautifully finished, with aluminum roofing, granite floor, ...ceiling, practical but good furnishing, for a **great and uplifting ambience for the kids to read and study.** The centres hall was also done up. The kids were fully involved in deciding what the library should look like. They enjoyed choosing the colour scheme for the project.

The library is equipped with 8 brand new computers (donated by HP Nigeria through its MD - Imeh Umoh); printer/Scanner,

airconditioning, book shelves, reading tables, chairs etc. Six boxes of books were donated by families in the UK, collected by Magna Carta seadogs in Hertfordshire. They also gave Amazon Kindles loaded with 10k ebooks. NAS provided copies of Junior/ Senior Secondary textbooks for the library.

The SCCWI trustees and staff were thrilled. Patrick Koshoni, an architect, remarked that **the quality of the project is an example for other Nigerian organisations to emulate.** Comfort Alli, President of SCCWI thanked NAS for giving the kids the greatest gift they could ever get. And said **the project will give a boost to their Book Club which kids in the neighbourhood also benefit from.**

Thanks to those who supported us: Matilda

Radovic, Jeni Ozumba, Sarina Silcox, Ros Silcox, Sinead Henderson, Jo Esom, Marthas mum, Marna Esterhuysen, John Akumabor, Inno Obio, Esther Tarakci, Ebi's mum, Chii Onochie, Donald Nwankwo, Dr. Lele Olayinka, Feludu Norber, Tunde Ajayi, Adeniyi Oredia, Dotun Adelanda, Maxwell Ukot, Francis Eichie, Imeh Umoh, Michael Omo, Bidemi Alabi, Frank Umunna, Ijeoma Asiwe, Femi Adebajo, Gbenga Akintola, Sam Ayetutu, HP Nigeria, Magna Carta (Hertfordshire UK), Zanas (Yaba, Lagos), Area 5 (Cross River State), etc. And to Dr. Dolapo Sikuade and the NAS Street Child Project team, well done.

The project is part of the **Give A Future: The Play & Reading Initiative** which is dedicated to developing libraries and creative play spaces for disadvantaged children in Nigeria.



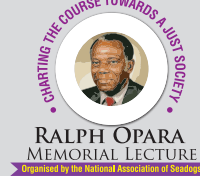
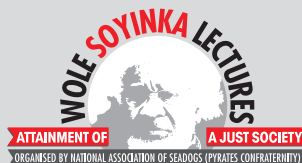
**Street Child Care and Welfare Initiative SCCWI** aims at improving and protecting right and lives of street children of Lagos, through participative education, workshops, sports and social/health awareness projects. SCCWI encourages social and family rehabilitation through long term reintegration programs. Founded in 2007 by Mr Vincent Paturel, a French nationale and MD of Total Logistic Control Nigeria, who had business in Nigeria. He wanted to do something different from an orphanage. Together with Perrine de le Court, a social worker from Belgium already working in Kuramo Lagos, they begun the NGO. SCCWI started in August 2007. In 2008, the first set of children, eleven of them came into the home. **For more information visit: [www.sccwi.org](http://www.sccwi.org).**

To learn more about NAS Street Child Project please come to [www.facebook.com/nas.street.child.project](http://www.facebook.com/nas.street.child.project)



**“Books were my pass to personal freedom. I learned to read at age three, and soon discovered there was a whole world to conquer that went beyond our farm in Mississippi.”**

**-Oprah Winfrey**



National Association of Seadogs (Pirates Confraternity) is a non profit organisation incorporated in Nigeria and with 55 branches across the world. For more information about us and our projects, please visit our websites. [www.nas-int.org](http://www.nas-int.org) • [www.wolesoyinkalecture.org](http://www.wolesoyinkalecture.org) • [www.nasmedicalmission.org](http://www.nasmedicalmission.org) • [www.ourvotescount.org.ng](http://www.ourvotescount.org.ng)





## Overview

In the 2015/2016 sayle, the office of NAS Medical Pyrate was involved in numerous activities and events ranging from the Quarterly Medical Missions carried out in selected communities during the SPCs and two other missions coinciding with events during the 2015/2016 NAS sayle chart. These are the Umalokun Memorial Medical Mission and the Medical mission undertaken by the office to the IDP camp in Edo State during the NAS Games that took place in Benin City, the capital of Edo State. In addition, Health advisories were issued to coincide with Notable World health dates such as the World AIDS day, World Hypertension day, World Diabetes day, World Blood donation day as well as disease specific advises such as Lassa Fever. The office of the NAS Medical Pyrate also coordinated the involvement of Seadogs in the National Primary Health Care (NPHCDA)/UNICEF and WHO Nationwide Measles campaign. Decks coordinated medical missions and activities were also supervised by the office of the NAS Medical Pyrate.

In the same period in review, the NAS Medical Mission received a massive boost with the donation of a purpose built, state of the arts ambulance, 19 seadogs sayling in the diaspora. The ambulance has since been deployed for medical missions in Ozoro, headquarters, of Isoko North Local Government Area of Delta State. Ilora, Oyo State, Yenagoa, Bayelsa State, Measles Campaign in Lagos State and the IDP Camp in Ohuogua, Ovia North East LGA of Edo State.



# the nas medical mission



## NAS Medical Mission support to **the national measles campaign**

The Federal government of Nigeria through the National Primary Health Care Development Agency with the immunization Partners carried out the National Measles campaign targeting all children between the ages of 9 months and 59 months in November 2015 and January 2016 in the Northern and Southern States of Nigeria respectively.

NAS Medical mission supported the campaign by the sending of Volunteer Seadogs to monitor the activities and the provision of the NAS Medical Ambulance for emergency response in cases of Adverse Events following immunization (AEFI) in the Southern campaign. The Ambulance team, comprising of a Medical Doctor and an Ambulance Manager was deployed to Lagos State. Seadogs participated in the monitoring of the exercise in Edo, Delta, Akwa Ibom, Bayelsa, Rivers, Kaduna and Lagos States.





1st of July 2016

## NAS Medical Mission to Edo State IDP Camp



### NAS Medical Mission to Anantigha community in Calabar South LGA, Cross River State

#### MISSION IN NUMBERS

TOTAL REGISTERED: 232  
TOTAL ATTENDED TO: 218

#### DISEASE SPREAD

Male	Female	Children
90	93	85

Diagnosis	Num.	Outcome
Diabetes	162	Treated & Ref.
Hypertension	17	Treated & Ref.
Reading Glasses	85	Treated
HIV	108	1 reactive



As part of the events for the NAS Games in Area 3, a medical mission in the form of donations was carried out to the Internally displaced persons' camp in Ohuogua in Ovia North East LGA of Edo State on 1st July 2016. A scoping visit prior to the mission was undertaken and the team met the Coordinator of the camp Pastor Folorunsho who intimated NAS of the outbreak of scabies in the camp. Four out of five children in the camp had scabies. The Coordinator also solicited NAS support in areas of food and drugs as their sick bay had run short of their drugs. Drugs

#### Purchased

Following the visit, the Games Medical subcommittee made purchase of Benzyl Benzoate (Scabies drug), antimalarial tablets for adults and children, Oral Rehydration Therapy (ORT), deworming drugs, analgesics, antibiotics, anti-septic soap (Dettol) and powdered milk and donated to the camp during the NAS Games.



#### Beneficiaries:

The camp's population as at the time of visit was about 2,500 made up of children and adults displaced from the North East States as a result of the Boko Haram insurgency.

#### Personnel Used:

The team that visited the camp included two NAS Exco members and members of the NAS Medical Mission group





## MISSION IN NUMBERS

### DISEASE SPREAD

Diagnosis	Num.	Outcome
Malaria Alone	150	Treated
Hypertension	34	Treated & Ref.
Diabetes	5	Treated
Peptic Ulcer	19	Treated
Toothache	1	Treated & Ref.
Arthritis	15	Treated
Dermatitis	1	Treated
Helminthiasis	5	Treated
Pneumonia	1	Treated
Hypertension + Malaria	17	Treated & Ref.
Hypertension + Diabetes	5	Treated & Ref.
Malaria + Peptic Ulcer	1	Treated
Inguinal Hernia	1	Referred
Low Back Ache	10	Treated
Myalgia	6	Treated
Haemorrhoids	3	Treated & Re.
Abdominal Discomfort	2	Treated
Hypertension + Appendicitis	1	Treated & Ref.
Upper Resp. Tract Infection	1	Treated
Urinary Tract Infection	2	Urine M/C/S

Others which included Autism (1)  
Breast Abscess (1) TB (1)  
Secondary Infertility (1) Bleeding (1)  
Pregnancy (4)  
10 Referred after counselling

**TOTAL 289**

### ophthalmic services

TOTAL No. Reg 230

#### Sex

Males 110 Females 120

#### Age Range

20 - 30	15
31 - 40	21
41 - 50	49
51 - 60	46
61 - 70	53
71 - 80	18
81 - 90	9
Others	19



### general demographics

TOTAL No. Reg 289

#### Sex

Males 84 Females 205

#### Ages

Adult Males	70
Male Children	14
Adult Females	175
Female Children	30



# Q1

the nas medical mission

6th of November 2015

## NAS Medical Mission to Ozuagba in Ikeduru Local Govt. Area Imo State

The 1st quarter Medical Mission took place at the Ezenomi Autonomous Community Ozuagba in Ikeduru Local Govt. Area Imo State on the 6th of November 2015 as part of the 1st Q PWC activities.

Beneficiaries: A total of five hundred and thirty-four (534) clients were seen comprising of General Medical Consultation, ophthalmic and immunization services.

### Summary of Clients seen:

Total number of registered clients for General Medical Services = 289

Total number of registered clients for ophthalmic services = 230

Number of children immunized = 15

### Demographics of Client that had Ophthalmic Services

Treatment Received:  
218 Had refraction errors and had reading Glasses dispensed to them  
35 had eye drops for various eye ailments ranging from conjunctivitis to foreign body and allergic reaction. Suspected glaucoma cases seen were referred for further management

### Laboratory Services:

Total number of clients screened for Malaria = 48  
Positive Results = 44  
Total number screened for Random Blood Sugar = 9

Positive result for Diabetes Mellitus = 5

### Immunization Services

#### Rendered:

The immunization team from the Health Post were sent by the State Immunization Officer to use the opportunity of the NAS Medical mission to carry out immunization services to those who missed their immunization because of the industrial action by the State Health workers. 15 under one children had various types of Antigens ranging from Pentavalent vaccine, Injectable Polio vaccine (IPV) to measles and yellow fever in line with their age and status of their routine immunization.

### Personnel used:

4 Medical Doctors all Seadogs; 1 Optometrist (Paid volunteer); 7 Nurses (Paid volunteers); 1 Laboratory Scientist (Seadog); 1 Pharmacy Technician (Paid volunteer); 3 Crowd Controllers (Paid volunteers)





5th of February 2016

## NAS medical mission (NMM) to **Ilora, Afjio, Local Govt Area, Oyo State.**



The Quarter 2 NAS medical mission (NMM) took place in Ilora in Afjio on the 5th of February 2016. Ilora is the administrative headquarter of Afjio Local Govt Area of Oyo State.

Prior to undertaking the medical mission, a scoping mission to the community and discussion with the Traditional Ruler HRH, Oba Samuel Oyeniyi Olufemi, Oparinde II, the Akibio of Ilora and the Chief Matron of the Ilora Primary Health Centre shows that population of the community is about 400 – 500 people and the common medical ailments in the community is “poverty” and the community will be happy to be assisted by the NAS Medical Mission as the indigenes being farmers and traders don’t have enough money to pay for the high cost of medical treatment. The Ilora mission was unique in that a Consultant Ophthalmologist in UCH – Dr Fatoki brought another ophthalmologist and optometrist to address the ophthalmic needs of the community which was huge considering the number of clients that came for ophthalmic care

Beneficiaries: A total number of two hundred and fifty-four (254) clients were attended to during the 2nd Quarter Medical Mission

### Laboratory Services:

Total number of clients screened for Malaria = 45

Positive Results = 39

Total number screened for Random Blood Sugar = 8

Positive result for Diabetes Mellitus = 2

The Ilora Medical Mission was successful as the community played an active role in ensuring that mobilization was very effective.



## MISSION IN NUMBERS

### DISEASE SPREAD

Diagnosis	Num.	Outcome
Malaria Alone	150	Treated
Hypertension	34	Treated & Ref.
Diabetes	5	Treated
Peptic Ulcer	19	Treated
Toothache	1	Treated & Ref.
Arthritis	15	Treated
Dermatitis	1	Treated
Helminthiasis	5	Treated
Pneumonia	1	Treated
Hypertension + Malaria	17	Treated & Ref.
Hypertension + Diabetes	5	Treated & Ref.
Malaria + Peptic Ulcer	1	Treated
Inguinal Hernia	1	Referred
Low Back Ache	10	Treated
Myalgia	6	Treated
Haemorrhoids	3	Treated & Re.
Abdominal Discomfort	2	Treated
Hypertension + Appendicitis	1	Treated & Ref.
Upper Resp. Tract Infection	1	Treated
Urinary Tract Infection	2	Urine M/C/S

Others which included Autism (1) Breast Abscess (1) TB (1) Secondary Infertility (1) Bleeding (1) Pregnancy (4) 10 Referred after counselling

## TOTAL 254



### general demographics

TOTAL No. Registered 254

#### Sex

Males 131      Females 123  
Adults 232      Children 22

#### Age Range Adults

21 - 30	8
31 - 40	25
41 - 50	55
51 - 60	61
61 - 70	61
71 - 80	18
81 - 90	3
91 - 100	1

#### Personnel used:

4 Medical Doctors (All Seadogs)  
10 Nurses (Paid volunteers)  
1 Laboratory Scientists (Seadog)  
2 Pharmacists (Seadogs)  
3 Crowd Controllers (Paid volunteers)



## MISSION IN NUMBERS

### DISEASE SPREAD

Diagnosis	Num.	Outcome
Malaria	79	Treated
Hypertension	6	Treated & Ref.
Peptic Ulcer	4	Treated
Arthralgia/Myalgia	14	Treated
Helminthiasis	10	Treated
Dermatitis	8	Treated
Diarrhoea diseases	15	Treated
Pelvic Inflammatory Disease	6	Treated
Ante Natal Care	6	Seen, & counselled
Low Back Ache	2	Treated
Upper Respiratory Tract Infection	43	Treated
Urinary Tract Infection	2	Urine M/C/S
Presbyopia	11	Treated and ref.
Conjunctivitis	7	Treated
Cataracts	2	Referred
Refractive errors & other eye problems	23	Treated
Others which included		
Candidiasis	(1)	
Asthma	(3)	
Protein Energy Malnutrition	(3)	
Osteoarthritis	(2)	
Toothache	(3)	
Diabetes M	(2)	
Tuberculosis	(1)	
Routine check	(7)	
Retroviral disease	(1)	
<b>TOTAL</b>	<b>265</b>	

**TOTAL 265**



### general demographics

TOTAL No. Reg 265

#### Sex

Males 104 Females 161

#### Ages

Adults > 20yrs 135

Children 130

Adult Females 175

Females Children 30

#### Age Range (Adults)

21 - 30 40

31 - 40 35

41 - 50 33

51 - 60 13

61 - 70 10

71 - 80 3

81 - 90 1

#### Age Range (Children)

Under 1 yr. 5

1 - 5 yrs. 62

6 - 10 yrs 36

11-15 yrs 18

16-20 yrs 9



# Q3

the nas medical mission

6th of May 2016

## NAS Medical Mission to Bakassi returnees settlement camp, Yenagoa, Bayelsa State

The 3rd Quarter NAS Medical mission took place at the Bakassi returnees settlement camp at Azikoro Road, Yenagoa, Bayelsa State on 6th May 2016. The Internally Displaced Persons (IDP) camp had about 800 inhabitants that returned from Bakassi after it was ceded to the Cameroon government. As an (IDP) camp, they had peculiar health challenges amongst the residents ranging from malaria, typhoid fever, dental and eye problems to malnutrition associated with poverty. The mission addressed most of their health needs and because a lot of the children were not immunized, the Medical Mission drew the attention of the State ministry of health to that fact and an immunization team was mobilized to immunize the unimmunized children. In responding to the lack of portable water in the camp causing the high number of diarrhoeal diseases in the camp, a member of the Association, Chief Claudius Enegesi volunteered to sink a borehole for the camp. Apart from the medical treatment rendered by the Medical personnel, free reading glasses were given to those that needed them after being tested by the optometrist who partook in the mission.

Severe dehydration corrected & enrolled immediately.

On Immunization, the invited State ministry of Health workers immunized children that have not been immunized and the pregnant women were also given tetanus toxoid. Antigens given were Oral Polio Vaccine, BCG, Pentavalent vaccine, measles and vitamin A

#### Laboratory Services:

Total number of clients screened for Malaria = 52; Positive Results = 40;

Total number screened for Random Blood Sugar = 10; Positive result for

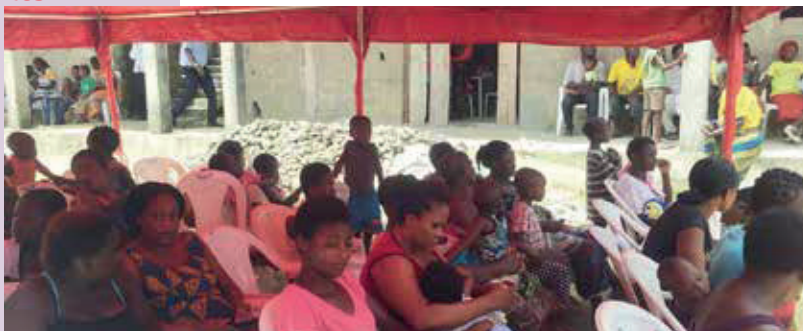
Diabetes Mellitus = 2; Positive result for retroviral = 1

#### Personnel used:

13 Medical Doctors (12 Seadogs plus one volunteer); 1 Optometrist (paid

volunteer); 6 Nurses (Paid volunteers); 2 Laboratory Scientists (Seadog)

2 Pharmacists (Seadogs); 3 Crowd Controllers (Paid volunteers)





**2014-2016**  
 The NAS Medical Mission is continuing its work of bringing free medical services to disadvantaged communities



**7,036**  
 Beneficiaries  
 2014 - 2016

Taking free medical services to disadvantaged communities. **5 medical missions held between 2015-2016 at** Ikeduru LGA, Imo State, Ozoro LGA, Delta State, Afijio LGA, Oyo State, Ilorin State, Yenagoa, Bayelsa State and Onuogua, Edo State



**N4.5million**  
 2014-2016 (Estimated Expenditure)

The NAS Medical Mission services are administered free of charge on patients. This has been made possible partly by donations and volunteerism. However, NAS still bears the heavy cost of medical purchases and logistics.



**MEDICAL**  
 infographics

**406**  
 Volunteers  
 2014 - 2016

These NAS Volunteers make the difference for the Medical Mission. These are men and women made of professionals - **Doctors, Dentists, Opticians, Medical Lab Scientists, Nurses** and a host of others from other professions



**SUPPORT OUR  
 MEDICAL  
 MISSION**

Just a year ago we appealed for a purpose built ambulance and today, **we can boast of a purpose built state of the art ambulance.** **We can do more** with donations of eye glasses, wheelchairs, pharmaceutical drugs and other medical supplies. With more volunteers we can deliver more services. Sign up today on our website.

**Together we can make the difference**

**[www.nasmedicalmission.org](http://www.nasmedicalmission.org)**

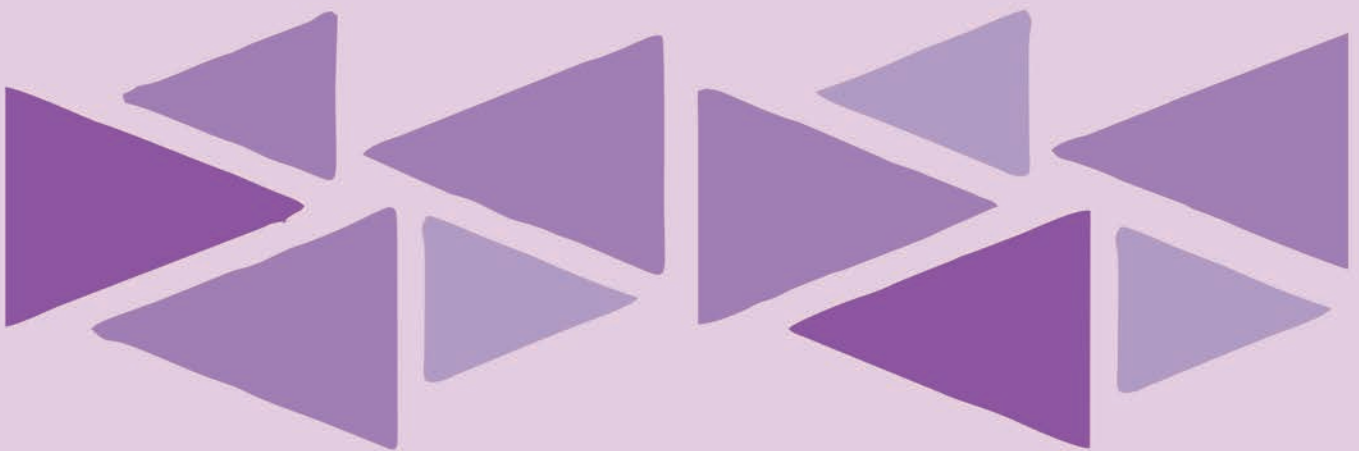




# NAS MEDICAL MISSION

## 2016-2018

**Research ■ Case Studies ■ Capacity Building**



An Organ of :



**National  
Association of  
Seadogs**  
Pirates Confraternity

Twitter: [NASPC1952](#)

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NASwebsite: [www.nas-int.org](http://www.nas-int.org)

NMMwebsite: [www.nasmedicalmission.org](http://www.nasmedicalmission.org)



[www.nasmedicalmission.org](http://www.nasmedicalmission.org)

## NAS MEDICAL MISSION

### NAS Medical Activities Across The Flagship At a Glance, 2016-2018 Sayle. Internal and External Activities



Census of all Cadre of Medics on Board the Flagship. Aug- Sept, 2016

Medical Expedition of two critically ill Seadogs to Neurosurgical centre in Okavango and intensive care centre in Zanas, respectively. Aug-Oct, 2016

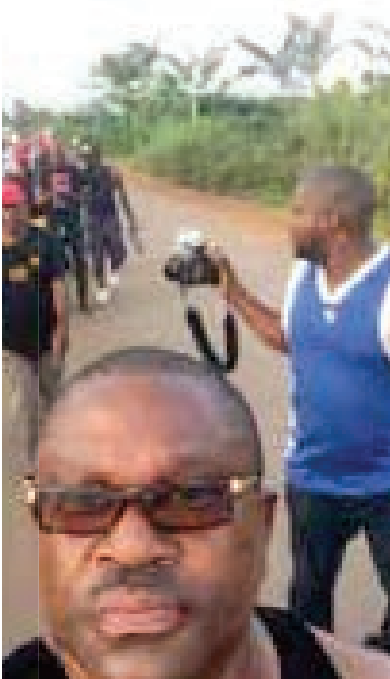
#### EXTERNAL ACTIVITIES

Flag-off of Medical check-Up for Seadogs and their Immediate Families during Q1, PWC at Hawkins Deck, Nov 4, 2016.



Commissioning of 1st **Purpose Built Medical Centre** for AP Host community undertaken by Olympus Marino Deck, April 15, 2017

Launching of **Medical Check-up for Seadogs** at venues of PWC Quarterly, Benbow 41st Renaissance Konverge, Aug, 2017



**Maiden 5-10 Km Endurance Walk** for Seadogs at Katamaran Q1, PWC, Nov, 2017.

**1st NAS Medical week**-Sun. Jan 7 Sat. Jan 13, 2018

**NAS Internal Medical Mission** on Board Kalahari Deck at Q3, PWC. May 4, 2018.

#### EXTERNAL ACTIVITIES

International Day for Street Children

advocacy- April, 2017

#### Lassa Fever awareness Campaign

Zanas, Hawkins and Ruwan Zafi August, 2017

#### Support for Benue flood Victims

Kalahari Deck- Sept, 2017

#### International Girl Child Day- Campaign

across the Flagship on Oct 13, 2017

#### Monkey Pox Awareness Campaign

Xkravos Deck Oct, 2017.

### NAS FREE MEDICAL MISSIONS

On board Atlantic Shores- Ikot Okudom Community- 234 Beneficiaries. Feb 3, 2017

On Board Benbow Deck- Arougba Community- 296 Beneficiaries. Aug 4, 2017

On Board Katamaran Deck- Ilodo Community- 591 Beneficiaries., Nov 4, 2017

On Board Olympus Marino- Orochiri Community-305 Beneficiaries., Feb 2, 2018

Dr Bassey Ntekim  
Head, Medical Services, NAS



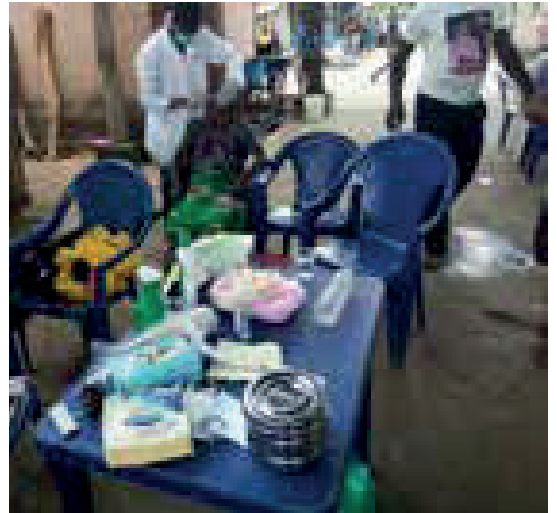
# NAS MEDICAL MISSION



## Bayelsa State NAS free Medical Mission at Otuasega Community in Ogbia LGA, Bayelsa State,

The 3rd quarter Oxbow Marino deck medical mission took place at the village play ground at Otuasega Community in Ogbia LGA, Bayelsa State, on Friday 9th June, 2017. The community has a population of about 6,000 persons children, adult and the elderly. The common areas the outreach focused on are General Medical Consultations and treatment with a pediatrician on ground, Dental Consultations (Extraction, Scaling and Polishing and Filling), Optometry Consultations (Prescription / Issuance of reading glasses) and distribution of insecticide treated bed nets to pregnant women and children under two years. There were records of multiple consultations in the different fields. The General Cottage Hospital and Shell Petroleum Development Company (SPDC) collaborated with the deck in this effort. The traditional ruler of the Otuasega community, HRH Claudius Enegesi thanked NAS for extending the hands of fellowship to the community.

**Summary of Clients seen:** Total number of clients seen during the mission = two hundred and fifty-two (252) Total consultations = two hundred and ninety one, 291.





# NAS MEDICAL MISSION

## Ilodo Medical Mission -Ogun State



### MISSION IN NUMBERS

#### DISEASE SPREAD

Diagnosis	Num.	Outcome
Epilepsy	1	Treated
Hypertension	33	Treated & Ref.
Diabetes	18	Treated
Post Stroke complications	86	Treated
Polio deformity	2	Treated
Chronic Stress Syndrome	18	
Arthritis	15	Treated
Hernia (Surgical)	3	Referred
HIV	27	(Neg.)
Glasses	57	Treated
Mosq. Nets	88	Inst. Treated
Deworming	131	Treated

Pregnancy (4)  
10 Referred after counselling

**TOTAL 256**



#### general demographics

**TOTAL No. Registered 256**

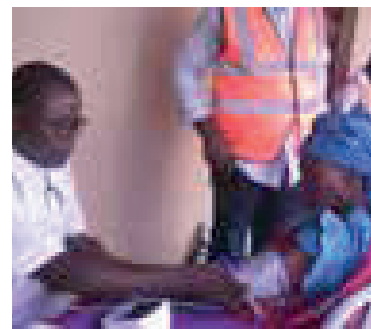
#### Sex

Adult Males **98** Females **123**

Children **131**

Attended to in over 6 hours.

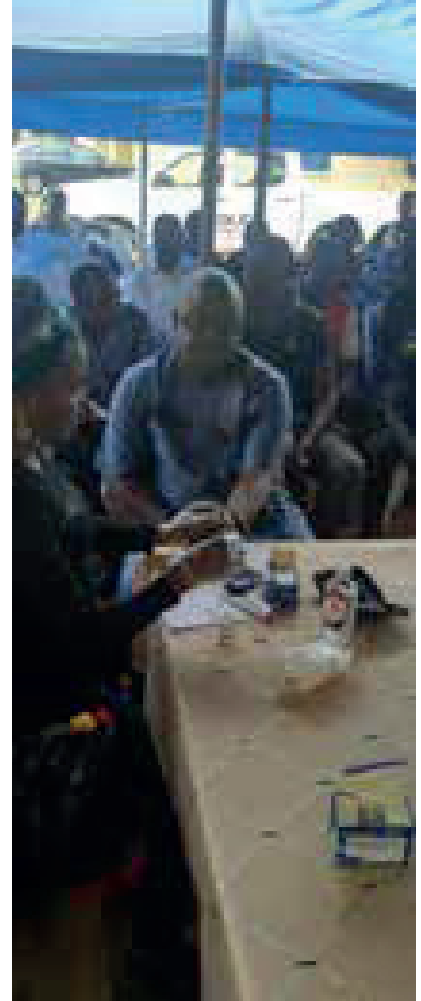
The mission was flagged off by the president of NAS Barr. Authur Boje. As expected it was a sight to behold. •A total of 256 Persons (27 Adults Male, 98 adult Female, and 131 Children) were attended to spanning over 6 hours. Diseases treated were as follows: Epilepsy 1 Diabetes 18 Hypertensive Heart Diseases 33 Malaria + associated minor ailment 86 Post stroke complication 2 Long standing polio limb deformity 1 Chronic Stress Syndrome 18; all presenting solely or as a combination of 2 or 3 of these ailments. 3 Surgical Cases (hernias) were seen and were Referred to Ijebu ode General Hospital for surgical intervention, with a desire to follow up and assist them financially to undergo the surgery. 12 persons were screen for HIV of which all were negative. 27 person had no specific ailment. 57 received corrective eye glasses while 88 had insecticide treated mosquito nets donated to them. All the children present were dewormed. Highlights of the Ilodo mission was the presentation of wheelchairs and crutches to all the physically challenged. Special thanks to Barrister Bayo Oshikomaya, the Chairman of the Ijebu East Central LCDA For donating 2 plots of land to us in appreciation to this gesture, for the building of our permanent branch office in Ijebu ode.





# NAS MEDICAL MISSION

## Nigeria Police Force (Sagamu Division) benefit from NAS Medical Mission



It was a memorable day in the history of the Nigeria Police Force (Sagamu Division) on Sunday, the 21ST day of May 2017 when the National Association of Seadogs, (Pirate Confraternity) in their typical humanitarian gesture organized Free Medical tests, diagnoses and possible treatments on Prostate Cancer, Diabetes Mellitus, High Blood Pressure, Body Mass Index (BMI) and Oral Health to the men and family members of the Division. The one in town program which was supported with drugs from the following Pharmaceutical Stores – Dabak (Sagamu), Odibros (Sagamu) and Healthon (Ijebu-Ode) kicked off by 9:00 am at the NPF Sagamu Division premises, Sagamu, and it had in attendance about one hundred members of NPF (including their family members).



### Summary Of The Diagnosed Patients

According to the Medical Experts- Many of the patients were clinically stable.



### MISSION IN NUMBERS

#### DISEASE SPREAD

Diagnosis	Num.	Outcome
Kidney Disease	1	Seen & Ref.
Hypertension	13	Treated
Diabetes	6	Treated
Malaria	1	Treated

**TOTAL 80**



### general demographics

TOTAL No. Registered **80**

#### Sex

Adult Males **55** Females **21**

Children **4**

Attended to in over 9 hours.



## NAS MEDICAL MISSION



The Rivers State Branch of the National Association of Seadogs (Pyrates Confraternity) on 29th April 2017 commissioned an Out Patient Medical Centre, to provide Free Medical Consultancy Services to the Okilton Community in Mgbuogba, Port Harcourt, Rivers State. The medical facility christened the Professor Anthony Sotonye Ekine Medical Centre, was conceived as a response to the health needs of residents of the immediate neighbourhood of the Association's Anchor Point (Club House).

At the commissioning, Branch President Mr. Amoni Orupabo described the Medical facility as the

### **National Association Of Seadogs Medical Mission Commissions Free Medical Consultancy Services To Host Community In Port Harcourt.**

first of its kind embarked upon by NAS in Rivers State and in the region. "We have installed in this Medical Centre modest but very modern medical facilities suitable to cover the full spectrum of a Primary Health Centre. The Centre will be open daily with a retinue of appropriate medical personnel including our members who are Consultants and Specialists in various fields of Medicine, who will be on call to offer Free Medical

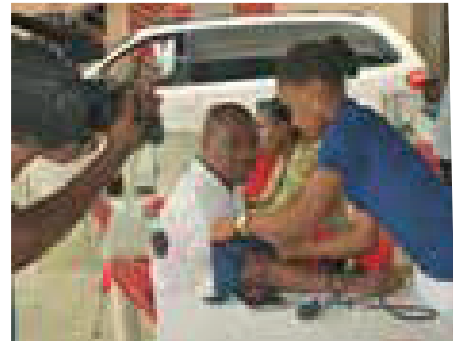
Consultancy Services to those residing within the environs of our host community" he said. He went further to enumerate other free medical advocacy activities that NAS has carried out in Rivers State including creating awareness against Lassa Fever in conjunction with the Rivers State Ministry of Health as well as several Free Medical Outreach programmes, etc. "This Medical Centre is one more contribution to



## NAS MEDICAL MISSION



our immediate society. Our hope is that it goes a long way in addressing some of the health challenges faced by the host community" Mr. Orupabo added. The Commissioning ceremony which was performed by the National President of the National Association of Seadogs (Pyrates Confraternity) Mr. Arthur Boje Esq., was preceded by a free medical outreach programme which witnessed the administration of free medical tests and dispensing of drugs to members of the community and other visitors by the team of qualified and experienced medical personnel. In his remarks, Mr. Boje reiterated the significance of the Medical Centre - "this facility which we commission today, is part of our commitment to society in line with one of our guiding principles - For Humanistic Ideals. It is an addition to many other interventions by our NAS Medical Mission which has gained a solid footprint globally. From remote suburbs to motor parks; from IDP camps to leprosy colonies, the humanity focus of our Association has brought relief to many



men, women and children who would otherwise have been unable to afford the medical care services provided". He went further to dedicate the Professor Anthony Ekine Sotonye Medical Centre to the glory of God and the service of humanity. The event also featured a talk shop on Healthy Living which explored ways which different categories of people can stay healthy through more positive health habits. A member of the Community who spoke at the event expressed thanks to the National Association of Seadogs (Pyrates Confraternity) for building and equipping the Medical Centre. "I don't know what to say, I feel happy that they have built this Centre here. It will go a long way to address our health needs. I can only tell them thank you and ask them to do more". The event drew scores of experienced medical personnel, members of NAS, the print and electronic media, and residents of the Okilton community amongst others.



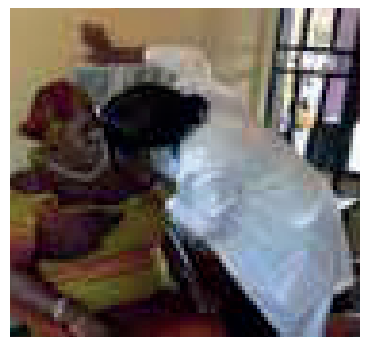
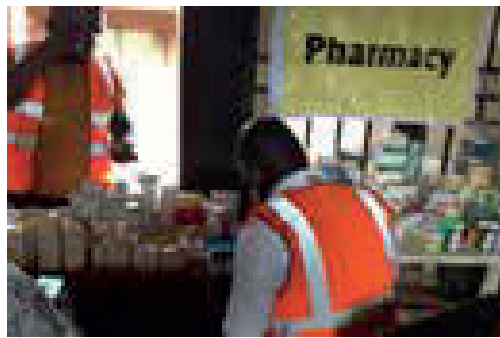


# NAS MEDICAL MISSION

Other Free NAS Medical Mission  
from the decks across the flagship



## BENIN, EDO STATE



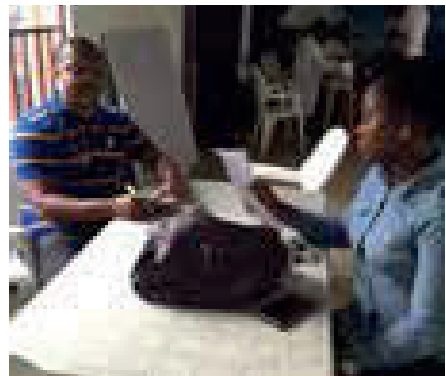
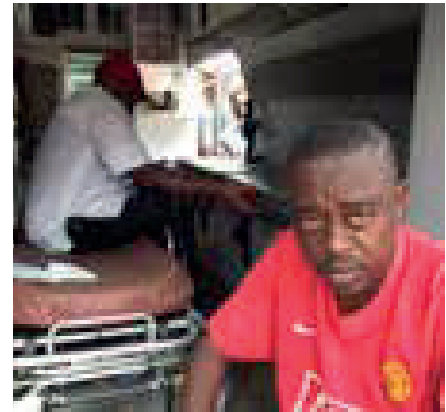
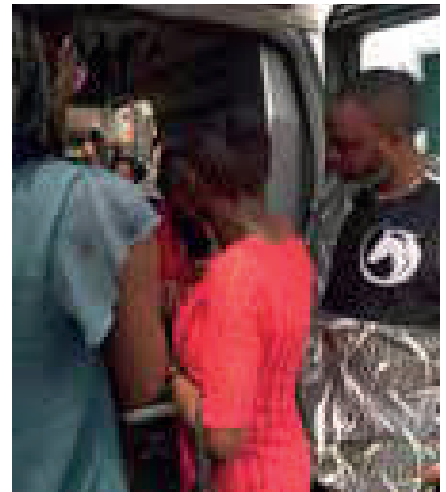


# NAS MEDICAL MISSION

Other Free NAS Medical Mission  
from the decks across the flagship



## PORT HARCOURT, RIVERS STATE





# NAS MEDICAL MISSION

## EKET, AKWA-IBOM STATE







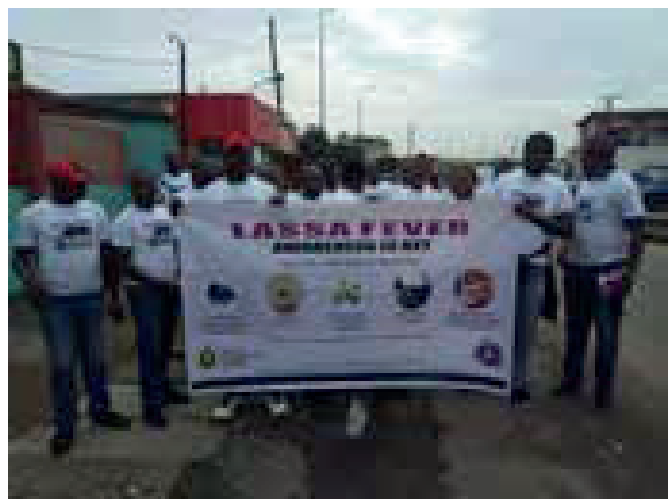
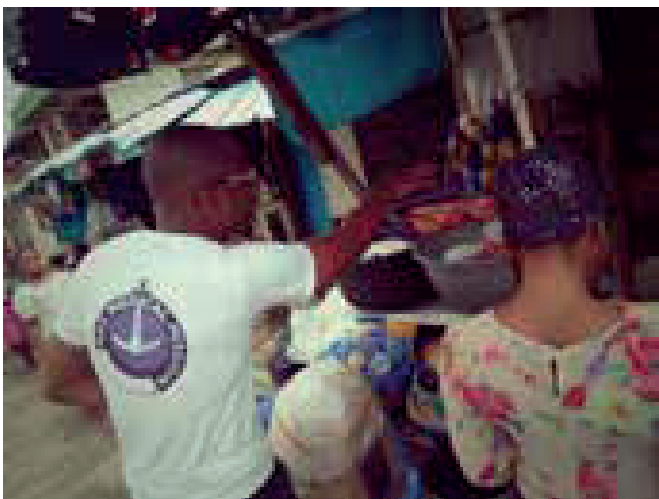
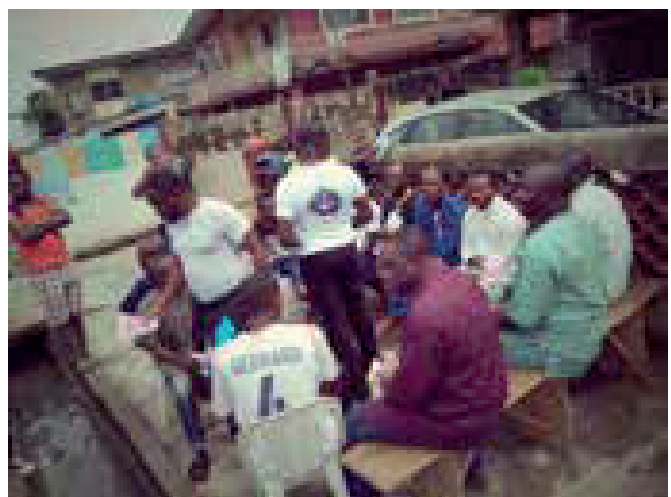
# NAS MEDICAL ADVOCACY



## Lassa Fever awareness Campaign in Alimosho and Agege Local Government Areas of Lagos State (Hawkins Deck)



The Lassa Fever Awareness Campaign was carried by Hawkins Deck to educate the general public within their immediate environs on the dangers associated with lassa fever, its symptoms and preventive measures to avert outbreak. The awareness campaign recorded great success going by the number of people engaged and their willingness to be educated. Feedbacks from people engaged were quite satisfactory, considering the fact that they assured seadogs of their willingness to continue the advocacy in their various homes/environs. The TV coverage from TV continental as well as newspaper coverage by Vanguard and ThisDay gave the campaign a robust mileage.





## NAS MEDICAL ADVOCACY

### Lassa Fever awareness Campaign in mainland areas of Lagos State (Zanas Deck)

Lassa Fever Awareness Campaign- Awareness Is Key  
A walk on Sensitization and education on the scourge of Lassa fever, preventive measures, identifying symptoms and seeking care, targeted at market traders, transporters, students, parents, senior citizens was held on 26 August, 2017.

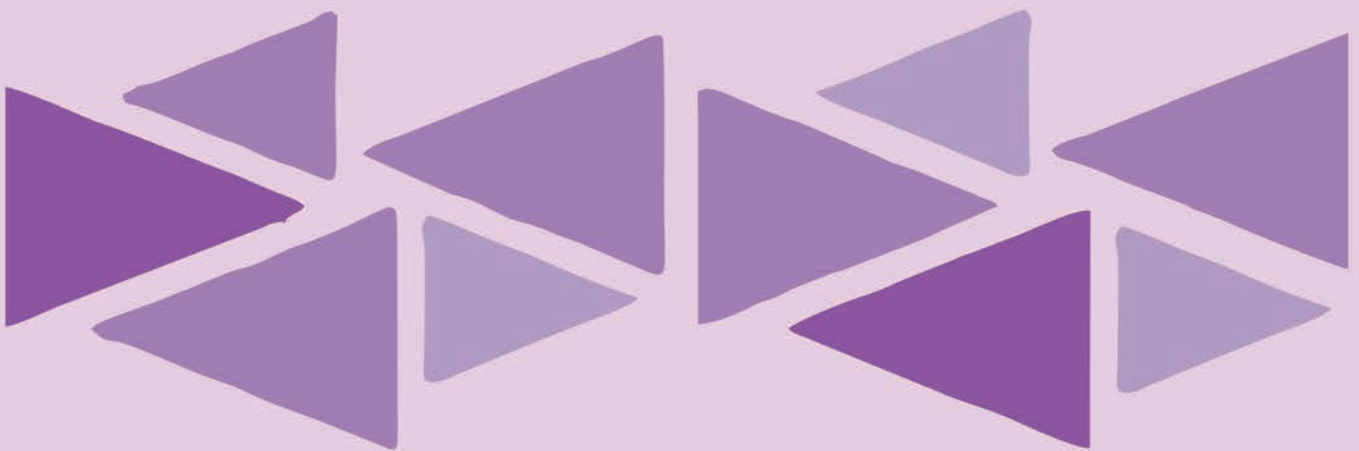




# NAS MEDICAL MISSION

## 2018-2020

Diagnosis ■ Treatment ■ Referrals



An Organ of :



**National  
Association of  
Seadogs**  
Pirates Confraternity

Twitter: NASPC1952  
Facebook: NASPC1952  
Instagram: NASPC1952  
NASwebsite: [www.nas-int.org](http://www.nas-int.org)  
NMMwebsite: [www.nasmedicalmission.org](http://www.nasmedicalmission.org)



**MISSION IN NUMBERS**

**Personnel used:**

- 8 Medical Doctors
- 8 Nurses
- 4 Laboratory Scientists
- 2 Stand in Pharmacist/Dispensers
- 3 Crowd Controllers

**Summary of Clients seen:**

Total number of registered clients and treated during the mission

**TOTAL : 297**

**Demographics of Client that were seen**

<b>Males</b>	<b>SEX</b>	<b>Females</b>
<b>100</b>		<b>197</b>

<b>Adults</b>	<b>AGE RANGE</b>	<b>Children &lt; 18 yrs</b>
<b>200</b>		<b>97</b>

**Age Distribution**

S/N	Age Range	Number
1	Under 5 yrs.	76
2	6 – 10 years	10
3	11 – 15 years	7
4	16 – 20 years	8
5	21 – 30 years	53
6	31 – 40 years	45
7	41 – 50 years	34
8	51 – 60 years	15
9	61 – 70 years	24
10	71 – 80 years	18
11	81 – 90+ years	7
	<b>Total</b>	<b>297</b>

**REPORT OF THE FIRST QUARTER  
NAS QUARTER MEDICAL MISSION**

**Introduction:**

The first Quarter NAS Medical mission was held in Otor Ogor township, Ughelli North Local Government Area (LGA) of Delta State on Friday 2nd November 2018. It was flagged off by the Vice President of the Association - Mr. Chiemeka Ozumba supported by the 2nd Vice President of the Association Mr Bart Akelemor and the Medical Officer of Health of Ughelli North LGA Dr. Uyovwieseewa Johnson. The occasion was graced by the traditional



**Majesty Okiemute Onajite Igere 1, the Ovie of Ogor.**





## MISSION IN NUMBERS

### DISEASE SPREAD

Diagnosis	Number	Outcome
Malaria	105	Treated
Hypertension	18	Treated & Ref.
Diabetes	4	Treated
Peptic Ulcer Diseases/ Gastritis	31	Treated
Myalgia/ Arthritis	26	Treated
Dermatitis and other skin conditions	8	Treated
Low Back Ache	10	Treated
Upper Respiratory Tract Infection	20	Treated
Urinary Tract Infection	3	Advised to do a Urine M/C/S

### Others which included

Pelvic Inflamm. Disease	(3)
Secondary Infertility	(1)
Eye conditions	(3)
Toothache	(2)
Candidiasis	(5)
Immunization	(55)
Deworming	(100)

### Laboratory Services:

Total number of clients screened for Malaria	= 38
Positive Results	= 9
Total number screened for Random Blood Sugar	= 12
Positive result for Diabetes Mellitus	= 4

A total of 297 Persons (100 Adult Male, 197 Adult Female), were attended to spanning over 8 hours. Among the persons were 76 children under 5 years.

# TOTAL: 297

## NAS MEDICAL MISSION

leader of the Community His Royal Majesty Okiemute Onajite Igere 1, the Ovie of Ogor. The Ogor community has an estimated population of 3,000 – 4,000 people and it is a community made up of four settlements of Oviri Ogor, Otor Ogor, Edjekota and Ow hodokpokpor. The community is served by a Primary Health Care center at Otor Ogor. The NAS medical mission in Ogor afforded NAS the opportunity of meeting some of the medical needs of the community by using the vast human resources of the organization in diagnosing, treating of common ailment as well as promoting healthy lifestyle with health promotion talks. It also provided a platform for the Delta State Primary Health Care Development Agency the opportunity of delivering other maternal and child survival interventions especially immunization of children as the mission





was done in Partnership with the Agency.

### **Advocacy & Social Mobilization:**

Advocacy was carried out to the Traditional Leader of the community and with support of the Ovie of Ogor, the Ogor Community Town Hall was provided for the mission. The Delta State Primary Health Care Development Agency was also contacted and made the Ughelli Local Government Area Primary Health care team to Partner with NAS to carry out the mission. Announcements about the mission were

made round the Ogor community using the community-based approach – town announcers and churches provided by the Traditional Leader and the Social Mobilization committee of the LGA.

### **Implementation:**

Implementation of the medical mission started as early 8:30 am with Health talks delivered by the Health Educator and team supported by the NAS team of medical personnel. Registration and screening desks were set up



manned by nurses that screened the clients by observing their vital signs prior to assigning them to the Consulting Doctors. NAS made use of the Medical personnel (Doctors and Laboratory Scientist) for the mission. The nurses were provided by the LGA PHC team. Crowd controllers were used to manage the crowd for orderliness. In addition to the treatment rendered to the children, immunization session for all antigens were undertaken by the LGA immunization team and it afforded the children the opportunity to catch up with their missed

antigens. Also, a mini measles campaign was carried out for all the children between 9 months and 59 months as the community previously experienced cases suspected of measles. Rapid diagnostics and screening for blood sugar level were carried out by the Laboratory Scientists to aid diagnosis.

Drugs were dispensed by the Pharmacy Technician.

The implementation commenced at 08:30 Hrs and finished at about 16:00 Hrs.

Malaria accounted for the highest single disease



## NAS MEDICAL MISSION

treated (105)

The Ogor community is an agrarian community and there were lots of adult population with those above 60 years accounting for about 16.5%. This accounted for most of them forming the bulk of clients that came with Hypertension, Diabetes mellitus, athralgia and myalgia. Other disease conditions treated during the medical mission include respiratory tract infections, peptic ulcer, dermatitis and other skin conditions, urinary tract infections, eye conditions, hernias and pelvic inflammatory diseases.

Laboratory screenings carried out during the mission include random blood sugar, malaria parasite rapid diagnostic tests and urinalysis to aid diagnosis as well as pregnancy test.

Five pregnant women were attended to in the course of the mission. A previously un-booked pregnant woman was counselled and referred to the PHC team for Ante Natal registration and follow up.

All under five children and some adults totalling 100 were dewormed while a severely malnourished child was referred to the PHC team for follow up. Referral for follow up was also extended to the Hypertensives, diabetics, ulcer and those with pelvic inflammation disease as well as those that needed surgical intervention (hernia cases). The LGA immunization team used the opportunity of the mission to do a mini follow up measles vaccination campaign targeting all children between 9 months and 59 months. This was very appreciated by the community as there were suspected cases of measles in the community prior to the mission. All under one children were given the antigen due them for their age and those that missed previously were

given the antigens due them. A seven-week child had his first shot of vaccinations during the outreach. The PHC team assured NAS that they will follow up to ensure the child completes his immunization schedule.

Long lasting insecticide treated nets were distributed to the pregnant women and the nursing mothers. Similarly, Systane I-Caps chewable eye vitamins and mineral supplement were also distributed to as many as possible. Generally, the 1st quarter medical mission was successful as evidenced by the large turn-out of clients and the expression of appreciation shown by the Traditional Leader of the community. Our appreciation



goes to the Delta State Primary Health Care Development Agency who partnered with NAS in this mission and used the opportunity to render services to the community. The LGA Executive Secretary/Medical Officer of Health – Dr Johnson Uyovwiese vba ensured that the Local Govt Health Educator made the announcement of the mission using the LGA social mobilization channels. We cannot thank the Traditional Leader of the community His Royal Majesty Okiemute Onajite Igere 1, the Ovie of Ogor enough for his warm reception, strong mobilization of the community, hospitality, making the community hall available for the mission and his being physically present to flag off the NAS medical mission the community.





MISSION IN NUMBERS

# MM2 2019

### DEMOGRAHIC ANALYSIS:

Total number of patients seen – 206  
 Male- 91  
 Female- 115  
 M:F – 1: 1.3  
 Children immunized -14

### Age Distribution:

Age Group (Years)	Num.
<5	21
5 to <10	10
10 to <18	7
18 to <40	64
>/40	104

### Morbidity:

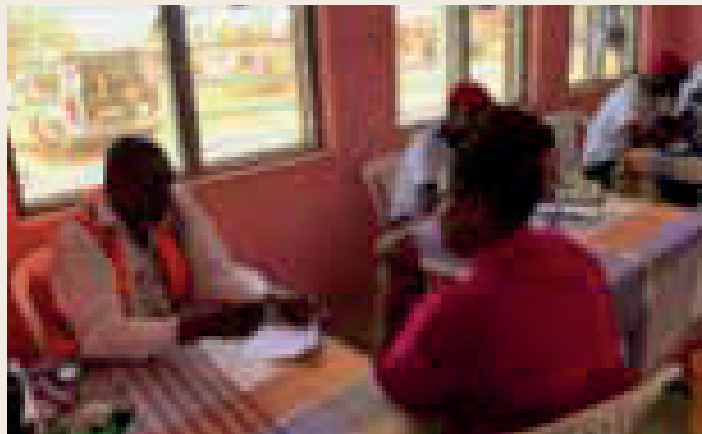
Morbidity Seen	Num.
Hypertension	45
Malaria	42
Helminthiasis	32
Pregnant women Seen on ANC basis	30
Upper Respiratory Tract Infection	21
Peptic Ulcer Disease	9
Diabetes Mellitus	4
Tenia Capitis	4
Cellulitis	4
Dermatitis	4
Gastroenteritis	2
Acute Pyleonephritis	1
Acute Abdomen	1
Otitis Media	1
Furuculosis	1

## REPORT OF QUARTER 2 NAS MEDICAL MISSION IN OSI, AKURE, ONDO STATE

This mission to place on the 1st of February, 2019 in Osi, Akure. A scoping mission was done earlier on the 15th of December 2018. Members of the deck Local Organising Committee, LOC and Health Safety and Advocacy Committee, HESAC, chairperson visited the Oba of the community. Mission commenced at 10am at the Primary Health Center within Osi community of Akure north LGA in Ondo state. The NAS Medical Team (NMT) was supported by 17 staff of the primary healthcare center. Mission ended at 6pm. Health talk was given on hygiene, hand washing and lassa fever.

### Laboratory Unit:

This was coordinated by the staff of the Primary Healthcare Centre, PHC, with supervision from NMT. Investigations like urinalysis, RDT for malaria, Retroviral Screening, random blood sugar and Pack Cell Volume were carried out. All 77 individuals who had retroviral screening after proper counselling , were all negative. We had, 8 medical doctors, 8 nurses, 2 laboratory Scientist, 5 pharmacists, 3 crowd control. 7 of the medical doctors and 1 of the nurses were seadogs. The rest were paid for their services.





MISSION IN NUMBERS

**DEMOGRAPHIC ANALYSIS:**

AGE GROUP (YRS)	NUMBER
</=5	46
6- 10	37
11 - 15	24
16 -20	27
21 -25	23
26 -30	53
31 - 35	30
36 - 40	18
41 - 45	6
46 -50	6
51 - 55	4
56 - 60	5
61 -65	1
66 - 70	2
71 -75	0
76 -80	5

Morbidity	Number
Malaria	129
Helminthiasis	44
Peptic Ulcer Disease	18
Pelvic Inflammatory Disease	18
Hypertension	16
Respiratory Tract Infection	12
Urinary Tract Infection	11
Protein Energy Malnutrition	4
Malaria in Pregnancy	3
Tinea Capitis	2
Allergic Rhinitis	2
Conjunctivitis	2
Arthritis	1
Scabies	1

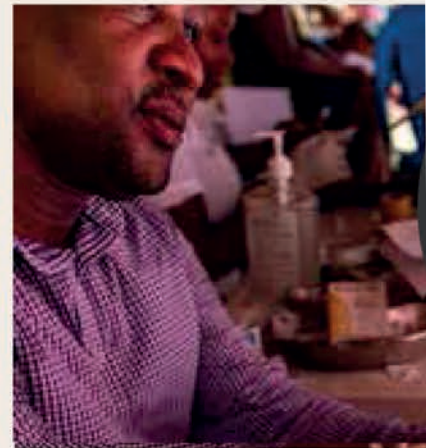
This was the last Pyrates Working Council, PWC mission for the 2018/19 sayle. A social mobilization was done in March earlier that year in the host community, with a visit to the leaders of that community called Dakibiyu which is a suburban town within Abuja. The mission was held in an old primary school compound surrounded by heap of solid waste and poor sewage drainage. It commenced at at about 9 am with support from staff of the FCT PRIMARY HEALTH CARE BOARD. From registration to consultation unit were already set up. Seadogs had to go home to encourage people to come for the mission. Over 300 individuals were seen; about 287 persons received medications after consultation, while 55 were counselled. We made available an ambulance in case of emergency cases that need to be referred. The head of the community, HRH Mallam Ishaku Lamish (Dakanchin Daki Biyu) was present to honour the occasion in the presence of NAS executive. Consultation was carried out by 10 medical doctors who are members of NAS and the laboratory unit was managed by 4 non-member who carried investigations ranging from RDT- for malaria, blood glucose level, urinalysis

MM3  
2019





QUARTER 3 NAS  
MEDICAL MISSION  
IN DAKIBIYU, ABUJA





**MM4**  
2019

**MISSION IN NUMBERS**

**DEMOGRAPHIC ANALYSIS:**

**Total number of**

**patients seen: 496**

Male: Female – 1:2.4

8 cases were referred to the general hospital via the PHC.

**Age Distribution:**

**AGE RANGE (YEARS) NUM.**

< 5	98
6 - 10	74
11 -20	74
21 -30	48
31 -40	73
41 - 50	59
51 - 60	42
61 - 70	24
71 - 80	1
81 – 90	1
91 -100	2

**Morbidity Seen:**

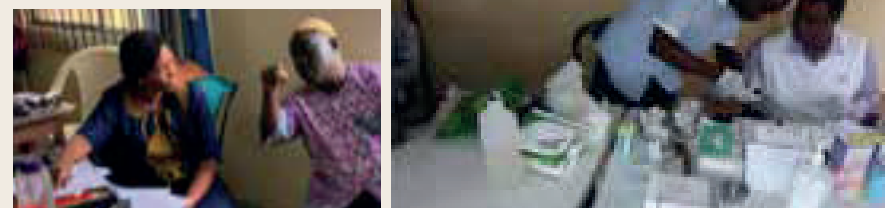
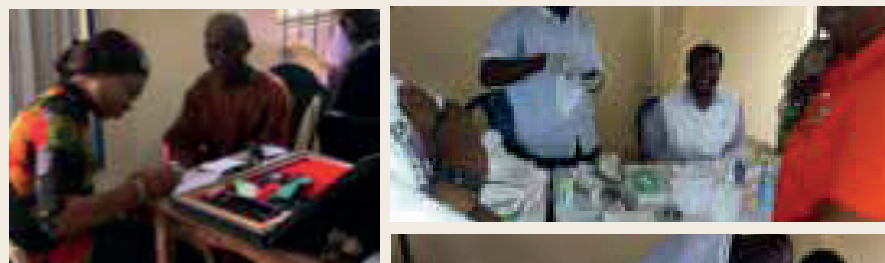
<b>Morbidity</b>	<b>Number</b>
Malaria	153
Upper Resp. Tract Infection	89
Hypertension	59
Peptic Ulcer	34
Pelvic Inflammatory Disease	23
Arthritis	23
Conjunctivitis	23
Urinary Tract Infection	22
Dermatitis	15
Spondylosis	14
Viral Exanthem	10
Scabies	5
Presbyopia	3
Dermatophytosis	3 ( Ref.)
Infertility	3 ( Ref.)

**REPORT OF NAS MEDICAL MISSION AT IKOTA, MAROKO, LAGOS STATE**

The mission took place at Ikota primary school after due consultation with the leader of Ikota in maroko LGA in lagos on the 8th of July 2019. Program started at 8 am, with assistance from staff of the primary healthcare facility at this location.

Over 400 individuals were registered and seen, with health talk given, immunization, breast feeding and hepatitis.

The Deputy Chairlady of the local government council was present at the mission.





## MEN IN CHAINS: STIGMATISATION, NEGLECT AND REJECTION

On 10th October in 2018 and 2019, the National Association of Seadogs (Pyrates Confraternity) (NAS/PC) joined hands with the rest of the world to raise awareness of mental health in Nigeria and in every country where NAS/PC has presence around the world.

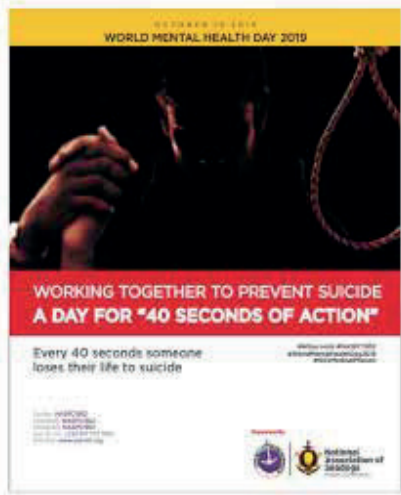
The 2018 NAS theme was focused on stigmatisation. Activities carried out across the 59 chapters included public awareness campaign, visitation to psychiatric hospitals in Nigeria, donations and townhall meetings at the grassroots' level.

The highlight of the 2018 activities which led to the resolve to continue combating the shackles of stigmatisation was the visitation to some psychiatric hospitals and care homes. The realisation that people living with mental health conditions are still being chained, neglected and traumatised in the 21st century reverberated the fact that people living with mental health conditions in Nigeria suffers huge stigmatisation that makes their lives worse, and recovery almost impossible.

On 10th October 2019, the NAS/PC once again joined the rest of the world to raise awareness on the increase of suicides in our communities and working together to significantly reduce the alarming numbers of individuals committing suicide.

In addition to the street campaigns and interaction with other stakeholders, the association also leveraged on its huge followership on social media to engage the public on the issue of suicide, mental health conditions and the social stigma.

The resolve of the NAS/PC is to continue to combat stigmatisation of mental health in Nigeria, help increase the awareness and a resolute stand not to give up until everyone experiencing a mental health problem gets the support and respect they need.



## MISSION IN NUMBERS



# MM5 2019

### DEMOGRAPHIC ANALYSIS:

A total of 266 patients were seen. Malaria had the highest morbidity, while children aged between 1 to 10 years were highest number of patients seen

### Age Distribution:

Age Group (Yrs)	Numb.	%
<1	11	4.1
1-10	59	22.1
11 - 20	41	15.4
21 -30	53	19.9
31 -40	42	15.8
41 -50	28	10.5
51 -60	19	7.1
61 -70	12	4.5
70 -80	1	0.4

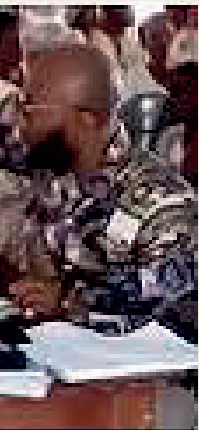
### Morbidity:

Morb. Seen	Numb.	%
Malaria	75	28.1
Upper Resp.		
Tract Infection	35	13.2
Helminthiasis	17	6.4
Hypertension	14	5.3
Pelvic Inflamm- atory Disease	8	3
Enteric Fever	8	3
Dermatitis	8	3
Bacterial Conjunctivitis	3	1.1
Scabies	3	1.1
Urinary Tract Infection	3	1.1
Diabetes Mellitus	2	0.75
Otitis Media	2	0.75
Arthritis	2	0.75
Peptic Ulcer Disease	2	0.75
Blepharitis	1	0.37

## REPORT OF NAS MEDICAL MISSION CALABAR, CROSS RIVER STATE

Quarter 1 NAS Medical Mission, fifth in the series of NAS medical Mission, held in Calabar municipality of Cross River State on the 1st of November, 2019. The mission was declared open by the paramount ruler of Calabar municipality, Ndidem Patrick Inok Oqua-Agbor. Prior to the mission, a scooping mission took place, with seadogs from Jokaina Deck visiting the leaders to inform them and seek permission for the mission to take place. On the NAS Community Cause visit to the Obong of Calabar, HRM Edidem Ekpo Okon Abasi Otu V, the Efik Monarch thanked and praised NAS for the medical outreach. The State primary healthcare board made sure we had the support of staff at the primary healthcare center within the community. A beneficiary, Mrs. Idara Sylvester said, "The government can't handle everything. I thank NAS and pray to God to bless them." Another beneficiary from the community, 80-year-old Enang Eso, commended the association and urged other groups and government to regularly conduct such medical missions as it helps the elderly and those who cannot afford to pay for medical services in hospitals.





## MISSION IN NUMBERS

Acne	1	0.37
Severe		
Malnutrition	1	0.37
Allergic		
Conjunctivitis	1	0.37
Pneumonia	1	0.37
Goiter	1	0.37
Bronchial		
Asthma	1	0.37
Epistaxis	1	0.37

### Ophthalmology Unit:

Total number of patients seen – 58

Total Number OF Lens Distributed -36

### Ophthalmological Morbidity

	Number	%
Presbyopia	22	37.9
Cataract	2	3.44
Glaucoma	1	1.72
Hyperopia	1	1.72
Astigmatism	1	1.72

### Number of beneficiary

266 persons, which include children and adults.

Males	90
Females	176
Children immunized	23

### MISSION TEAM:

8 medical doctors (members of NAS)

2 Optometrists

4 laboratory Scientist

2 pharmacist

20 Nurses ( One is a seadog)

All non seadogs were paid.

## MISSION IN NUMBERS

### DEMOGRAPHIC ANALYSIS:

**Total number of Patients seen**  
**-107**

Male	34
Female	73
Male:female	1 : 2.1
children immunized	23

### Age Distribution:

Age Range	Number	%
<1	8	7.5
1 -10	29	27.1
11 -20	12	11.2
21-30	15	14
31 -40	15	14
41 -50	13	12.1
51 -60	7	6.5
61 -70	6	5.6
71 -80	1	0.93
81 -90	1	0.93

### Morbidity:

Morbidity Seen	Numb	%
Malaria	31	29
Pharyngitis	12	11.2
Hypertension	10	9.3
Rhinitis	9	8.4
Arthritis	7	6.5
Diabetes Mellitus	7	6.5
Dermatis	6	5.6
Enteric Fever	6	5.6
Peptic Ulcer Disease	5	4.7
Pelvic Inflamm- atory Disease	4	3.7
Cyysis	3	2.8
Urinary Tract Infection	3	2.8
Otitis Media	2	1.9
Goiter	1	0.9
Helminthiasis	1	0.9

### MISSION TEAM

15 medical doctors  
2 Optometrist  
3 nurses  
2 laboratory scientist  
2 pharmacy Assistants  
5 crowd controllers



# MM6

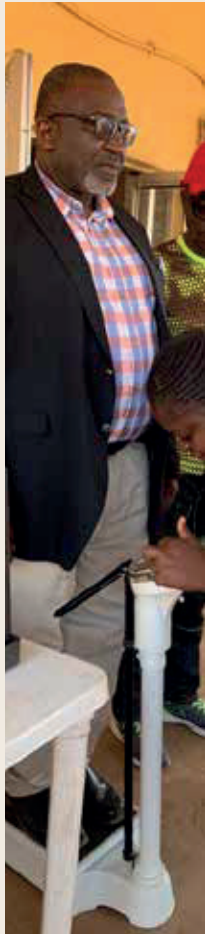
2020

## REPORT OF NAS MEDICAL MISSION IN OKPANAM, DELTA STATE

There was a scooping mission, with a visit to the Omu and Ugwu Ani of Okpanam community of Oshimili LGA of Delta State, prior to this event. Mission commenced at 10 am at the Primary Health Center (PHC) at Ogbe-Obi, Okpanam Community of Oshimili North LGA.

The NAS Medical Team (NMT) was present with 9 support staff from the PHC. The NAS Cap'n, Emmanuel Gbahabo and the NAS Second mate, Bart Akelemor, were present to flag off the event. Health talk was given on hand washing, proper hygiene and Lassa fever.

Laboratory Support was provided by the NMT, with testing for blood glucose level, RDT for malaria and pack cell volume (PCV).





# COVID-19



## THE HEALTH SAFETY AND ADVOCACY COMMITTEE, HESAC, SITUATION ROOM

The Situation Room made up of members of the Health, Safety and Advocacy Committee, HESAC, Deck Medic Mates or their Representatives, NAS Medical Pyrate, NAS Secondmate, NAS High Priest, NAS Buksaylor, NAS Balance mate and Then NAS Steerer, was set up with specific aims and objectives and Seadogs are constantly advised to adhere strictly to this.

### The objectives include:

1. Give healthy living tips to Seadogs on their Deck platforms.
2. Answer questions concerning Seadogs fears about COVID-19 in an unambiguous manner.
3. Report where gaps in managing the situation in your locality is noticed for action and possible escalation.
4. Monitor the health situation and state of Seadogs on board your Decks.
5. Report all cases of Seadogs affected in your Decks for necessary care, contact tracing and escalation if need be.
6. Where there are challenges with feeding of any Seadog.. First alert the deck leadership if nothing is done, then alert the forum for escalation to the Centre.
7. Advise Seadogs to avoid AP as much as possible, this is in compliance to the NAS Steerers signal to the flagship and that of the Government STAY HOME order.
8. Bring to the notice of responsible government institutions, observed violations of containment directives, while notifying this situation room as well.
9. Give regular reports on progress made by your respective Decks in combating Covid-19.

The intervention Group also monitored the impressive coordination of Palliative provided by the leadership of most deck across the flagship for their seadogs ranging from Food supplies, personal hygiene materials to direct disbursement of cash to their indigent members while others provide for all their deck membership across board. Medical Doctors were assigned to decks without one to both provide guidance and and screen FAKE covid-19 information circulating on social media.



# COVID-19 AWARENESS DRIVE ON SOCIAL MEDIA

**COVID-19 PANDEMIC ONLINE SESSION**

THE NEW zoom

Join our Zoom Webinar on July 2nd, 2020 at 11:00 AM. The webinar will be held in English and Hausa. The topics to be discussed include:

- 1. What is COVID-19?
- 2. How is it transmitted?
- 3. Symptoms of COVID-19?
- 4. How to prevent COVID-19?
- 5. How to treat COVID-19?
- 6. How to recover from COVID-19?
- 7. How to care for COVID-19 patients?
- 8. How to deal with COVID-19 in the workplace?
- 9. How to deal with COVID-19 in the community?
- 10. How to deal with COVID-19 in the family?
- 11. How to deal with COVID-19 in the school?
- 12. How to deal with COVID-19 in the market?
- 13. How to deal with COVID-19 in the public places?
- 14. How to deal with COVID-19 in the transport?
- 15. How to deal with COVID-19 in the entertainment?
- 16. How to deal with COVID-19 in the religious places?
- 17. How to deal with COVID-19 in the health facilities?
- 18. How to deal with COVID-19 in the government offices?
- 19. How to deal with COVID-19 in the private offices?
- 20. How to deal with COVID-19 in the homes?

Registration link: <https://www.zoom.us/j/92037902282>

**COVID-19**

A Threat to our Communities Existence

**Do NOT Panic, Do NOT Fret.**

Stay informed on COVID-19

0800-970000-10

**COVID 19**

Nichekwa Na Nkwado

0800-970000-10

**COVID 19**

say no to price hike!

The threat of COVID-19 is heavenly, it's **NOT** an opportunity to exploit customers.

**PRICE HIKE UNETHICAL EXPLOITATION.**

Support your community. Say NO to PRICE HIKE!

Let's join hands with the unity of nations, to combat the threat of COVID-19 to our existence.

"FOR COMRADESHIP AND CHEERLEADERS"

0800-970000-10

**COVID 19**

**IN APPRECIATION, WE APPLAUD**

0800-970000-10

**COVID-19**

A Threat to our Communities Existence

**Do Not PANIC Do Not FRET,**

0800-970000-10

**COVID 19**

Idabo Bo Abi Isora En

0800-970000-10

**COVID 19**

**safety & precaution**

0800-970000-10

**Safety and precautionary messages against the NEW CORONA VIRUS DISEASE.**

The new Corona Virus (COVID-19) is a global threat to humanity. It is a fast and deadly infectious disease, spreading & threatening human existence.

A Coronavirus is a type of benign RNA virus that can infect your respiratory system. There is no vaccine for coronavirus. To help prevent coronavirus infections, do the same things you do to avoid the common cold.

Follow the standardised instructions to stay safe:

1. Wash hands frequently with soap and water for at least 20 seconds.
2. Avoid close contact with people who have a fever, cough, or sore throat.
3. Avoid touching your eyes, nose, and mouth.
4. Avoid going to crowded places and indoor public spaces.
5. Avoid travelling to areas with ongoing cases of COVID-19.
6. Avoid travelling to areas with ongoing cases of COVID-19.
7. Avoid travelling to areas with ongoing cases of COVID-19.
8. Avoid travelling to areas with ongoing cases of COVID-19.
9. Avoid travelling to areas with ongoing cases of COVID-19.
10. Avoid travelling to areas with ongoing cases of COVID-19.

**RATAYA SUBBA DECK**

100% THE INFORMATION REPORTED ON YOUR PHONE APPLIES TO OUR LIFE.

**COVID -19**

THE PANDEMIC IN NIGERIA - RINACEA TO NATIONAL DEVELOPMENT

0800-970000-10

**COVID 19**

0800-970000-10

**COVID 19**

0800-970000-10

**COVID 19**

INTERVENTION PROJECT

**CONSCIOUS AND ABSTENTION OF PHARMY MEDICINE DEALERS FOR THE CONTROL OF COVID 19**

**STOP**

Corona Virus (COVID-19) also known as COVID-19 is an infectious and contagious disease caused by a new virus called SARS-CoV-2 virus. It is transmitted from person to person through droplets from sneezing, coughing, talking, and direct contact with infected persons. Other risk factors include contact with infected surfaces, contact with infected animals, and contact with infected environments.

The good news however is that it is not fatal and it is treatable. There is a vaccine for COVID-19 infection. However, the only way to prevent COVID-19 infection is to take steps to avoid contact with infected persons. There is a lot of social media posts that may have been shared previously.

Be safe with underlying medical conditions and the elderly.

Drug dealers can play a very important role in helping to control COVID-19 and curbing its spread. They can do this by:

1. Educating the public on the importance of wearing face masks and hand hygiene.
2. Educating the public on the importance of avoiding close contact with people who are coughing or sneezing.
3. Educating the public on the importance of avoiding crowded places and indoor public spaces.
4. Educating the public on the importance of avoiding travelling to areas with ongoing cases of COVID-19.
5. Educating the public on the importance of avoiding travelling to areas with ongoing cases of COVID-19.
6. Educating the public on the importance of avoiding travelling to areas with ongoing cases of COVID-19.
7. Educating the public on the importance of avoiding travelling to areas with ongoing cases of COVID-19.
8. Educating the public on the importance of avoiding travelling to areas with ongoing cases of COVID-19.
9. Educating the public on the importance of avoiding travelling to areas with ongoing cases of COVID-19.
10. Educating the public on the importance of avoiding travelling to areas with ongoing cases of COVID-19.

**STOP**

0800-970000-10

**COVID-19**

**BEWARE OF MISINFORMATION BEWARE FAKE NEWS**

0800-970000-10

**COVID 19**

Kiyeyewa Da Kula'wa

0800-970000-10

**COVID-19**

MITIGATION OF RISK FACTORS IN THE DRUG SHOP

1. Identify and assess risk factors in the drug shop.
2. Develop a risk management plan for the drug shop.
3. Implement the risk management plan.
4. Monitor and evaluate the risk management plan.
5. Review and update the risk management plan.
6. Report the findings of the risk assessment to the relevant authorities.
7. Provide training to staff on risk management.
8. Provide training to staff on risk management.
9. Provide training to staff on risk management.
10. Provide training to staff on risk management.

OTHER IMPORTANT ACTIONS TO CONTROL COVID-19

1. Avoid close contact with people who have a fever, cough, or sore throat.
2. Avoid going to crowded places and indoor public spaces.
3. Avoid travelling to areas with ongoing cases of COVID-19.
4. Avoid travelling to areas with ongoing cases of COVID-19.
5. Avoid travelling to areas with ongoing cases of COVID-19.
6. Avoid travelling to areas with ongoing cases of COVID-19.
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10. Avoid travelling to areas with ongoing cases of COVID-19.

0800-970000-10

**THE COVID-19**

Community Transmission, it's Impact on the vulnerable Immediate and Future Consequences

DR. GSI OJOMONI | DR. BEN EMERHI

SAT 4TH JULY, 2020

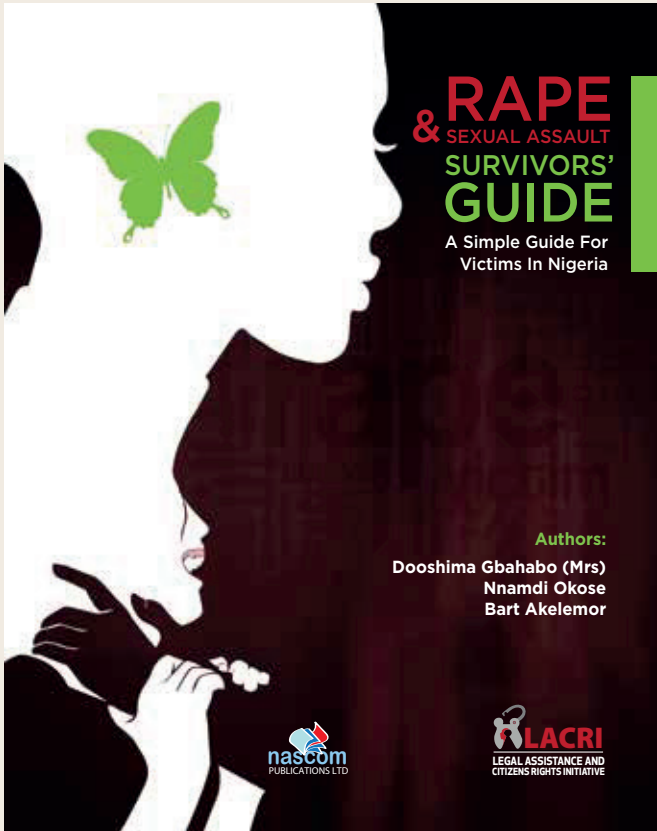
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**COVID 19**

**STOP THE STIGMA ON COVID 19 VICTIMS**

1. COVID-19 is not a disease.
2. COVID-19 is not a disease.
3. COVID-19 is not a disease.
4. COVID-19 is not a disease.
5. COVID-19 is not a disease.
6. COVID-19 is not a disease.
7. COVID-19 is not a disease.
8. COVID-19 is not a disease.
9. COVID-19 is not a disease.
10. COVID-19 is not a disease.

0800-970000-10



Attend social events with a group of friends and stay with the group. Do not leave your drink or food unattended. Do not accept drinks or food from a stranger or someone you just met, and avoid being isolated with someone you just met.

**4. Saying NO:**

If you find yourself in a compromising situation and refusing sexual advances, let your “No” mean NO; firm, assertive and clear.

**5. Protect Yourself on Social Media:**

Do not reveal too much information about yourself on social media.

**6. Keeping Protected:**

Endeavour to inform a close relative or trusted friend of your whereabouts and duration of stay. Have your phone fully charged and keep a speed-dial number.

It is hoped that this guide will provide a path to healing and psychological recovery for all victims and survivors of rape and sexual assault in Nigeria.

The NAS/LACRI Rape and Sexual Assault Survivors' Project is designed to address a huge gap in the management of rape victims and sexual assault survivors in Nigeria. Research evidence has shown that the dastardly act of rape and sexual assault is a life-changing and severely impacting experience that leaves indelible memory, as well as permanent scars on victims of rape's self-worth and life.

**BRIEF RAPE PREVENTION TIPS:**

These rape prevention tips are not foolproof. They are suggestions that may help you prevent being a rape or sexual assault victim **1.**

**Self and Environment Awareness:**

Be aware of your environment and in control of the conversation, and ensure to make a retreat and exit the environment if you become uncomfortable with the date or person.

**2. Follow Your Intuition:**

Listen to your intuition and trust your guts always avoid isolated places or areas.

**3. Reduce Social Risks:**

in providing valuable information on the subject matter, It must be noted however, that this document is not intended to create, and may not be relied upon to create, any rights, substantive or procedural, enforceable at law by any party in any matter civil or criminal. The opinions, factual and other findings, conclusions, or recommendations in this publication represent the points of view of the National Association of Seadogs and the Legal Assistance and Citizens Rights Initiative, and do not necessarily reflect the official position or policies of any of our other Partners or the Federal Government of Nigeria, and/or its agents.

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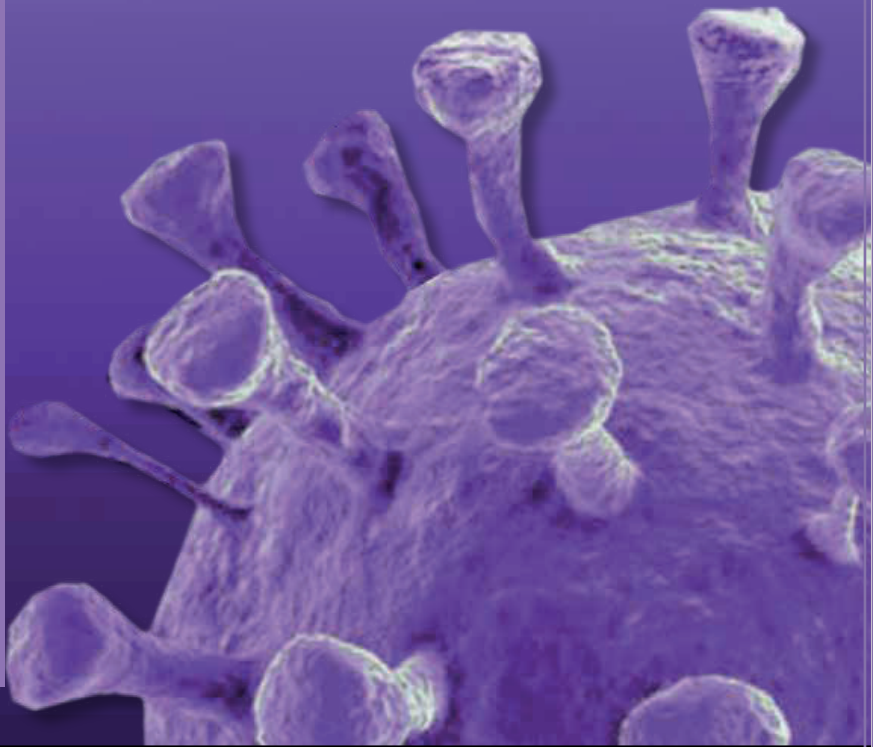


## COVID-19 AWARENESS

Covid-19 is  
**REAL!**

Beware of  
speculations, fake  
news and avoid  
stigmatisation.

If you feel unwell  
and experiencing  
symptoms, seek  
medical  
attention.



Twitter: NASPC1952  
Facebook: NASPC1952  
Instagram: NASPC1952  
Call Us On: +234 817 777 1952  
Website: [www.nas-int.org](http://www.nas-int.org)



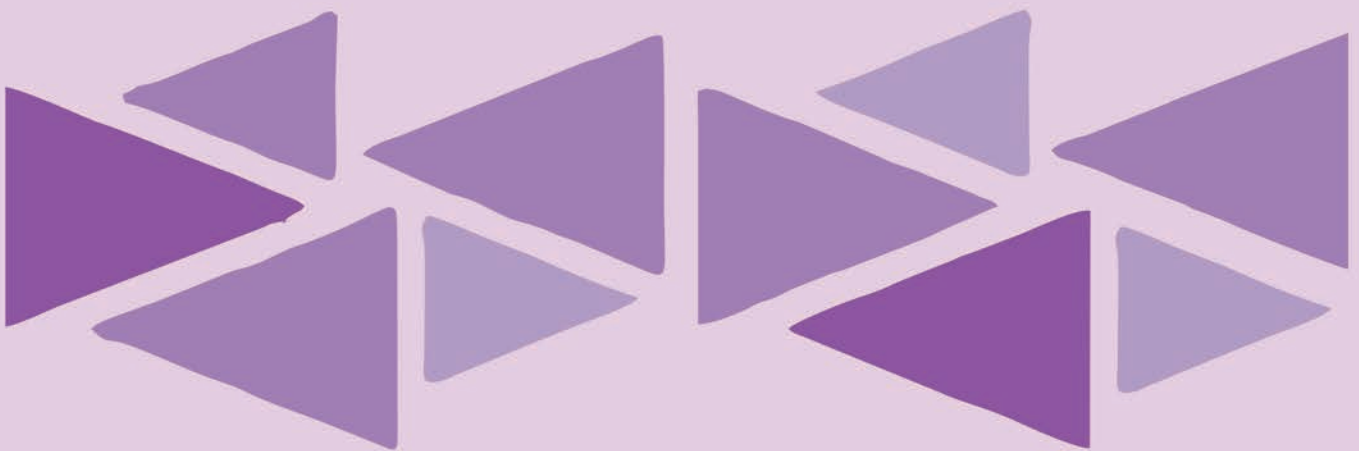
**National  
Association of  
Seadogs**  
Pirates Confraternity



# NAS MEDICAL MISSION

## 2020-2022

**Intervention ■ Advocacy ■ Community Engagement**



An Organ of :



**National  
Association of  
Seadogs**  
Pyrates Confraternity

Twitter: [NASPC1952](#)

Facebook: [NASPC1952](#)

Instagram: [NASPC1952](#)

NASwebsite: [www.nas-int.org](http://www.nas-int.org)

NMMwebsite: [www.nasmedicalmission.org](http://www.nasmedicalmission.org)

# LET US CHALLENGE OURSELVES IN THESE TRYING TIMES



A hoy seadogs as we prepare for the converge and come to the end of the 2020-21 short legged sayle, it is imperative that we look at where we are coming from. This year has been a challenging year for all of us especially with covid-19 pandemic. We have witnessed several lockdowns, travel restrictions, different covid-19 protocols and unstable economic climate. We have also witnessed some of us pass away and join the FGT assembly. While we have seen this number grow in the last short legged sayle, it is imperative that as a confraternity we must join hands to reverse this trend. We have seen the statistics. This may not be different from the life expectancy rate of Nigerians as published by the world health organisation. While the life expectancy rate is disappointing as the causes of death are quite preventable, we must as a confraternity rise above this trend and reverse these statistics of death. We must reduce the incidence of cardiac arrest, stroke, organ failure amongst us. Let us make and commit to lifestyle choices as we attend the Konverge. These lifestyle choices are not difficult, but we must put in the desired efforts. Let us kick out smoking and replace it with exercise. There is no SINGLE health advantage to smoking. Smoking DESTROYS

YOUR ORGANS. While we were young, it was cool because of pia pressure but as we cross the age of 30 years, smoking kills you. It will eventually get you; it is just a matter of time. Kick out consuming alcohol daily to 2 or 3 days a week and replace it with exercise on the other days. If you must drink on the 2 or 3 days, please drink responsibly. Let us challenge ourselves by reducing our weights by a minimum of 5 kg if you weigh above 70kg. Do you know that a reduction of just 5kg improves your cardiovascular health tremendously? Let us kick out unhealthy diet by eating healthy meals. Make sure you have one to two portions of fruits every day. I have mentioned exercise more than once just to let us know the importance of exercise. For those on medications, let us take them seriously especially the hypertensives and diabetics amongst us. Above all, let us have a health check -both physical and laboratory health checks once a year. Early diagnosis improves mortality and morbidity. Covid-19 is real. Get vaccinated and apply all other preventive strategies. Together we shall all grow old.

**Dr Charles Meribole.**  
*NAS Medical Pyrate/Head of NAS Medical mission*

## MISSION IN NUMBERS

### MEDICAL MISSION BY SPECIALTY/ CATEGORY

Categories	Number of Occurrence
Basic Life Support	1
Endocrinology	6
General health	3
Genetic Disease	1
Infectious Disease	22
Maternal & Child health awareness	1
Mental Health	7
Oncology	5
Ophtamology	2
<b>GRAND TOTAL</b>	<b>48</b>

### MEDICAL MISSION BY LOCATION/ PLATFORM

Location	Instances
Physical (Includes Outreach, Street awareness, street campaign, flyers distribution, COVID-19 Vaccination	29
Webinar	19
<b>GRAND TOTAL</b>	<b>48</b>

### ROW LABELS COUNT OF DECK

Endocrinology	6
General health	3
Genetic Disease	1
Infectious Disease	22
Maternal & Child health awareness	1
Mental Health	7
Oncology	5
Ophtamology	2
<b>GRAND TOTAL</b>	<b>48</b>

### ROW LABELS COUNT OF CATEGORY

Basic Life Support	1
Physical	29
Webinar	19
<b>GRAND TOTAL</b>	<b>48</b>



## GENERAL MEDICAL MISSION ACTIVITIES

MISSION	CATEGORY	DECK	MODE
Mental Health	Mental Health	Saxon	Webinar
COVID-19 vaccine awareness	Infectious Disease	Saxon	Webinar
Basic Life Support Training	Basic Life Support	Saxon	Webinar
Mental Health	Mental Health	Magna Carta	Webinar
AIDS awareness campaign	Infectious Disease	Magna Carta	Webinar
COVID-19 vaccine awareness	Infectious Disease	Magna Carta	Webinar
Diabetic Education	Endocrinology	Trafalgar	Physical
Diabetic Education	Endocrinology	Arabella	Physical
COVID-19 Myths and Facts	Infectious Disease	Zero Merididan	Webinar
Provision of Sickle Cell testing equipment	Genetic Disease	Zero Merididan	Physical
Breast Cancer Awareness	Oncology	Grund Ziro	Webinar
COVID-19 Awareness Campaign	Infectious Disease	Grund Ziro	Webinar
COVID-19 Hesitancy	Infectious Disease	Americana 1	Webinar
Education on Colorectal cancer	Oncology	Longhorn	Webinar
Covid-19 Vaccination Awareness	Infectious Disease	Aftashock	Webinar
Covid-19 Vaccination Awareness	Infectious Disease	Katamaran	Webinar
COVID-19 Vaccine Hesitancy	Infectious Disease	8quake	Webinar
Mental health Challenges	Mental health	8quake	Webinar
Covid-19 Vaccination Awareness	Infectious Disease	Hispaniola	Webinar
Free eye test and glasses	Ophthalmology	Hispaniola X	Physical
Free eye test and glasses	Ophthalmology	Hispaniola X	Physical
HIV/AIDS Awareness	Infectious Disease	Hawkins	Physical
Prostate Cancer Awareness	Oncology	Hawkins	Physical
Medical mission	Endocrinology	Saratoga X	Physical
Prostate Cancer Awareness	Oncology	Walrus X	Webinar
Mental health	Mental Health	Okavango	Physical
COVID-19 Sensitization Program	Infectious Disease	Ash Montana	Physical
COVID-19 Sensitization Program	Infectious Disease	Jolly Rogers	Physical
Diabetic Education	Endocrinology	Barracuda X	Physical
COVID-19 Vaccination	Infectious Disease	Barracuda X	Physical
Health care materials donations	General health	Olympus Marino	Physical
COVID-19 Sensitization Program	Infectious Disease	Sancta Riviera	Physical
Medical mission on jaundice and yellow alert	Maternal & Child health	Oxbow Marino	Physical
Cervical cancer	Oncology	Oxbow Marino	Webinar
COVID-19 Sensitization Program	Infectious Disease	Kalahari	Physical
HIV/AIDS Awareness	Infectious Disease	Jokaina	Physical
HIV/AIDS Awareness	Infectious Disease	Frigate	Physical
Mental Health	Mental health	Aqua Saporita	Webinar
HIV/AIDS Awareness	Infectious Disease	Samba Matanga	Physical
Diabetic Education	Endocrinology	Vito Corsica	Physical
HIV/AIDS Awareness	Infectious Disease	Vito Corsica	Physical
COVID-19 Sensitization Program	Infectious Disease	Sancta Bermuda	Physical
Medical equipment donation	General health	Rainbow Deck	Physical
Diabetic Education	Endocrinology	Dolphin	Physical
Mental Health	Mental Health	Aurora Flotilla	Physical
HIV/AIDS Awareness	Infectious Disease	Aurora Flotilla	Physical
Mental Health	Mental Health	Sahara	Physical
Medical Outreach	General health	Zuma	Physical

**CHECK PAGE 36 FOR INDEX OF DECKS AND THEIR GEOGRAPHICAL COVERAGE AREAS AROUND THE WORLD**

## THE NAS MEDICAL MISSION

As part of the core mandates of the National Association of Seadogs, we support the government and non-governmental organisations with charitable activities through numerous platforms, including the NAS Medical Mission which is a vehicle for carrying out health-related interventions in all the locations where we have our presence within and outside of Nigeria. NAS Medical Mission took place in various areas across the country. Due to the Covid-19 precautions and prevention regulations, it was decided that donations of PPE and Hand Sanitisers be made to Designated Primary Health Care Centres in our various localities.

The NAS Medical Mission ran a COVID Awareness and Prevention Campaign that culminated in the donations of PPEs and Hand Sanitisers across Nigeria. The NAS Capoon, Mr Abiola Owoaje also hosted a World Press Conference on the issue of the pandemic and the state of public health management in Nigeria with the Chief Medical Officer, Dr Charlse Meribole fielding questions from pressmen at the event.

### LAGOS STATE

## A MEDICAL MISSION TO ALIMOSHO IN LAGOS STATE

The National Association of Seadogs (NAS) Pyrates's Confraternity, through her medical outreach and non governmental organisation, known as the **NAS Medical Mission**, reached out to Nigerians all over the country with donation of thousands of Personal Protective Equipment, PPE,



including Alcohol Sanitisers and face masks. Primary Health Care Centre's across the federation like the **Bola Ahmed Tinubu Primary Healthcare Centre, PHC**, on Akowonjo Road, Egbeda, in Alimosho local Government of Lagos State benefited from the exercise .

**1000 Hand Sanitizers and 750 units of Nose Masks were presented to the grassroots modern healthcare facility** by the worldwide president of the Association, **NAS Cap'n Abiola Owoaje**.

The Medical Health Officer in charge of Alimosho Local Government Area, **Dr. Odunfunwa Kayode** and staff of the PHC were on ground to receive the NAS Capoon, Mr Abiola Owoaje and his entourage. The PHC was delighted to have the donations, especially on that day which turned







out to be Immunisation Day, with nursing mothers and other patients benefiting from the gesture of NAS. The NAS President in his remarks noted that the gesture serves as a proactive measure to sensitise and equip the masses of an impending wave of the Covid-19 resurgence, just as the global community has started experiencing the second wave in different parts of the world.

Speaking at the occasion, Owoaje informed the management of the healthcare Centre led by **Dr. Odunfunwa Kayode**, that part of the mission and corporate objective of the Association was to impact on the society wherever they found themselves the world over. Dr Kayode thanked NAS for their laudable gesture, "This is one of the best primary healthcare facilities in the state with two other Centre's under our purview. I must inform you that most private healthcare facilities in this local government are not as equipped and staffed with qualified medical personnel as this facility and we thank you for considering us worthy of receiving these donations today. Other corporate organisation have also intervened like you people have done today because of the quality of service we render here," he averred.

**A MEDICAL MISSION AT IMEKE KINGDOM, BADAGRY, LAGOS STATE**, which involved a health enlightenment seminar, free health checks covering blood sugar tests, prostate screening, free medical consultancy, and drug administration.

**A FREE MEDICAL OUTREACH AROUND THE ALPHA BEACH AND IGBO EFON COMMUNITY** environs. The outreach included free health consultation, distribution of prescription glasses for free. In collaboration with other medical partners, an offer was made to conduct free cataract eye surgeries for the worst 5 cases. A total of 89 patients were attended to during the event, numerous eye-



drop medications, and thirty (30) prescription glasses were also distributed.

- **Donated Pints of blood** at the Premier Hospital Lekki. On 30 December 2020.

**ABUJA, FCT**

In Ushafa Community, a medically underserved community in Bwari Area Council, over 100 patients were attended to, and insecticide treated mosquito nets were also distributed free to pregnant/nursing mothers, and to families with young children.

**EKET, AKWA IBOM STATE**

- A visit to the Cottage Hospital, Ibeno, in Ibeno Local Government Area. Medical and personnel protective equipment worth two hundred and fifty thousand toes (N250,000.00) were donated to the hospital.

**NEW YORK CITY, UNITED STATES OF AMERICA**

- Donated PPE items: 110 travel size hand sanitizers, 1,000 surgical gloves, 50 facemasks, 1,000 disinfectant wipes, worth \$250 to further assist other volunteers, workers, and the needy in their communities.

**PORT HARCOURT, RIVERS STATE**

- Free medical outreach on 1 October 2020 in Rumuolumeni Town, Obio Akpor Local Government Area of Rivers State. The event commenced by 10:00hrs at the Rumuolumeni Community Centre (Obiri Mbalekpe) with over a hundred and fifty people in attendance. Highlights: Health Talk Shop on: Colorectal Cancer, COVID-19 and General Health.

- **Donation of Free Medical Equipment and Drugs** to the Rumuolumeni Primary Healthcare Centre. And distribution of Face Masks, Hand Sanitizers and Mosquito Nets.

**YENAGOA, BAYELSA STATE**

- Held a Medical Mission / Interventions program on 24 January 2021 at the Ogbogoro

Town Hall, Yenagoa, Bayelsa State in collaboration with Tiny Hearts Technology and Love2Slum foundation. The awareness program on Jaundice/Yellow Alert (a Maternal & Child Health awareness) for pregnant women and other women that are still giving birth. Items distributed are Chord clamps, maternity pads, diapers, liquid wash, and methylated spirits.

**MEDICAL ADVOCACY AND INTERVENTIONS**

**LAGOS, LAGOS STATE**

- NAS identified Ms Abdulsalami Atepasile, a 10-year-old living with paralysis, and provided her with medical support at the Ikorodu general hospital. Supplements/ medicine, kneel support, Ankle boot, and a standing aid were paid for at the cost of N65,000.

**COVID-19 VACCINE AWARENESS**

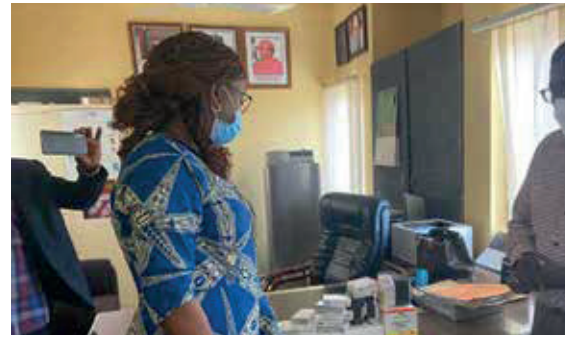
Health awareness, education, and promotion about COVID-19 vaccine through several webinars. The programmes carried out by NAS chapters worldwide were aimed at reducing Vaccine Hesitancy, demystifying the myths surrounding the covid-19 vaccine, sensitizing and encouraging the uninformed, and clearing the air of false narratives to reduce Vaccine Hesitancy.

**ABEOKUTA, OGUN STATE**

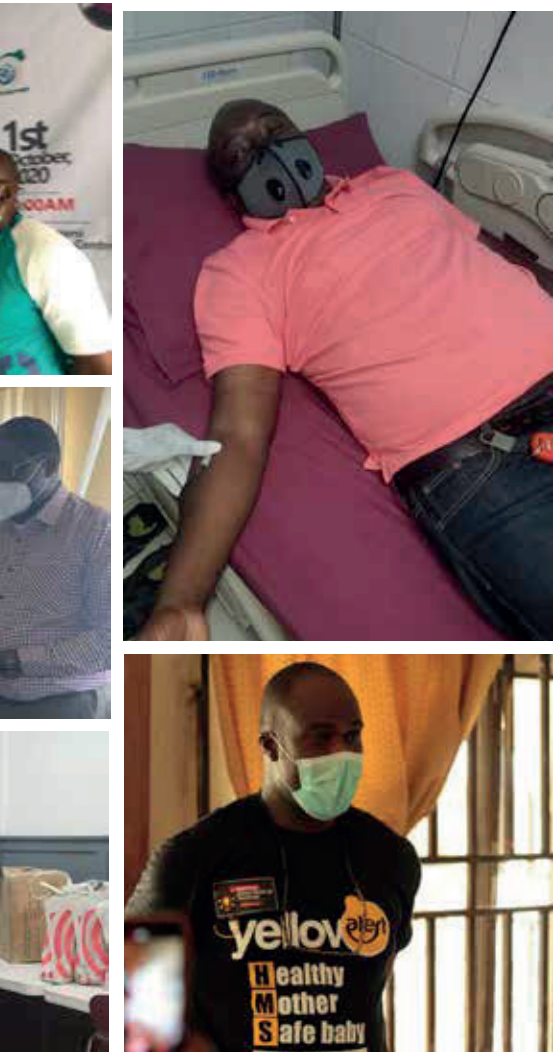
- Organized a COVID-19 Vaccine Awareness by bringing the state health officers to administer Covid-19 vaccine at the permanent anchor point to members of their immediate community. A total of 46 people participated in taking the 1st jab of the vaccine, and 56 people participated in the 2nd jab respectively.

**IJEBU ODE, OGUN STATE**

- Organized a COVID-19 Prevention and awareness program targeted at



the Nigeria Police Force, Ijebu-Ode Grammar School, Ijebu-Ode Local Government, Primary Health Care Ijebu - Ode LG and the So – Safe Corps, Ijebu Command. During the program, NAS Medical Mission branded Personal Protective Equipment (PPEs) were donated to the various



institutions and organizations.

**LAGOS, LAGOS STATE:**

- Organized a COVID-19 Vaccine Awareness webinar on 11 April 2021, themed COVID-19 VACCINE 101, to help debunk the conspiracy theories about the covid-19 vaccine,

and enlighten participants on how the vaccines work, its efficacies, and safety.

**OWERRI, IMO STATE**

- Produced a billboard with COVID-19 safety protocols messages to deepen the awareness on COVID-19 within Owerri and metropolis. The billboard is located at a very strategic location in Owerri-MCC junction by Wetheral Road.

**ABAKALIKI, EBONYI STATE**

- Provided routine drugs and treatments for the inmates of the Sick Bay at the St. Vincent D’ Paul Old Peoples’ Home, Abakaliki.
- Paid the wages of the medical personnel to ensure that all medical issues of the inmates are taken care of.
- Facilitated the completion of a pavement that enhances the ease of movement of disabled inmates of the St. Vincent De Paul Old Peoples’ Home, Abakaliki.

**NEW YORK, UNITED STATES OF AMERICA:**

- Created a ‘one minute eight seconds’ Covid-19 vaccine awareness clip that is focused on sensitizing and encouraging the uninformed and clearing the air of false narratives to reduce Vaccine Hesitancy. The video was widely circulated through social media handles.

**LONDON, UNITED KINGDOM**

- On Saturday, 10 April 2021, donated two sickle cell genotype testing equipment purchased for £1869.00 in September 2020 were presented to the CEO of TunMicro Foundation, Mr Ismail Sule, who was full of praise for NAS. He said the equipment will save thousands of lives.

**MENTAL HEALTH INTERVENTION/ CHARITY**

The peculiar social architecture of the ongoing COVID-19 pandemic serves to further highlight the

interconnections between mental health disorders, physical health, and the general condition of the society. The impact of the pandemic has exposed the deep inequalities, ignorance, and deepening levels of neglect and poverty experienced by many, causing further mental distress and vulnerability. This sad situation is felt more starkly in low and medium-income countries such as Nigeria. National Association of Seadogs had robust mobilization and sensitization advocacy programmes geared towards creation of stakeholder/public awareness on issues bordering on the health needs of the citizens, provision of comprehensive, integrated, and responsive mental health and social care services in community-based settings, implementation of strategies for promotion and prevention in mental health and strengthening of information processes in our mental healthcare systems. Various Medical activities carried out by NAS chapters worldwide included but not limited to public education, free healthcare services by our healthcare professionals and experts, road show, and distribution of relevant literature:

**HERTFORDSHIRE, UNITED KINGDOM:**

- The 100km Peak District Challenge to raise awareness of, and money for the great work Amaudo Mental Health Charity is doing in Nigeria. This challenge saw 6 Seadogs and a woman embark on a brutal 100km trek over rugged terrain that included multiple 400m climbs. Their efforts were able to raise £3,548 for Amaudo Mental Health Charity.

**LOS ANGELES, UNITED STATES OF AMERICA**

- Made a financial donation to St. Jude Children’s Cancer Research Memphis, Tennessee, whose mission is to advance cures, and means of prevention for catastrophic pediatric cancer through research and treatment.



## NAS MEDICAL MISSION

# STILL BRIDGING THE EVER-WIDENING HEALTHCARE DELIVERY INEQUALITIES

The NAS Medical Mission, over the years has engaged various stakeholders who shared our mission and vision to bridge the ever-widening healthcare delivery inequalities in most hard-to-reach communities within Nigeria. The mission based her organisational structure coordinated multilayered health projects at the Decks, Areas, and Centre levels respectively. This is in keeping with the ideology of the humanistic ideal, one of the core values of NAS.

Though COVID-19 posed a major setback for mounting physical Medical Missions following local guidelines on infection prevention and spread, this was sustained with the emergence of new omicron variants. Despite this challenge, we successfully delivered physical NAS Medical Missions adhering strictly to public health protocol under the guidance

of the NAS Health & Safety Advocacy Committee, HESAC under the supervision of the NAS Medical Pyrate.

Part of the mandate of this committee include:

1. Provide health and safety tips to the organisation.
2. Provide guidelines and support for the organisations of medical webinars and conduct Medical Missions by local and international chapters (Decks).
3. Plan and execute NAS Medical Missions and other external programs related to health and safety.
4. Provide an interactive and synergistic platform to assist Deck Medic Mates in health or safety-related issues concerning their Decks.





**ONIPE VILLAGE, Oluyole  
Local Government  
Area, in Oyo State**

**NAS MEDICAL MISSION**



Over 34 chapters of the organisation off and onshore, participated in different forms of the NAS medical programs across the period under review. While some celebrated internationally recognized medical days, others conducted webinars on advocacy and public enlightenment on other health related matters including COVID-19.

The number of participants/beneficiaries of these programs by Decks can never be quantified as some programs (physical missions/webinars) may have a specific number of attendees, however, radio programs and their reach may be difficult to quantify, including those who may have access to our activities only on social media.

Most personnel used for the NAS Medical Missions, webinars, and radio advocacies are primarily Seadogs however we have had a lot of collaborations with external resource persons during our intervention programs. Across the organisation, there were no fewer than 200 volunteers during our intervention programs.



## Interventions

Interventions by the NAS Medical Missions include:

1. Provision of free medications to the less privileged
2. Provision of free medical consultations
3. Advocacy for better health-seeking behaviours
4. Awareness creation on other health-related matters/ and observance of international medical days.
  - Funding for most of these projects and programs had been through contributions from seadogs and in a few instances donors and partners.
  - No fewer than 1456 persons were seen during our physical Medical Missions:

## Hosting Criteria

A prerequisite to hosting a NAS Medical Missions involved the hosting deck planning with the NAS Medical Pyrate a scoping mission to identify a community within their jurisdiction aimed to validate the following:

- Suitable community that meets the NAS Medical Mission requirement.
- Common illnesses seen within the community.
- Notification of relevant authorities for approval to make use of the PHC facility.
- Provision of necessary logistics for manpower and transportation of materials and personnel for the NAS Medical Mission.
- Sensitization and community mobilization of the benefiting communities to the NAS Medical Mission.

## Conclusion

COVID-19 pandemic slowed the pace of physical NAS Medical Missions following government restrictions and local health guidelines. However, the physical NAS Medical Missions have picked up since we started learning to live with COVID-19.

We are grateful for the immense and selfless contributions of all who made the NAS Medical Mission a success.

During the period under review, two Quarterly NAS Medical Mission projects were delivered successfully.



## NAS MEDICAL MISSION IN NUMBERS BY SPECIALTIES AND CATEGORIES

• Endocrinology/Diabetes Mellitus et al -	145
• Hypertension -	177
• Ophthalmology (Eye disorders /Glasses issued) -	338
• Dermatology/Skin infections -	26
• COPD/Lung diseases -	12
• Communicable diseases (HIV/AIDS) -	17
• Diarrhoeal diseases -	38
• Malnutrition -	69
• Arthritis -	32
• Malaria -	367
• STIs -	35
• Asthma -	17
• Peptic Ulcers -	36
• Child Health Awareness/Immunization -	104
• Pregnancy-Related Conditions -	24
• Emergencies (Referrals) -	8
• Mental Health -	7
• Sickle Cell Disorder -	4

## CASES SEEN BY AGE DISTRIBUTION

• Paediatrics -	387
• Adults -	774
• Geriatrics -	295

**TOTAL: 1456**



An Abridged Report of NAS Medical Mission 2010 - 2024



# Q2 MISSION



## Mbiabo-Itam community, in Itu LGA of Akwa Ibom State on the 3rd of February, 2022.

The 2nd Quarter PWC was held on board Sancta Riviera Deck. As part of the PWC the statutory NAS Medical Mission was carried out at Mbiabo-Itam community, in Itu LGA of Akwa Ibom State on the 3rd of February, 2022.

Prior to the project I and my team had a courtesy visit to the commissioner for health and got not only his express permission but collaboration with the state ministry of health. Other key stakeholders were visited to drive traction for the success and community mobilization.

**Twenty Medical Personnel were mobilized** to cater to the health needs of the community.

### Services provided included:

Basic Medical Checks (B.P, weight, temperature)  
Laboratory services (Malaria Parasite test, Fasting, and Random blood sugar, Retroviral Screening)  
Medical Consultations

- Eye checks
- Health Talk
- Referrals

**The NAS Medical Mission attended to a total of 238 persons with the following breakdown.**

Males: **107**  
Females: **131**

They were offered counseling and were approximately referred to enlist in the treatment program. Also presented medical emergencies were stabilized, counseled, and with other deserving cases like poorly managed CVAs, spinal teratoma, severe Malnutrition, and glaucoma were all referred to the University of Uyo Teaching Hospital (UUTH) for further care and follow-up.

### COMMON CASES SEEN DURING THE NAS Q2 MEDICAL

#### MISSION INCLUDE

- Malaria
- Hypertension
- Diabetes Mellitus
- HIV/AIDS
- Upper Respiratory Tract Infection
- Typhoid
- Urinary Tract Infection
- Bronchial Asthma
- Diarrheal disease
- Poorly managed
- Cerebrovascular accidents
- Severe Malnutrition
- Sepsis
- Spinal Teratoma
- Cases of HIV that were incidentally detected after due pretest counseling and testing, had post-test





# Q3 MISSION



## Primary Health Care Centre at Onipe village, of Oluyole Local Government Area, in Oyo State on **Thursday 5th May, 2022.**

The 3rd Quarter NAS Medical Mission was conducted at the Primary Health Care Centre at Onipe village, of Oluyole Local Government Area, in Oyo State on Thursday 5th May, 2022.

Onipe village comprises both indigenous and non-indigenous residents who are mainly civil servants, artisans, and farmers. The NAS Medical Mission team, on arrival, paid a courtesy visit to the traditional leaders, Baale Opaley, the resident pastor, Reverend Odesola Dele, and a member of staff, Onipe PHC headed by Nurse Balogun. These were to ensure a large turnout of beneficiaries from the community.

The NAS Medical Mission was done in collaboration with the Oluyole Local Government Primary Health Care Development Agency. The Oluyole PHC Coordinator applauded the choice of the community for the free NAS Medical Mission outreach and ensured collaboration with manpower support from the Local Government Area Health facility staff.

The NAS Medical Mission was of great help to members of the community.

### Number of Participants

The NAS Medical Mission was conducted by her team of medical experts and other ad-hoc staff in the following departments:

- Doctors
- Nurses
- Laboratory Scientists
- Pharmacist
- Optometrists
- Medical Record Officers

### COMMON CASES TREATED AT THE NAS Q3 MEDICAL MISSION INCLUDE

- Malaria
  - Hypertension
  - Diabetes Mellitus
  - Low back pain
  - Dental problems
  - Eye problems
  - Helminthiasis
  - Diarrhoeal diseases
- Newly diagnosed patients with serious ailments were referred for follow-up to the nearest level of health care.

- Medical Health Assistants

The NAS Medical Mission attended to a total of 370 persons with the following breakdown.

Adult males	(18 to 60 years)	98
Adult females	(18 to 60 years)	132
Male children	(less than 18 years)	49
Female children	(less than 18 years)	52
Male aged	(more than 60 years)	17
Female aged	(more than 60 years)	22

### Conclusion:

As part of our expectation, we believe these NAS Medical Mission interventions impacted positively on the life and health indices of the good people of Mbiabo Itam community of Itu LGA of Akwa Ibom state and Onipe village, Oluyole Local Government Area, Oyo State.

These drive by the National Association of Seadogs – Pyrate Confraternity is part of its core humanistic values in ensuring that the weak and less privileged in the society are cared for via our charitable interventions.

The NAS Medical Mission intervention revealed that the communities have poor health-seeking behaviour and are under-served by the health delivery system.

It is expected that these interventions by NAS will help improve the health indices amongst the people in these communities while helping them to stay healthy and be more productive for their families, community, and the nation at large.

We are faced with challenges of robust funding but working towards harnessing better partnership opportunities and developing a crowdfunding system for future projects.



An Abridged Report of NAS Medical Mission 2010 - 2024





## NAS MEDICAL MISSION FROM LOCAL CHAPTERS

### Abuja, **FCT**

- Identified Kuchibiyi, an Abuja community with limited access to government benefits, and embarked on a medical intervention that reached over 200 people (adults and children).
- There was a deworming session, diabetes tests and general medical treatments. Serious cases were registered and considered for further follow up, through the medical doctors in the branch.



### Makurdi, **BENUE STATE**

- Partnered with Benue State on a Free Medical Outreach. The Medical/ Health Lecture held on 30 April 2022, was to the benefit of Wadata area of Makurdi, Benue State. Free medical outreach was to educate, test and refer where applicable based on blood glucose, blood pressure, HBSAG, HCV, HIV and to correct optic errors in a chosen locality. Key milestones include awareness and education of the community on healthy lifestyle practices, prevention, and control of the above-mentioned conditions.



### Owerri, **IMO STATE**

- Embarked on a project/program titled, "Mission for Vision" held on 23 April 2022 to 26 April 2022 to the benefit of Owerri and its environs. The project provided free eye care for men, women, and children within and around the town. About 400 treatable eye conditions were attended to. Free medication and free glasses were given out to 94 persons who required them. About 20 eye surgeries were carried out with diagnosis made.
- On Monday, 25 April 2022, those who were scheduled for scheduled for eye surgery were attended to and this extended to 26 April 2022. In all, 20 eyes were operated on, and this program was covered by Arise TV and Plus TV.



### Ogoja, **CROSS RIVERS STATE**

- Held a Medical Outreach program in Adagom community in Ogoja L.G.A, Cross River State. 110 people were examined for vital signs check, blood pressure, blood sugar, hepatitis and tuberculosis.

### Uyo, **AKWA IBOM STATE**

- Commissioned a sick bay on 3 February 2022. This facility is open to the host community 3 times a week from 5pm to 7pm.
- Community free medical outreach on 18 June 2022. Services rendered were medical consultations, distribution of free drugs, ophthalmology consultations and distribution of free reading glasses, dental consultations with scaling and polishing, random blood sugar check and other services. More than 100 members of the community were beneficiaries of the medical outreach.

### Yenagoa, **BAYELSA STATE**

- Collaborated with Tiny Heart Technology to commemorate the World Cerebral Palsy Day on Thursday, 7 October 2021, where children displayed their visual artwork as well as other presentations to kick off the Cerebral Palsy Awareness campaign.

### Makurdi, **BENU E STATE**

- On 22 January 2022, facilitated a medical outreach that attended to about 100 patients. The outreach had 5 medical professionals including a doctor, a nurse, and lab scientists. Blood pressure checks, blood sugar tests, COVID-19 and HIV tests were administered, and referrals issued as required.
- Embarked on a Free Medical Outreach on 30 April 2022. Tests and referrals were applicable for blood glucose, blood pressure, HBSAG, HCV, HIV, and to correct optic errors in a chosen locality. Key milestones included awareness and

education on healthy lifestyle practices, prevention, and control of the above mentioned conditions. Project Reach: 121 Beneficiaries were in attendance, 70 reading glasses given out, 15 referrals issued.

### Effurun, **DELTA STATE**

- Provided an ambulance to Warri branch to support the Medical Reach-out on 10 October 2021 at the Ajamimogha Primary Health Centre where a vacuum delivery birthing machine and a phlegm suction machine was donated.

### Abakaliki, **EBONYI STATE**

- Carried out a state-wide advocacy campaign titled "Awareness of Prevention of Cholera Disease" from 30 August 2021. This campaign was also felt in neighbouring/boundary communities in Abia, Imo, Enugu, Benue, and Cross River States. The project was designed to address the outbreak of cholera disease which had been reported in about 22 States of the federation, leading to deaths. It was centred on sensitization and enlightenment on possible personal habits and hygiene towards avoiding and eradicating cholera disease in the environment.
- Embarked on an advocacy project titled, "Lassa Fever Awareness Campaign: its causes/symptoms, prevention and control". This was achieved through the wide coverage of the radio jingles done by the Deck on the causes, symptoms, and prevention of the Lassa fever virus. This went a long way to reduce the ignorance regarding the Lassa fever outbreak in the country.
- The Advocacy Project benefitted and impacted the citizens within the entire 13 local government areas of Ebonyi State and other neighbouring/boundary communities of other states to Ebonyi State including Abia, Imo, Enugu, Benue, and Cross River States.





### Lagos Island, **LAGOS STATE**

- Organised a medical programme held at Ojomu Royal Palace, Ajiran Agungi. Free eye checks, free glasses, blood pressure check, and free medical consultation services were provided.

### Akure, **ONDO STATE**

- Produced and aired Cholera Awareness jingles in English, Yoruba, and pidgin English on radio for eight days.

### Port Harcourt, **RIVERS STATE**

- Organized a Home Visit and free Healthcare Retreat on Saturday, 18 December 2021 in collaboration with the final year class of College of Health Science, University of Port Harcourt. This was for individuals who could not afford medical care and those with no access to medication and healthcare services. It was an opportunity for indigent and vulnerable Nigerians to receive quality Medicare.



Medical Outreach in Makurdi,  
**BENUE STATE**



## NAS **MEDICAL ADVOCACY AND INTERVENTIONS**

### Breast Cancer Awareness

#### Atlanta, **USA**



- Collaborated with an NGO organisation, Breast Health Angels Foundation, on a breast cancer awareness walk on 31 October 2021. More than 200 individuals were present at the event which included breast health talk, free mammogram, and counseling. There was also a 5km walk to raise breast cancer awareness.
- Made a \$1000 dollar donation to the Breast Health Angels Foundation.

#### New York, **USA**

- Held a Breast Cancer Awareness Walk in collaboration with American Cancer Society on 17 October 2021 at Flushing Meadows Corona Park, Flushing, New York. Project was aimed at joining hands with their immediate communities within New York in the fight against breast cancer through this awareness walk, educating the public on early detection, prevention and contributing to research and development of a cure for breast cancer.



## COVID-19 Vaccine Awareness:

Various NAS chapters worldwide embarked on sundry awareness, education, and promotion campaigns on the need to discountenance misgivings surrounding the safety and efficacy of different COVID-19 vaccines.

### Aba and Umuahia, **ABIA STATE**

- Created awareness against COVID-19 vaccine hesitancy and provided Aba branch of NAS as a vaccination centre, leading to the vaccination of about 25 persons. Umuahia branch office was selected as a muster point for administering the COVID-19 vaccine where over 65 people were vaccinated

### Owerri, **IMO STATE**

- Deployed NAS Owerri branch office as a COVID-19 Vaccination Centre and completed fourth round of COVID-19 vaccination during which over 70 people were vaccinated.

### Lagos Island, **LAGOS STATE**

- Developed a pidgin English jingle on COVID-19 vaccination, which was aired on radio stations across the state. To reach out to a wider audience, the jingle was shared with other branches that also aired it on radio stations within their states.

## Mental Health Intervention/ Charity:

### Abeokuta, **OGUN STATE**

- Project included a lecture/seminar, series of radio jingles and publication flyers designed to raise public awareness on mental health disorders. Strategies were also proffered on mental health preservation to identify some psychosocial etiologies of some of these mental health disorders as well as providing direction for proper diagnosis for the afflicted. Part of the project is also to draw the attention of the government to the inadequacy of mental health institutions and professionals in the country,

### South London, **UNITED KINGDOM**

- Held a symposium on 10 October 2021 to mark the World Mental Health Day tagged "Mental Health for All". Event was moderated by Dr Carl Amayo, with Dr Abdul Adeniyi Otedola as one of the guest speakers.

### Warri, **DELTA STATE**

- Commemorated the 2021 World Mental Health Day by donating a vacuum birthing machine and portable phlegm suction machine worth N250,000 to the Ajamimogha Primary Healthcare Centre, under the Warri South Local Government Area.

### Festac, **LAGOS STATE**

- Facilitated a successful interactive session with students at Christ Hill College on the topic 'Substance Use and Abuse among Adolescents'.

### Abeokuta, **OGUN STATE**

- Marked the World Mental Health Day with a lecture delivered by professionals in the field of psychiatric medicine, Dr. Ovwigho Edefegwotu Ogori and Mrs. Jiboku Fadeke Olasunbo on Saturday, 9 October 2021. The lecture was also hosted online where other participants were able to join in virtually.
- This program was supported by radio jingles in Yoruba, Pidgin and English languages broadcast on Rockcity FM, one of the most popular Radio stations in Ogun State on Sunday 10th and Monday 11th of October 2021. Several e-fliers were equally produced and shared on all social media platforms by members.

### Port Harcourt, **RIVERS STATE**

- Partnered with the Rivers State Neuropsychiatric Hospital in the provision of effective mental health services to residents of Rivers State. This was made known during a courtesy call on the hospital by the branch in Port Harcourt on the 12th of October 2021, in commemoration of the World Mental Health Day 2021.





## SUMMARY OF NAS MEDICAL MISSION INTERVENTIONS BY LOCAL AND FOREIGN CHAPTERS OF HE ORGANISATION FROM 2021-2022

- Number of Physical (includes Outreach, Street Campaign, flyers distribution, COVID-19 Vaccination awareness - **15**)
- Number of Virtual (Webinar, Radio Jingles) - **5**

S/N	DECKS	TYPE OF MISSION	THEME OF MISSION	BENEFICIARIES	QUARTER	EXTERNAL COLLABORATORS
1.	XKRAVOS	VIRTUAL	WORLD DIABETES DAY	PEOPLE OF WARRI	2 <sup>ND</sup>	NIL
2.	KATAMARAN X	VIRTUAL	TUBERCULOSIS/ CARDIAC COMPLICATION	PEOPLE OF IJEBU ODE AND ENVIRONS	2 <sup>ND</sup>	NIL
3.	HAWKINS	PHYSICAL	WORLD AIDS DAY CAMPAIGN	ALIMOSHO LGA AND ENVIRONS	2 <sup>ND</sup>	LAGOS STATE PRIMARY HEALTHCARE BOARD
4.	ZUMA	PHYSICAL	GENERAL MEDICAL CONSULTATIONS	PEOPLE OF KUCHIBIYI COMMUNITY	2 <sup>ND</sup>	KUCHIBIYI HEALTHCARE CENTER
5.	VITO CORSICA	PHYSICAL	WORLD DIABETES DAY AWARENESS	SEADOGS OF THE DECK	2 <sup>ND</sup>	NIL
6.	JOKAINA	PHYSICAL	WORLD DIABETES DAY AWARENESS	PEOPLE OF KASUK II COMMUNITY	2 <sup>ND</sup>	NLC, WOMEN COMMISSION ON HEALTH
7.	PENTAGUN	VIRTUAL	COVID-19 VACCINATION AWARENESS	MEMBERS OF PENTAGUN DECK AND ENVIRONS	2 <sup>ND</sup>	NIL
8.	RIMA	PHYSICAL	MEDICAL SCREENINGS	RURAL AND URBAN DWELLERS IN OBU DU	2 <sup>ND</sup>	NIL
9.	AQUA SAPORITA	VIRTUAL	AWARENESS AND PREVENTION OF CHOLERA DISEASES	PEOPLE OF EBONYI STATE	2 <sup>ND</sup>	EBONYI STATE MINISTRY OF HEALTH
10.	MAGNA CARTA	PHYSICAL	MENTAL HEALTH AWARENESS	PEOPLE OF KADUNA AND OWERRI	2 <sup>ND</sup>	AURORA FLOTILA SAMBA MANTANGA
11.	AQUA SAPORITA	PHYSICAL	LASSA FEVER PREVENTION AND CONTROL	PEOPLE OF EBONYI STATE	2 <sup>ND</sup>	NIL
12.	SANCTA RIVIERA	2 <sup>ND</sup> QPWC	FREE MEDICAL MISSION AND FREE DRUGS	(238) PEOPLE OF MBIABO ITAM COMMUNITY, ITU LGA, AKWA IBOM STATE	2 <sup>ND</sup>	AKWA IBOM STATE MINISTRY OF HEALTH
13.	ZANAS	PHYSICAL	BLOOD DONATION	PATIENTS IN NIG. ARMY REF. HOSP/ N.O.H IGBOBI	3 <sup>RD</sup>	NIG. ARMY REF. HOSP NAT. ORTHO. HOSP. IGBOBI
14.	MAGNA CARTA	PHYSICAL	DIABETES AWARENESS AND TREATMENT	PEOPLE IN UYO AKWA IBOM STATE	3 <sup>RD</sup>	SANCTA RIVIERA
15.	JOLLY ROGERS	3 <sup>RD</sup> QPWC	FREE MEDICAL MISSION/FREE DRUGS	(370) PEOPLE OF ONIPE VILLAGE, OLUYOLE LGA, IBADAN, OYO STATE	3 <sup>RD</sup>	OLUYOLE LGA PRIMARY HEALTH CARE DEVELOPMENT AGENCY
16.	MAGNA CARTA	PHYSICAL	PROSTATE CANCER AWARENESS	MEMBERS OF DECK	4 <sup>TH</sup>	NIL
17.	ROCKIES	PHYSICAL	VISION FOR MISSION		4 <sup>TH</sup>	NIL
18.	SAXON	PHYSICAL	BLOOD/ORGAN DONATION	UNSPECIFIED	4 <sup>TH</sup>	NHS BLOOD AND TRANSPLANT
19.	BENBOW	PHYSICAL	GENERAL MEDICAL CARE	PEOPLE IN BENIN	4 <sup>TH</sup>	NIL
20.	HAWKINS	VIRTUAL	PROSTATE CANCER AWARENESS	UNSPECIFIED	4 <sup>TH</sup>	NIL

SINCE 2010



@NASPC1952



**FREE  
MEDICAL**  
**SERVICES TO  
DISADVANTAGED  
COMMUNITIES!**

[www.nasmedicalmission.org](http://www.nasmedicalmission.org)

**23 Missions & Counting...**

**Eight States +FCT; 16 Communities; 80 Dental Care; 247 Diabetes Screening; 582 Eye Care; 2763 Patients and counting...**

**Health Awareness Campaigns**

NAS Medical Mission organise and support for various NAS Health Awareness campaigns across Nigeria.

**Quarterly Medical Missions**

With a mission to reach a significant population of indigent Nigerians needing medical help in specifically targeted rural communities.

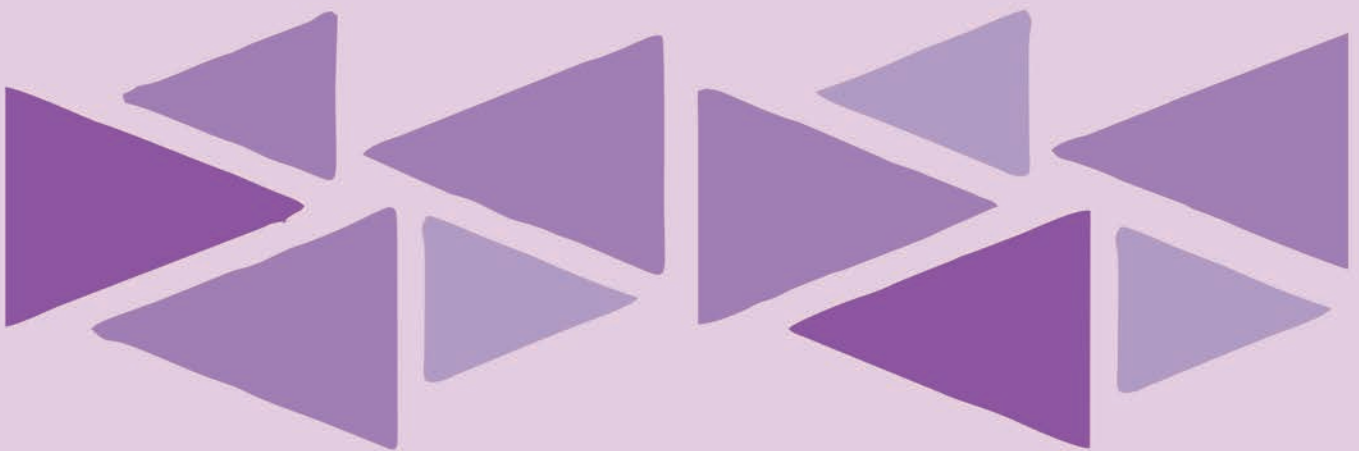




# NAS MEDICAL MISSION

## 2022-2024

- Awareness Campaign ■
- Risk Communication ■ Social Mobilization ■



An Organ of :



**National  
Association of  
Seadogs**  
Pyrates Confraternity

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## EXPERT RESOURCE PERSONNEL STILL ADDRESSING AND DELIVERING ON SITUATIONAL REALITIES ON GROUND

**N**AS Medical Mission, a Veritable Tool and Panacea to Uncommon Health care Delivery for the Common Man: the Dakkada creed. Wherever the art of medicine is loved, there is also a love of humanity.

At the NAS Medical Mission, we love what we do, not just for our own selves but for the good of the society. The mission is under the supervision of the NAS Medical Pyrate through the NAS Health and Safety Advocacy Committee HESAC. The key objectives being to serve the underserved, reachout to the unreached and provide for those who are truly in need, as part our cooperate social responsibility. We care, we inform and we treat.

For the period under review, the NAS medical mission, has delivered several boots-on-ground impactful health interventions to select underserved communities across the jurisdictions of the over 56 branches of the Association globally.

Numerous virtual health-related campaigns, webinars and jingles aimed at promoting good health and wellness have been executed with a wide reach and unquantifiable impact.

At the centre-level, there were two outings during our quarterly Pyrate's Working Council (PWC) meetings. The first at the Quarter2 PWC, served the Oluku community of Ovia North East Local Government Area of Edo State on the 2nd of February, 2023. The second took place during the Quarter3 PWC hosted at Bola Tinubu Primary health care centre, Ado Soba. ( A suburb of the Abule-Ado District of Amuwo Odofin LGA of Lagos State) on the 12th of May, 2023.

At the Deck level, over 30 health-related projects were embarked on. Most were strategically and carefully tailored to address the prevailing morbidity pattern identified

in the host communities through the scoping mission. The outreaches involved medical consultations, eye care services with dispensing of medicated glasses, as well blood donation drive to support the blood banks stock for medical emergencies at health facilities. Also, communities displaced, especially by flood and strife were not left out as relief materials and healthcare services were delivered to them and sense of belonging was reinvigorated.

Other projects extended from commemoration of days set aside as world health days like world diabetes days, to awareness campaign for prostate cancer, and mental health day. In addition topical issues, matched to the target audience or addressing situational realities were delivered by resource persons who are experts in such fields virtually or physical.

These missions were made possible by the conscientious collaboration with critical stakeholders that included Ministry of Health, State primary Healthcare development agency, Nigeria Labour Congress, Nigerian Medical Association (NMA), multinational pharmaceuticals, NHS blood and organ transplant, and some Teaching hospitals and primary health care centres as host. We appreciate the cooperation from the beneficiary communities leaders including the traditional stools, religious leaders and political players.

Despite the palpable challenges that faced the nation, it has indeed been a wonderful year with exciting projects so far. The next medical mission will be deployed on the 3rd of August during the 2022/23 Annual NAS Konverge at the Aka Offot Primary Healthcare centre in Uyo, Akwa Ibom state.

We are encouraged by the wise saying that "no act of kindness no matter how small is ever wasted"





## 46th NATIONAL KONVERGE NAS MEDICAL MISSION AT IKOSI ISHERI LCDA, LAGOS STATE

In line with our objective to bridge the gaps within the Nigerian healthcare sector, the Nas Medical Mission settled at ikosi-Isheri LCDA in Lagos State, to carry out our quarterly medical mission. The mission took place on the 4th of August, 2022, with a population of over 300 people seen and reviewed. Mobilization was carried out after an approval from the State Ministry of Health and the Community Head, Baale Balogun was received by the organisation. The use of the places of worship for both Muslims and Christians was instrumental to creating awareness on the mission, with persons of all age group present at the event.

The Isheri Primary Healthcare Centre at the heart of the LCDA, was the venue for this event. During our first visit, the scoping mission team had a beautiful interactive session with the staff of the PHC, with detailed information on common morbidities seen regularly at the facility given.

The facility has a new sign post at its entrance, funded by NAS Medical Mission, because the former was badly damaged.

### MISSION ACTIVITY:

As usual, we created 5 units within the Primary Healthcare centre, while patients were told to sit at the waiting area. These units include:

#### Registration, Triage, Laboratory, Consultation and Pharmacy

The program was declared open by the Capoon of the National Association of Seadogs, after which a **health talk on Hepatitis B was given to patients.**

Patients were seen on first come basis, though the elderly



were given special preference. Program commenced at 9am and came to an end by 5pm, with thanks from every patient present. Patients were seen with all sense of confidentiality, reviewed, counselled, investigated and prescribed medications dispensed. Those that had visual complaint were reviewed by the optometrist.

Patients that required referral were adequately counselled and asked to visit the nearest tertiary institution.

The Medical Mission Team:

**10 Medical Doctors, 2 Optometrist, 2 Laboratory Scientist, 4 Pharmacists, 4 Nurses and 2 Medical Record Officers**

A donation of drug materials and Personal Protective Equipment was made to the PHC at the end of the program.

All children above 2 years of age, were dewormed in



## NAS MEDICAL MISSION

addition to some adults. Their guardians were also properly counsel on the need for routine Deworming and good nutrition.

147 people received glasses for multiple reasons. Individuals with more serious visual issues were referred



### NAS MEDICAL MISSION IN NUMBERS

**Demographic Study:**  
**Total Number of Patient Seen -345**  
**Number of Males – 149**  
**Number of Females – 196**

**Age Distribution:**  
**Children -45**  
**< 5 years – 17**  
**< 18years – 56**  
**Adult – 253**  
**Geriatric -35**  
**Morbidity Seen During Mission-**

- MYALGIA
- HYPERTENSION
- DIABETES MELLITUS
- PEPTIC ULCER DISEASE
- ARTHRITIS
- PRESBYOPIA
- MALARIA
- ENTERIC FEVER
- ASTHMA
- ALLERGY
- UPPER RESPIRATORY TRACT INFECTION
- TONSILLITIS
- SKIN INFECTION
- INSOMNIA
- URINARY TRACT INFECTION
- OBSESITY
- PID
- GOITRE
- CATARACT
- GLAUCOMA
- CELLULITIS

to a tertiary institution for more review.

We reviewed and counselled 5 pregnant women, who all received antenatal multivitamin packs for pregnant women.

Over 30 children were immunized routinely, while 10 adults commenced their COVID-19 vaccination after counselling was done.

#### CONCLUSION:

An expansion of the PHCs structure and staff of the facility is highly recommended

Regular Health talk and Campaign e.g on sanitation and hand wash can be carried out within the LCDA to promote the health seeking attitude of members of the community.

This mission was seen as a life saver for many, who lacked the funds to visit a clinic or required a referral to a tertiary facility.

Less than 5 years of age, accounted for 38% of all the children seen during the mission.

Ophthalmic cases accounted for 43% of all morbidity seen

# Q2 MEDICAL MISSION



## AT OLUKU COMMUNITY, OVIA NORTH EAST LOCAL GOVERNMENT AREA OF EDO STATE

### INTRODUCTION

An initial need assessment was carried out within Oluku community, before it was selected as the host community for the medical mission. The inadequacies of the primary health centre, in terms of lack of human resources and essential medication, the high frequency of chronic illness and high poverty level among the indigenes, promoted the drive to select this community for this mission.

A letter was sent to the executive secretary primary healthcare board of Edo state and we also visited the leaders of Oluku community. Both gave approval for the mission to take place within Oluku Community.

Under supervision of the NAS Medical Pyrate, a budget was designed, and this project was funded by the NAS alone.

The mission was carried out on the 2nd of Febuary, 2023, with indigenes of the local government having access to free medical consultation, free surgical and dental procedures and free drugs.

### MISSION GOALS

To assist indigenes have access to good healthcare service.

To provide free surgical services to citizens.

To create awareness to the government/public on the inadequacies of the health services within the community.

Educate the indigenes on health issues and promote better health seeking behaviour among members of the host community.

To commence the use of an improved software to improve consultation during NAS Medical Missions.

### MISSION ACTIVITY

The mission commenced few minutes after 9am and came to an end at 4.30pm. The elders/leaders of the community were present when the NAS Capoon declared the mission open.





## NAS MEDICAL MISSION

### COMPOSITION

The mission team was made up of the following **Medical Record Officer, Nurses, Pharmacist, Dental Technicians, Dentist, Optometrist and Medical Doctors.**

Every registered patient was seen, reviewed, counselled/treated in a very professional manner. 62 people were reviewed for different optical issues. 48 of them received new glasses  
A donation of cartons Deworming medication and multivitamins packs for pregnant ladies was made to the PHC, to support the health needs of members of this community

### ANALYSIS

A total of 281 patients were officially seen during the mission. **Females were the highest sex group seen, recording about 59% of the population seen, while 41% were males**

**Age Groups-**  
**<18 years: 14%**  
**18 yrs – 60yrs: 66%**  
**>60 yrs: 18%**  
**Undetermined: 2%**

### MORBIDITY SEEN INCLUDES

**Respiratory tract infection,**  
**Malaria**  
**Hypertension/and related conditions**

**Arthritis**  
**Skin disease**  
**Lipoma**  
**Hernias**  
**Cataracts**  
**Glaucoma**  
**Galactorrhea**  
**Pelvic inflammatory disease**

**Urinary tract infection**  
**Secondary infertility**

facility and other follow-up cases seen at the mission were referred to the University of Benin Teaching Hospital.

### CONCLUSION/RECOMMENDATION:

Provision of more PHCs and health workers in other communities within Ovia North-East LGA

Non-availability of essential medications affects efforts put by the health workers and management of members of the community. This medication should be regularly available within the PHC. Members of this community were made up mostly of people of low socio-economic status. Provision of electricity and proper road infrastructure will help promote welfare of these citizens.

The dense population within the community and the poor sanitation standard, may contribute to the high level

Dental and ophthalmic procedures done at a peripheral

of malaria and respiratory tract infection



# Q3

## NAS MEDICAL MISSION

### AT AMUWO ODOFIN LOCAL GOVERNMENT AREA OF LAGOS STATE

This mission took place at Bola Tinubu Primary Health Centre, located within Ado Soba, a suburb within Abule-Ado District at Amuwo Odofin LGA of Lagos State on the

12th of May, 2023.

On the 22nd of March, 2023, an initial visit to Ado Sabo was carried out after an earlier discussion with the



## NAS MEDICAL MISSION



### NAS MEDICAL MISSION IN NUMBERS

#### DEMOGRAPHIC STUDY:

Total Number of patients seen – 175

Male-Female Ratio – 1:1.8

Male-62

Female-113

#### AGE DISTRIBUTION-

<18 yrs: 17

18 yrs – 60 yrs : 143

>60 yrs : 15

#### MORBIDITY SEEN

Hypertension

Presbyopia

Malaria

Peptic Ulcers Disease

Conjunctivitis

Respiratory Tract Infection

Diabetes Mellitus

Pelvic Inflammatory Disease

Astigmatism

Arthritis

Myopia

Diarrhea Disease

Asthma

Urinary Tract Infection

Benign Prostatic Hypertrophy

Candidiasis (vaginal)

Enteritis

Glaucoma

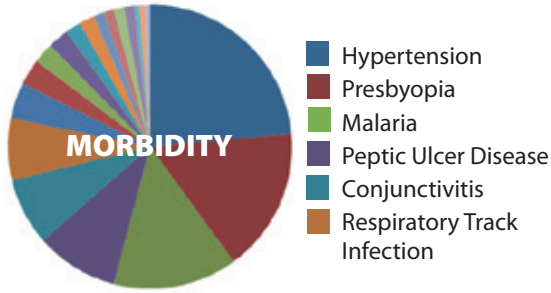
Menorrhagia? Cause

medical officer for Amuwo. This scoping, assisted us to see and have a feel of the pain noticed within the community. A final visit to the Primary Health centre within Ado Sabo on same day revealed the prevailing conditions seen from the community and the difficulty associated with service delivery within the PHC. Through the primary healthcare board, an approval was given to NAS medical mission to carry out this program from the office of the state executive secretary. Through the use of community town criers, a sensitization campaign was carried out days before the event. The smiles on the faces of each patient





## NAS MEDICAL MISSION



while leaving the venue showed the joy brought to this community that beautiful day.

As always, our medical team was made up of Medical Doctors, Optometrist, Laboratory Scientist, Nurses and Medical Records Officer.

54 persons (adult and children) were dewormed, 40 people

received glasses, 8 patients were counselled based on their presentation and referred to Tertiary centre close to them. Drugs were donated to the Primary Health Care Centre at the end of the program. This should be dispensed free to patients that will need them.

### CONCLUSION:

Majority of patient seen were adults. Most children were sent to the market/streets to trade.

The high prevalence of hypertension may be associated with the socio-economic status of the community.

The urgent need for adequate health worker and medical materials within the PHC cannot be over emphasized.

With hope of a good outcome from this mission, improved collaboration with other organisation will bring about better output.

## NAS MEDICAL MISSION @ A GLANCE ACROSS THE FLASHIP 2022 -2023

DECK	QUARTER	MODE	PROJECT	BENEFICIARY	VENUE	COLLABORATION	STATISTICS
Frigate	Q1	Physical	Deworming, feeding, and donations to street children	50 Street children in Calabar South LGA cluster	Zoo garden field, Mary Slessor Avenue Calabar South	Cross River State Ministry of Health and Ministry of Women and Social welfare	50 street children fed and dewormed
Frigate	Q1	Physical	Contraception awareness campaign	35 Attendants of Antenatal clinic and well child clinic	Uwanse Primary Health care centre Calabar South LGA	Cross River State Ministry of Health	35 participants
Frigate	Q1	Physical	Awareness campaign on Antenatal care and safe delivery practices	41 Attendants of Antenatal clinic and well child clinic	Mayne Avenue Primary Health care centre Calabar South LGA		41 participants
Frigate	Q1	Physical	Awareness campaign on menstrual hygiene and donation of sanitary pads	80 Students	Government secondary school Henshaw town Calabar	Cross River State Ministry of Education	80 packs of sanitary pads to students
Frigate		Physical	Medical outreach project- medical consultation and dispensing	10 Residents of old people's home	old people's home Target road, Calabar South LGA.	NIL	4 uncontrolled Hypertensives / treatment/follow up, 8 osteoarthritis/ treatment, 5 Malaria/ ACT, items donated
Frigate	Q2	Physical	Medical outreach project- medical consultation and dispensing; 2022	22 Residents of ophanage home	Motherless babys home, Uwanse Calabar South LGA	Child & Adolescent Unit, Cross River State Ministry of Health	20 ACTS, 20 Anthelmintics, 20 pack/10 bottles of paracetamol, 20 bottles multivitamins, food and items donated
Frigate	Q3	Physical	Medical outreach project- medical consultation and dispensing; 2023	100 Police officers	Cross River State CID/ Police HQ, Diamond Hill Calabar		20 glasses, 7 referrals, 100 ACTS, 60 antibiotics, 100 anthelmintics, 100 analgesics
Benbow	Q1	Physical	Medical outreach project - medical consultation and dispensing; 2022	Host community (Ekenwo)	RAHI Hospital, 42, Country Home Motel Road Benin City	RAHI Hospital Limited	180 participants
Benbow	Q2	Physical	Medical outreach project - medical consultation and dispensing; 2022	Members of Oben Community	Oben Community Town Hall Km 8, Benin Sapele Road		320 Participant
Benbow	Q2	Physical	Medical outreach project - medical consultation and dispensing; 2022	Members of Patani Community	Patani	RAHI Hospital Limited	170 flood victims received NAS relieve and medical materials.
Benbow	Q3	Physical	Medical outreach project - medical consultation and dispensing; 2023	Members of Avuogba Committee	Ohen Palace along Irhirhi Road, Aruogba Community	RAHI Hospital Limited	266 Participant Benefited
Oxbow Marino	Q1	Physical	World Blood Donor Day; 2022	Indigent Patient in Niger Delta Teaching Hospital	Niger Delta Teaching Hospital, Okolobiri. Bayelsa State	Niger Delta Teaching Hospital, blood bank	28 blood bags donated by Seadogs
Oxbow Marino	Q2	Virtual	World Mental Health Day; 2022	Bayelsa general population	Live Radio programme	Radio Bayelsa	
Oxbow Marino	Q3	Physical	Flood Affected Community Medical Relief 2022	residents of Biseni community displaced by flood	Biseni community	Magna Carta Deck	Medical attention and dispensed to 256 residents, 40 homes received Insecticide treated bed nets, disinfectant and sanitary pads



## NAS MEDICAL MISSION

DECK	QUARTER	MODE	PROJECT	BENEFICIARY	VENUE	COLLABORATION	STATISTICS
Oxbow Marino	Q3	Virtual	World Health Day	Seadogs and general public	virtual campaign	Bayelsa State Primary Healthcare Board and Bayelsa State Health Insurance Scheme	108 participants
Olympus Marino	Q4	Physical	World Hypertension Day 2022	Olympus Marino Deck seadogs and family	Olympus Marino Deck Clinic		66 Seadogs (14 Elevated blood pressure and 6 elevated RBS)
Olympus Marino	Q4	Physical	Prostate awareness campaign and Prostate Specific Antigen (PSA) Screening 2022	Olympus Marino Deck seadogs	Olympus Marino deck AP		57 Seadogs were screened, 56 were within normal range for PSA and 1 was above the normal limit.
Olympus Marino	Q1	Physical	Medical outreach project- medical consultation and dispensing 2022	Isu Etche Community residents	Isu Etche Community in Etche Local Government Area of Rivers State	Rotary club medical Towers of the University of Port Harcourt Teaching Hospital and St. Patrick's Specialist Hospital,	1,500 patients, inclusive of dental cases, were diagnosed and treated while an additional 70 patients received medicated eyeglasses.
Olympus Marino	Q1	Physical	World Mental Health Day 2022	Olympus Marino Deck, NDLEA and the Rivers State Psychiatric Hospital	D' Fortress Lounge GRA, PH	NDLEA and the Rivers State Psychiatric Hospital	
Olympus Marino	Q2	Physical	70th Anniversary Celebration by providing free Cervical Cancer and PSA Screening; 2022	Seadogs and Okilton community	Olympus Marino Deck Clinic		28 women of childbearing age, 6 elderly women, 57 aged 40 years and above were screened
Olympus Marino	Q3	Physical	Medical outreach project- medical consultation and dispensing 2023	Kono community of Khana LGA	Kono community of Khana LGA, Rivers State	Barrakuda X Decks, NMA Rivers state, PHCMB, St. Patricks Hospital, NC Eye consultants, Ike Frank Pharmacy	500 patients attended the medical outreach.
Hawkins	Q3	Physical	Good Health Awareness/ Sugar test and BP check 2022-2023	Volunteers general public	Isheri PHC	Isheri PHC, Dr. Mrs Oyienami Otomi-Medical Consultant	100 participants, 50 consented to the sugar screening test
Hawkins	Q3	Physical	Prostate Awareness and Screening 2022 - 2023	Volunteers general public	Hawkins deck	Dr. Kehinde-Consultant Urologist FMC Ebute Meta	80 participants
Hawkins	Q3	Physical	Mental Health- Psychological Assessment/ Depression 2022 - 2023	Volunteers general public	Hawkins deck	Mrs Obiageli Akonobi- Managerial Psychologist.	70 participants
Jolly Rogers	Q4	Virtual	WORLD MENTAL HEALTH DAY 2022	General public	Jolly Rogers		
Aqua Kanata	Zeros Konverge	Physical	Free Blood Pressure/Blood sugar check	Seadogs at the Konverge	Aqua Kanata deck		
8quake	Q1	Virtual	Hypertension, the silent killer. Why it's important to know your number 2022/2023	Deck Seadogs	virtual campaign	Dr. Yeyenta Osasu DipClinPharm PhD	20 participants
8quake	Q4	Virtual	Beyond Urinating Well 2022 - 2023	Seadogs and the general public	virtual campaign	Dr. Oyelekan Abimbola	37 participants
Kalahari	Q2	Physical	The worming of school children 2022 - 2023	Pupils of Christ the king primary school okpoma yala local government area	Christ the king primary school okpoma yala local government area		One hundred and sixty six children were dewormed of different ages by administering of drugs to children and teachers
Kalahari	Q3	Physical	Medical outreach project- medical consultation and dispensing 2022 - 2023	pregnant women in okpoma yala local government area	comprehensive health center, okpoma yala local government,		Forty five (45) pregnant women were given supplements and advise on health/ante natal care and child care/spacing
Rainbow	Q1	Virtual	Health Awareness campaign on Non-communicable diseases	General public	on air	Xkravos Deck, Mega FM Warri, Delta State	Listens from general public
Urhiapele	Q2	Physical	World Mental Health Day	Seadogs and families, general public	Anchor point		
Urhiapele	Q2	Physical	World Diabetes Day	Seadogs and immediate community of Sapele	AF ROYAL Clinic Sapele		Involved free Blood pressure and free blood sugar tests after a lecture on Diabetes and Hypertension.
Urhiapele	Q2	Physical	NAS 70th Anniversary; Service To Humanity - medical mission	Okirighwre Community, Sapele	Okirighwre market	Okirighwre Market executives and traders	cleaning of the Okirighwre community market



## NAS MEDICAL MISSION

DECK	QUARTER	MODE	PROJECT	BENEFICIARY	VENUE	COLLABORATION	STATISTICS
Batavia subsea	Q1	Virtual	WORLD MENTAL HEALTH DAY 2022	Batavia Subsea deck, Area 0 Seadogs participants from Nigeria, the US and the UK	online	Magna Carta and Saxon deck	64 persons were in attendance at the program
Xkravos	Q2	Virtual	World Health Day 2022 - Our Planet, Our Health: Radio Awareness Program	General public	On air programme		general public
Xkravos	Q2	Physical	World Diabetes Day 2022 - 2023	Xkravos Deck Host Community - Okere/Ajamimogha	Okere and Ajamimogha		
Ruwanzaffi	Q3	Physical	World blood donation day 2021 - 2022	kwara state university health Centre	kwara state university health Centre		Blood donation at kwara state university health Centre
Vito Corsica	Q1	Virtual	World Diabetes Day 2022 - 2023	Host community Asaba and seadogs	Anchor point		85 people were examined, medications administered and health talks given
Barracuda X	Q2	Physical	World Diabetes Day 2021 - 2022	Seadogs	Anchor point	Sapphire medicals	
Barracuda X	Q3	Physical	Medical outreach project- medical consultation and dispensing 2022 - 2023	Kono community of Khana LGA	Kono community of Khana LGA, Rivers State	Olympus Marino Decks, NMA Rivers state, PHCMB, St. Patricks Hospital, NC	
Konamera	Q1	Virtual	Virtual medical mission	Konamera deck seadogs	Online		Health talks
Longhorn	Q1	Virtual	Eating for improved immunity and longevity	Seadogs and general public	Online	Deborah Onoja (RDN)	
Longhorn	Q2	Virtual	Diastesis Recti in women and men- causes and management 2022	Seadogs and general public	online	Dr Chidebelu Ojukwu (physiotherapist)	
Longhorn	Q2	Virtual	world mental health day	Seadogs and general public	online	Dr Chinonyerem Okpara MD	
Longhorn	Q3	Virtual	Hypertention and the heart 2023	Seadogs and general public	online	Prof Joemi Okwara MD	
Saratoga X	Q2	Physical	Medical outreach project- medical consultation and dispensing 2022 - 2023	Imeke kingdom, Badagry	Imeke kingdom, Badagry	Emzpr pharmaceutical, Servier Pharmaceuticals, and Jawa international Pharmaceuticals	
Saratoga X	Q3	Physical	Medical outreach project- medical consultation and dispensing 2022 - 2023	Ado Sabo, Abule Ado, Amuwo Odofin	Ado Sabo, Abule Ado, Amuwo Odofin	Emzpr pharmaceutical, Servier Pharmaceuticals, and Jawa international Pharmaceuticals	
Rima	Q2	Physical	Medical outreach project- medical consultation and dispensing 2022 - 2023	Urban and Rural dwellers within Obudu LGA, Cross River State	Obudu community		
Rima	Q2	Physical	World Diabetes Day 2022 - 2023	Urban and Rural dwellers within Obudu LGA, Cross River State	Obudu community	Magna Carta Deck and Beatrice Ogar Diabetes Memorial Foundation	Public Awareness, Diabetes Screening and donation of free testing kits
Rima	Q3	Physical	Medical outreach - Donation of drugs	Children and Pregnant women in Obudu and Makurdi LGA	Obudu and Markudi community		
Sahara	Q4	Physical	Construction of 2 borehole to provide clean drinking water 2022.	Jeje Community, Karishi, Nasarawa State	Jeje Community, Karishi, Nasarawa State	Destined Child NGO	
Sahara	Q4	Virtual	Hepatitis Sensitization (Radio Talk Show) 2022	Abuja and environs	on air	Kiss FM	
Sahara	Q4	Physical	Medical outreach project- medical consultation and dispensing 2022 - 2023	Kpaduma 2 village, Asokoro extension, FCT,	Kpaduma 2 village, Asokoro extension, FCT	International Organisation for migration	medical outreach
Sahara	Q4	Physical	Donation of 6 pairs of clutches to physically challenged persons	Karonmajiji community Abuja	Karonmajiji community Abuja		Donation of 6 pairs of clutches to physically challenged persons



## DISPENSING COMPASSION WITH EMPATHY AT THE HEART OF OUR HUMANITY

This is the city of Abeokuta, in Ogun State, the gate way to the nation! We welcome you to the 48th National Konverge of the National Association of Seadogs aka Pyrates Confraternity.

**“Empathy is seeing with the eyes of another, listening with the ears of another, and feeling with the heart of another” and “the closest thing to being cared for is to care for someone else” while “Compassion brings us to a stop, and for a moment, we rise above ourselves to deliver.”** We at the NAS Medical Mission are proud to dispense compassion with empathy at the heart of our humanitarian activities. The beneficiary of this project is no other one than YOU, for the improvement of the health of the society.

The NAS Medical Mission is packaged, coordinated and delivered by the office of the NAS Medical Pyrate through the NAS Health and Safety Advocacy Committee (HESAC). The vision of the NAS Medical Mission is to provide free healthcare services to the teaming undeserved, to reach-out to the inaccessible communities especially those who are truly in need. This is our corporate social responsibility and pact with our host communities.

For the period 2023/24 Year, the NAS Medical Mission, had conceptualized, planned and delivered physical community-tailored healthcare interventions. This was driven by pre-event scoping missions to identify the areas of needs and facilities that need strengthening in selected under-served communities across the 63 branches of the Association in 36 states of Nigeria and across the globe. In addition, health-related campaigns were carried out via a hybrid of virtual and physical open access webinars, zoom meetings, jingles on air and town hall meetings aimed at promoting the population’s good health and wellness. Centrally, three health projects were delivered during our quarterly Pyrate’s Working Council (PWC) meetings within Nigeria.

The first was the 47th NAS Konverge medical mission at

Aka-Offot community in Uyo LGA of Akwa Ibom State on the 3rd of August, 2023. This project attended to 394 beneficiaries with various morbidities and another 64 persons that benefited from optometric refraction and had medicated glasses dispensed to them free of charge. Furthermore, the non-functional water storage system and bore-hole of the host PHC were rehabilitated to make available clean water for drinking and working at the PHC.

Secondly, The Quarter 1 PWC Medical Mission that took place at Ikota Primary Health Center located at Etiosa LGA of Lagos State. A total of 320 patients benefited from the services offered through General Consultation, Pharmacy, Laboratory, Eye clinic, Immunization, . Also, some referrals were made for further care and follow up at the tertiary centers

Thirdly, the Q2 NAS PWC Medical Mission, took place at a Primary Health Center located at Romi community within Kaduna South LGA of Kaduna state on the 1st of February, 2024. A total Number of 400 Patients had medical consultations and appropriately routed through dental procedure room, optometrist services and glasses dispensing, minor surgical procedures and referral when needed. The Mission also supported the above primary health center with some materials they lack, to help promote safe healthcare delivery within the community.

In conjunction with the NAS HESAC, over 54 health-related projects were planned and delivered by the flagship decks to the benefit of specifically the decks host communities and also global audience in general. These medical and health related projects were crafted to target the common ailments and health and healthcare delivery challenges identified in the communities through their various scoping missions. The outreaches involved medical consultations, eye care services with dispensing of medicated glasses, dental care services as well paediatric de-worming and antenatal care interventions at Primary and secondary healthcare delivery facilities. Also, projects that benefited the society especially social amenities where refurbished or developed for the good and wellbeing of all. Key and relevant International days observed globally had projects delivered across all decks with a view to either enlighten and create awareness on the importance of the days or to impact positively the issues the days sought to highlight. These World Mental Health Day, World Diabetes Day, International Women’s Day, World Blood Donors Day, Sickle Cell Disease awareness, Kick Out Glaucoma Blindness, Walk Against Hypertension, and First Aid and Basic life support training of first responders.

Being an indigenous organization with global reach, the general economic hardship and public inertia to change in the country did pose challenges in the delivery of these projects. This we circumvented through strategic partnerships, pool funding and innovative service delivery, we did not only fold our sleeves but put our hands on the plough. We present a table of the close-out projects reports for the key medical missions that held in the mentioned quarters in the later pages of this publication.







# 47TH NAS KONVERGE MEDICAL MISSION AT AKA-OFFOT COMMUNITY IN UYO LGA OF AKWA IBOM STATE

On the 3rd of August, 2023.



## MEDICAL MISSION



### NAS MEDICAL MISSION IN NUMBERS BY SPECIALTIES AND CATEGORIES

- Malaria 93 23.6
- Hypertension 74 18.8
- Refractive Defects 64 16.2
- Diabetes Mellitus 32 8.1
- Peptic Ulcer Disease 30 7.6
- Arthritis 26 6.6
- Upper Respiratory tract Infection 20 5.1
- Dermatitis 18 4.6
- Hemorrhoid 8 2.0
- Fibroid 8 2.0
- Asthma 6 1.5
- Allergic Rhinitis 5 1.3
- Hyperthyroidism 4 1.0
- Sickle cell Disease 3 0.8
- Diarrhoea Disease 2 0.5
- Epilepsy 1 0.3

### AGE DISTRIBUTION

- < 1yr: 18
- 1 – 10: 73
- 11 – 20: 42
- 21 – 30: 34
- 31 – 40: 46
- 41 – 50: 64
- 51 -60: 51
- 61 – 70: 46
- 71 – 80: 20
- Number of Patients Seen: 394
- Number of Males: 77
- Number of Females: 317





# Q1 MEDICAL MISSION

## AT IKOTA PRIMARY HEALTH CENTRE, ETIOSA LOCAL GOVERNMENT AREA OF LAGOS STATE

On 14 November, 2023.

Planning for this mission commenced immediately after the National Convergence of the association. A scoping mission was initially carried out by the Medical Mate of Hispaniola X Deck, detailing the citizens living within the local government area. The activities and lapses within the identified primary healthcare center were identified. A letter seeking approval for the use of the facility within Ikota community was written to the Executive Secretary for Primary Healthcare, Lagos State, which was later approved.

Under the supervision of the NAS Medical Pyrate, a budget was designed, detailing all drugs and logistics needed to carry out a successful medical mission. The mission provided residents of the local government with access to free medical consultations, procedures, and drugs.

The medical mission commenced as planned. Drugs were brought in from our Uyo Chapter, and additional supplies were purchased from drug representatives on the morning of November 14, 2023. Various units were set up before the arrival of the drugs, including Registration, General Consultation, Pharmacy, Laboratory, and Eye Clinic sections.

The mission started shortly before 8:00 AM and ended at 4:30 PM. In addition to the staff of the different units, seadogs helped control crowd movement and security. Remaining drugs and medical materials were left in the custody of the Medic Mate of the host deck, our Lagos Island /Lekki Chapter (Hispaniola X) and later transferred to our Kaduna Chapter (Aurora Flotilla Deck).

### MISSION GOALS

- To assist residents in accessing good healthcare services.
- To provide free surgical services to citizens.
- To create awareness among the government/public

about the inadequacies of the health services within the community.

- To educate the indigenous people on health issues and promote better health-seeking behaviour among community members.
- To commence the use of improved software to enhance consultations during NAS Medical Missions.

### COMMUNITY IMPACT

At the Ikota Primary Healthcare Centre, we met the Medical Officer of Health (MOH) in charge of the Etiosa LGA, Dr. Mrs. Oguntuase, and the medical officer in charge of the health center. We discovered that they lack sufficient medical personnel for the community. There were massive demolitions of houses in the area by the Lagos State Government, causing flooding and increased mosquito infestation, leading to higher malaria infection rates. Some elders within the community thanked NAS for the services provided, noting that many citizens were old,



### NAS MEDICAL MISSION ANALYSIS

**Respiratory tract infection**  
**Malaria**  
**Hypertension and related conditions,**  
**Arthritis**  
**Skin disease**  
**Cataracts**  
**Glaucoma**  
**Galactorrhea**  
**Pelvic inflammatory disease**  
**Urinary tract infection**  
**Multiple referrals were made for follow-up at Mother and Child Hospitals and General Hospital Akodo Ibeju Lekki, Lagos State.**

**The highest age group seen was between 41 and 50 years, while those above 80 years of age were the least.**

**A total of 320 patients were officially seen during the mission. Females were the highest number of patients, with morbidities ranging from**





## NAS MEDICAL MISSION

retired, or jobless and had difficulties accessing healthcare, especially with recent demolitions and subsequent health issues. Many residents with severe conditions like hypertension and ophthalmic issues were advised to visit tertiary health institutions within the state.

By the end of the mission, many citizens of Ikota understood the need to improve their health-seeking behaviours, and community leaders were educated on the importance of seeking community-based healthcare insurance by engaging their local government authority. A donation of 4 cartons of multivitamins for pregnant ladies and 2 cartons of albendazole tablets to deworm children was given to the head nurse within the facility. These were later found to be near their expiration dates at the time of the mission.

### VOLUNTEERS

Members of the PHC supported and participated during the mission.





# Q2 MEDICAL MISSION

## AT ROMI COMMUNITY WITHIN KADUNA SOUTH LGA OF KADUNA STATE

**On the 1st of February, 2024.**

The Q2 NAS Medical Mission, took place at a primary health center located at Romi community within Kaduna South LGA of Kaduna state on the 1st of February, 2024.

Prior to the mission a scoping mission was carried out at in this community which has a population of fifty-six thousand, seven hundred and fifty-five (56,755) persons. The major tribe here are Gbagi and their major occupation is farming and trading. This community is densely populated in relation with the land mass, with poor electricity supply and damaged road network. The primary healthcare facility lacks materials like drugs for ante-natal care, delivery bed for the labour ward, no suction machine or functional oxygen tank and poor water supply. The closest referral center is Sabo Tisha General Hospital, which also has issues like lack of required man power to manage the facility.

It is important to note that we were granted permission to carry out this mission by the executive secretary of the Kaduna State Primary Healthcare Board and the district head of the community, after both were duly informed via official channels, and adequate mobilization was carried out by the youth chairman via religious place of worship.

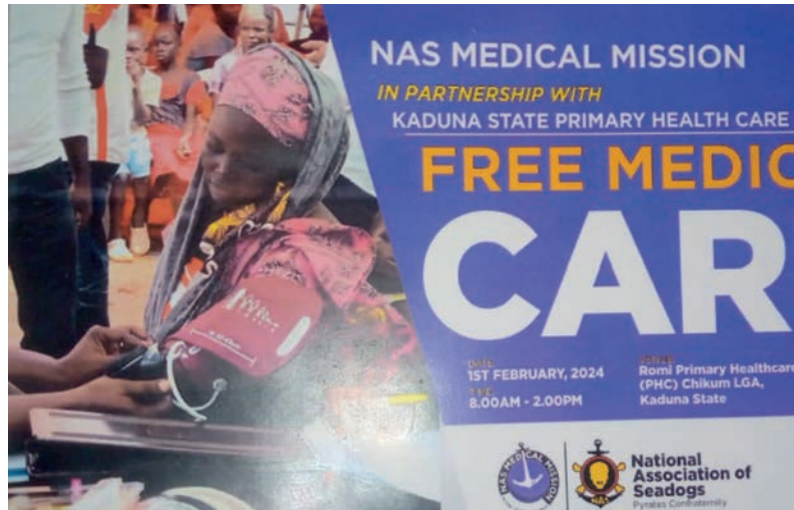
**ACTIVITY:**

The mission was flagged off by the NAS Capn, Abiola Owoaje, at 8.30 am, with the NAS Executive, Capoon Aurora Flotilla Deck and his Exco, Officials of the Primary Health Care Center and Community Heads present.

400 patients were seen in total, with patients moving from the point of registration and exiting at the pharmacy where drugs were dispensed.

Many of the patient seen were counselled on the need to continue their follow-up at the PHC and possibly may be moved to a secondary or tertiary facility if the condition does not improve.

A case of severe hypertension was stabilized at the PHC and later referred to the state teaching hospital for further review. Mission which was hectic, commenced at 8.30am and close at 5.30pm.



**NAS MEDICAL MISSION IN NUMBERS**

**MISSION TEAM:**

- 5 doctors (including an ophthalmologist, who coordinated the eye clinic)
- 2 Optometrist
- 3 Laboratory Scientist
- 1 Pharmacist
- 1 Pharmacy Assistant
- 4 Nurses

**TOTAL NUMBER OF PATIENT SEEN: 400**

- Number of Male Patient Seen: 139
- Number of Female Patient Seen: 261

**Male/Female Ratio: 1: 1.9**

**DEMOGRAPHIC STUDY:**

- 1-10: 31
- 11 – 20: 44
- 21 – 30: 39
- 31 – 40: 51
- 41 – 50: 79
- 51 – 60: 42
- 61 – 70: 66
- 71 – 80: 40
- 81 – 90: 8





# NAS MEDICAL MISSION

**FREE**  
Medical  
Consultation,  
Screening  
Lab Tests and  
Eye check

**BOARD**  
**CAL**  
**E**

Centre

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nasmedicalmission.org



## MEDICAL MISSION



### NAS MEDICAL MISSION IN NUMBERS BY SPECIALTIES AND CATEGORIES

#### GENERAL OUTPATIENT

S/No	Morbidity	Number	% of outpatient cases
1	Malaria	99	25.4
2	Hypertension	65	16.7
3	Peptic Ulcer Diseases	45	11.5
4	Respiratory Tract Infection	34	8.7
5	Pelvic Inflammatory Disease	30	7.8
6	Urinary Tract Infection	23	5.9
7	Enteric Fever	19	4.9
8	Helminthiasis	17	4.4
9	Scabies	16	4.1
10	Arthritis	16	4.1
11	Gastroenteritis	15	3.8
12	Migraine	5	1.3
13	Otitis Media	2	0.5
14	Dental Caries	2	0.5
15	Schizophrenia	1	0.3
16	Post Partum Sepsis	1	0.3

#### OPHTHALMIC UNIT

S/No	Morbidity	Number	% of ophthalmic cases
1	Refractive Error	70	57.4
2	Allergic Conjunctivitis	15	12.3
3	Cataracts	13	10.7
4	Glaucoma	10	8.2
5	Pinguecula	6	4.9
6	Bacterial Conjunctivitis	4	3.3
7	Pterygium	2	1.6
8	Corneal Opacity	1	0.8
9	Optic Atrophy	1	0.8



# DECKS MEDICAL MISSION TABLE

Sn	Name Of Deck	Sayle	What Quarter	Hosting Mode	Name Of Project/Program	Beneficiaries	Venue Of Event	Name Of Collaborator(S) Or Partner(S) If Any	Summary Of Statistics From The Event
1	Ash Montana	2023/2024	1st	Physical	World Mental Health Day Celebration	Radio Audience And Listeners	Rockcity 101.9 Fm Station	Grundziro And Longhorn Decks	Aside The Physical Presence Of Seadogs Onbud Ash Montana, The Targeted Audience Made The 2 Hour Programme Very Educative And Enlightening.
2	Ash Montana	2023/24	3rd	Physical	Sickle Cell Disease Awareness And Genotype Test	High School Children	Reverend Kuti Memorial Grammar School Abeokuta	Zero Meridian Deck And Tunmicro Sickle Cell Foundation	Over 700 Students Were Screened And Results Has Been Cascaded To Them
3	Aurora Flotila	2023 To 2024	1st	Physical	Kick Out Glaucoma Blindness	Sabo Community	Ankor Point , No 3 Onnet Clinic Street, Behind Ostrich Bakery Sabon Tasha, Kaduna	Qitmee Foundation, Rotary Club International	Total Beneficiaries: 596, Female-356 Male-240 Free Glasses Given 300, Medications Given To 450 Beneficiaries
4	Benbow	2023/2024	2nd	Physical	Medical Outreach	Underserved Communities In Etete,Ugbor-Amagba And Environs	Rahi Hospital, Along Country Home Motel Rd, Benin City	Eminent Minds Group,Rahi Hospital	Dispensed 100 Free Reading Glasses,50 Children Dewormed,150 Adults Treated For Hypertension,Dm Etc.
5	Dutse	2022/2023	2nd	Physical	Dutse Deck Medical Mission Dec 2022	Members Of The Riyom Community	Riyom, Plateua State	Nil	Total Of 75 Clients Were Attended To
6	Dutse	2023/2024 Long Legged Sayle	3rd	Physical	Medical Awareness And Intervention On Malaria I, Hypertension & Diabetes Among People In Shen District, Jos South LGA,Plateau State.	The Inhabitants Of Shen District, Bukuru LGA, Plateau State	Shen District In Bukuru LGA Of Plateau State	Grundzero And Aurora Flotilla Decks	Total No Of Clients 103. Males 43. Females 60
7	Hawkins	2023/24	1st	Physical	Walk Against Hypertension	Seadogs And Lubbers Within The Eviron	Hawkins Deck Ap And Akowonjo Environ		60 People Participated
8	Hawkins	2023/24	3rd	Physical	Waka4life	Seadogs And Family Members	Akowonjo		50
9	Hawkins	2023/24	3rd	Physical	First Aid And Safety Training	Seadogs	Hawkins Deck Ap	Nigeria Red Cross	60
10	Hispaniola	2202 To 2302	2nd	Physical	Good Health And Wellness	Men And Women Adults Of 20 - 70yrs Age Bracket.	Igbefon And Ajiron Community In Etisoa LGA Lagos	None	Even Was Successful. Over 200 Participants. Diagnostic Tests Were Done Viz Diabetes, Screening, BP Check. Medical Consultations, Eye Check-Ups And Glass Issuance. Referrals And Drugs Recommendations.
11	Hispaniola	2023/2024	1st	Physical	Nas Medical Mission	Men And Women Of Reproductive Age.Elderly. Children And	Ikota Primary Health Centre Etiosa	Nas Wide Mission	350 Women 173 Men 15 Children Total: 438
12	Hispaniola	2023/2024	4th	Physical	Medical Mission	Women.	Men And Women 15yrs To 65yrs Age	Nil	50 Men 45 Women
13	Longhorn	2023/2024	2nd	Virtual	Diabetis Mellitus; Not Just A Sugar Problem.	General Public.	Zoom	Kenechukwu Eneli, Md	
14	Longhorn	2023/2024	3rd	Virtual	Sleep Apnea; Causes, Impacted Demography (Gender), Diagnosis, Impacts And Treatment Options.	General Public	Zoom	Alvan Omeni, Md	
15	Magna Carta	2022/2023	4th	Virtual	Hepatitis B Interactive Session		Safe Spaces Online Platform	None	Good Education And Interactive Session About Hepatitis B And Its Vaccine Treatment
16	Magna Carta	2002/2023	3rd	Virtual	Glaucoma As A Cause Of Irreversible Blindness	Deck Sea Dogs	Online Virtual Platform Of Magna Carta Safe Spaces	None	Good Insight And Education About Glaucoma As A Cause Of Blindness
17	Magna Carta	2022/2003	2nd	Physical	Diabetes Screening Amongst Sea Dogs In Magna Carta	Magna Carta Deck Seadogs	Deck Mit Venue Magna Carta Hatfield, United Kingdom	None	All Magna Carta Deck Seadogs Were Screened For Diabetes
18	Magna Carta	2022/2023	1st	Physical	World Diabetes Days - Diabetes Screening	Rhima Deck And Lubbers In Cross River LGA	Cross River State Nigeria	Bedodmef Foundation And Rima Deck	Physical Diabetes Education And Screening And Treatment Of Diabetes Mellitus Of Attendees



# DECKS MEDICAL MISSION TABLE

19	Magna Carta	2023	1st	Physical	Diabetes Awareness And Screening	Magna Carta Deck Seadogs, Kalahari Deck Seadogs, Indigenes Of Ogoja Community, 20Cross Ri21ver State	Ogoja, Cross River State, Magna Carta Mit Venue	Beddomef Foundation Kalahari Deck	Diabetes Screening Of Lumbers And Seadogs
20	Olympus Marino	2023/2024	1st	Physical	Olympus Marino Deck 1st October Independence Day Anniversary	Ido Community, Asari Toru LGA, Rivers State	Model Primary Health Centre, Ido	NAS, Asari Toru Lg Council, Rotary Club International, St Patrick's Hospital Port Harcourt.	More Than 600 Participants Seen And Were Given Free Medications Ranging From Anti-Hypertensive, Antidiabetics, Antimalarial, Free Eye Care And Lenses, Free Mosquito Nets, Free Dental Care.
21	Olympus Marino	2023/2024 Sls	1st	Physical	World Mental Health Day: Mental Health Is A Universal Human Right.	Olympus Marino Deck Seadogs And Lubbers	Olympus Marino Deck Anchor Point	Neuropsychiatry Hospital Rumuigbo, Nigerian Medical Association.	Hybrid, With 60 Seadogs And Lubbers Present Physically And 30 Seadogs And Lubbers Present Virtually.
22	Olympus Marino	2023/2024 Sls	4th	Physical	Prostate Cancer Screening	Olympus Marino Seadogs	Olympus Marino Anchor Point		Over 100 Seadogs Of Olympus Marino Deck Were Screened
23	Olympus Marino	2023/2024 Sls	4th	Physical	Health Insurance Scheme: Educating Seadogs	Seadogs Of Olympus Marino Deck	Olympus Marino Deck Anchor Point	Rivers State Contributory Health Protection Program (Rivchpp)	Over 100 Seadogs In Attendance
24	Olympus Marino	2023/2024 Sls	4th	Physical	Basic Life Support (BLS)	Seadogs Of Olympus Marino Deck	Olympus Marino Deck Anchor Point	Nas Medical Mission	Over 100 Seadogs In Attendance With 10 Volunteers As First Responders Of The Deck.
25	Olympus Marino	2023/2024 Sls	1st	Virtual	Olympus Marino Deck Health Education And Promotion	Seadogs Of Olympus Marino Deck	Olympus Marino Deck Whatsapp Platform	Olympus Marino Deck	A Twice Weekly Health Tips Posted On The Olympus Marino Deck Whatsapp Platform Benefitting Over 200 Seadogs From The Beginning Of The Sayle To The End Of The Sayle.
26	Oxbow Marino	23/24	1st	Physical	Medical Outreach/Promoting Good Mental Health In Adolescents; Catalyst For Successful Transition From Childhood To Adulthood	Secondary School Students	Central Epie Secondary School, Opolo-Epie, Yenagoa, Bayelsa State	Dr. Iru Inetsol And Akpojisheri Frank From Niger Delta University And Ene D Efere From Bayelsa State School Of Nursing	100 Students And 4 Teachers In Attendance
27	Oxbow Marino	23/24	1st	Virtual	List Of Seadogs For Hepatitis B Screening And Vaccination	Deck Seadogs	Oxbow Marino Anchor Point		19 Seadogs And 13 Family Members Were Enlisted
28	Oxbow Marino	23/24	1st	Virtual	Health Insurance Coverage For Oxbow Marino Seadogs	Deck Seadogs	Oxbow Marino		Forty (51.3%) Of Oxbow Marino Seadogs Have Health Insurance Coverages
29	Oxbow Marino	23/24	1st	Physical	World Mental Health Day Physical And Zoom Talk-Talk Sally: Mental Health Is A Universal Human Right	Seadogs	Oxbow Marino Anchor Point		Less Than 40% In Attendance
30	Oxbow Marino	23/24	3rd	Physical	International Women's Day 2024: Empower Her Mental Hygiene And Economic Empowerment Initiative	Girls And Women	Tungbo Community Town Hall, Tungbo Town, Sagbama LGA, Bayelsa State	Late Chief Egberi Binafeigha Foundation	300 Sanitary Pads Were Donated Alongside Health Tips, Questions And Answer Session On Menstrual Hygiene
31	Oxbow Marino	23/24	4th	Physical	World Blood Donor Day At Federal Medical Centre Yenagoa	Indigent Patients	Federal Medical Centre Yenagoa	Federal Medical Centre Yenagoa	Nine Seadogs Donated A Pint Of Blood Each And The Arrangement Is Still Open For Men To Approach The Facility And Still Donate Blood At Their Convenience
32	Oxbow Marino	23/24	3rd	Physical	World Health Day 2024: My Health, My Right: Talk-Talk Sally On Alcohol Liver Disease And Alcohol And Aggression	Deck Seadogs	Oxbow Marino Anchor Point		Average Number Of Seadogs Turned Up For The Event

# DECKS MEDICAL MISSION TABLE

33	Rainbow	2023/2024	1st	Physical	Enlightenment Program Via Talk Talk Session On Radio And Radio Jingles To Mark The 2023 World Mental Health Day	General Populace	Mega FM 89.1, Warri	Xkravos	Unquantifiable
34	Rainbow	2023/2024	1st	Physical	Prostate Cancer Screening Using Psa	Seadogs 40yrs And Above	Rainbow Deck Anchor Point		15 Seadogs Participated
35	Rima	2023/24	3rd	Physical	Nil	Nil	Na	Na	Na
36	Rima	2023/24	4th	Physical	Sensitization And Awareness On Substance (Drug And Alcohol) Abuse	Senior Secondary School Students Of Government College Secondary School Makurdi, Benue State.	Government College Secondary School Makurdi, Benue State.	Nil	Over 50 Students Including Teachers Benefited From The Awareness Campaign.
37	Sahara	2023/24	1st	Virtual	Food For All	Nigerians	Kugbo	Nil	70 Participants
38	Sahara	2023/24		Physical	World Diabetic Day		People In Idp Camp, Those Living Lokogma Area And Seadog	Kiss FM (99.9 Abuja)	Over 100 Persons Seen
39	Sahara	2023/24	3rd	Physical	Renovation Of Gurku PHC And Advocacy	10000 People	Gurku PHC	Nil	Over 10000, Now Have A PHC Available To Them.
40	Sahara	2023/24	3rd	Physical	Sensitization Program On Drug Abuse For Students Of Lea Secondary School, Karomagiji Fct,	Students And Teachers	Lea Secondary School Karomagiji FCT	NDLEA	200 PerSONS
41	Sancta Bermuda	2023/2024	2nd	Physical	Free Medical Checkup For All Area 6 Seadogs, Health Awareness Talk, And Voluntary Blood Donation. From 16th February To 18th February, 2024	1. Area 6 Seadogs. 2. Indigent Patients.	Sancta Bermuda Anchor Point	In Partnership With National Blood Service Commission.	1. 201 Seadogs' Received Free Medical Checkup And Health Talk. 2. 22 Seadogs Voluntarily Donated Blood
42	Sancta Bermuda	2023/2024	3rd	Physical	Fire Prevention And Safety Awareness Training For Sancta Bermuda Seadogs On 7th April, 2024	1. Sancta Bermuda Seadogs. 2. The Society	Sancta Bermuda Anchor Point	Enugu State Fire Service Commission	102 Sancta Bermuda Seadogs Were Trained
43	Sancta Bermuda	2023/24	4th	Physical	Medical Outreach/Eye Tests-With Free Glasses/Blood Donations/ Training And Hands On Demonstration On BLS/CPR	1. Ugwu Na Agbo Community In Nsukka Local Government Area, Enugu State 2. General Public. 3. Sancta Bermuda Seadogs	Ugwu Na Agbo Community Primary School. July Mit Venue	National Blood Commission	243. 82 Received Free Eye Glasses. 27 Blood Donations Were Collected. 99 Seadogs Were Trained On BLS/CPR
44	Santa Riveria	2023/2024	1st	Virtual	World Mental Health Day 2023	Public	Through Webinar	None	45 Persons, Including A Psychiatrist From Uuth As A Guest Speaker.
45	Santa Riveria	2023/2024	1st	Physical	Hepatitis B Enlightenment	Seadogs Unbud Sancta Riviera And Their Spouses.	Anchor Point, Uyo	Akwa Ibom State Primary Health Care Development Agency.	86
46	Santa Riveria	2023/2024	4th	Physical	BLS/CPR Hands-On Demonstration And Training	Seadogs	Anchor Point, Sancta Riviera Deck	Nil	102
47	Santa Riveria	2023/2024	4th	Physical	Donation Of Over-The-Counter Drugs	Inmates Of Nigerian Correctional Center	Nigerian Correctional Center, Uyo		Over 2000 Inmates
	Santa Riveria	2023/2024	3rd	Physical	Subsidised Psa, Euc & Lft Tests	Seadogs	Anchor Point, Sancta Riveria	University Of Uyo Teaching Hospital, Uyo	65
48	Saratoga X	2024	3rd	Physical	Medical Outreach	Residents And Inhabitants Of The Event Area/Venue	41, Otunba Akin Joaquin Street, By Cement Bus Stop, Ago, Okota, Lagos State.	Jeskim Pharmacy And Stores	50-60% Of The Attendees Have Undiagnosed Hypertension And Over 50% Of Hypertensive Patients Are Poorly Managed. Over 60% Of Previously Diagnosed Diabetics Have Poorly Controlled Diabetes.





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49	Vito Corsica	2023/2024	2nd	Physical	End Of Year Family Karamba	Seadogs, Family Members And Invited Guests	Nta Pavilion Asaba	None	FOOLY CONTROLLED DIABETES. 300participants  Men- 160 Women- 80 Children - 60  Blood Sugar Check - 250 People (3 Elevated) Blood Pressure - 17 Had Elevated Blood Pressure  Optical Examination - 12 Given Free Glasses  170 Given Medications For Malaria, Myalgia And Upper Respiratory Tract Infection  Referred Cases- 6(Fibriods, Ingrown Toenail, Hepatomegaly, Hyperglycemia)
50	Xkravos	2023/2024	1st	Physical	Enlightenment Program Via Talk Talk Session On Radio And Jingles To Mark The 2023 World Mental Health Day	General Populace	Mega Fm 89.1, Warri	Rainbow, Mega Fm 89.1	Unquantifiable
51	Xkravos	2023/2024	2nd	Physical	Medical Outreach	Orere Uluba Community In Warri South LGA, Delta State	Orere Uluba Community Town Hall		Total: 302 Females = 180, Males = 122 Elderlies (65yrs And Above)= 48 Adults (18-65yrs) = 201 Children (Less Than 18yrs) = 53
52	Xkravos	2023/2024	3rd	Physical	Medical Outreach	Edjeba Community In Warri South LGA, Delta State	Primary Health Center, Edjeba Community		Total: 280 Male: 112. Female: 168 Elderlies (65yrs And Above)=30 Adults (18-65yrs)=222 Children (Less Than 18yrs)= 28



## UYO MEDICAL MISSION





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